

Introduction to Psychology (Psychology 100)

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Office Hours: (Posted: On Blackboard)

Other times by appt.

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If you need to get in touch with me, please follow the following steps: first, email me and wait for a response within 2 business days. Second, call my office phone and leave a message. Third, call my home phone and wait for a response within 24 hours. Sometimes I do not get to all my daily emails, so, I need a couple of days to address them. Therefore, you must call me on my home phone if it is an emergency. Thank you for your cooperation and understanding.

Sending Emails

NOTE: When you send an email to me you must place in the **SUBJECT** area of the email your **course title** and **section** (e.g., **Psy100-700**, **Psy220-701**, etc.). You do not have to put what your email is about or what the material is in the subject area. Only put the course title and section in that area for all emails. This includes **“Homework”** emails. This helps me file your work in the correct class and prevents grading delays. **I will not read or accept any emails that do not have this in the subject area.**

Again: You must have Psy 220-700, Psy

100c-700 or Psy 100c-780 (for dual credit online) or Psy 220-002, Psy 100c-008, or Psy 100-003 for my face-to-face class in the “Subject” area for all emails sent to me. This is the only way I can quickly identify which class of mine you are in. Only putting Psy 100c is not enough. When you only place the name of the class and not the section number, I can’t quickly locate which class you are enrolled in. I teach 4, sometimes 5 classes per semester so you can imagine how difficult that would be to look up your name in each class.

Emails that may also be ignored: 1. Emails that contain questions that have been answered in the course syllabus, course documents, or on Blackboard’s Announcement Page. 2. Emails that contain questions that I’ve answered in class.

Also, when sending me emails, you should have your full name in your email somewhere. Sometimes your top-per-mail may not have your full name, or it’s hard to identify. So, it is a good practice to put your name in your email somewhere.

Finally, as stated above, if you do not hear from me within 48 hours from the time you emailed me it could be because you did not have the correct information in the subject area of that email. However, it could also be because, I have answered your question in our class syllabus, in a previous announcement, or in class. Be sure, therefore, to check your emails, class announcements on Blackboard, and your syllabus before emailing your questions.

Required Text: Ciccarelli/White. **PSYCHOLOGY, 5th Edition, Pearson Textbooks.** (This will be an E-book format that you will obtain as a “**First Day**” access. This means that by signing up for the class, WKU will automatically bill your account for the E-Book for you to have it on the first day of class.)

About your E-book: I do not control access to your E-book. If you have issues receiving your E-book you need to contact either WKU’s Bookstore or Pearson immediately. They will be able to best assist you.

Course Description

Introduction to Psychology is a course designed to provide the curious mind with an introduction to the field of Psychology. Many areas of psychology will be explored including methods of psychology, learning, motivation, social psychology, and abnormal behavior. The class will challenge what you know and what you believe.

Course Content and Our Goals

We will become **critical thinkers** about Psychology. We will be able to with confidence state, elaborate upon, exemplify, and illustrate psychology’s basic principles, laws, and theories in our own words so that we may come to understand them and apply them in our lives. After completing the course, you will be able to pursue if you wish Psychology as a Major and quite possibly a career. You will be well prepared to continue in any course that requires Introduction to Psychology as a prerequisite.

Colonnade General Education Goals for Psychology 100

This course fulfills a portion of WKU’s general education program. The Colonnade goals for Exploration Social and Behavioral Science courses are as follows:

1. Demonstrate knowledge of at least one area of the social and behavioral sciences.
2. Apply knowledge, theories, and research methods, including ethical conduct, to analyze problems pertinent to at least one area of the social and behavioral sciences.
3. Understand and demonstrate how at least one area of the social and behavioral sciences conceptualizes diversity and the ways it shapes human experience.
4. Integrate knowledge of at least one area of the social and behavioral sciences into issues of personal or public importance.
5. Communicate effectively using the language and terminology germane to at least one area of the social and behavioral sciences.

Upon completion of the areas in the text outlined below, a student will leave the class with an understanding of the basic methods, theories, and goals of Psychology. Moreover, the student should be well equipped to discuss and apply material related to the many topics covered during the course. The student will demonstrate this acquired knowledge by successfully passing a comprehensive final exam, written exams, oral exams, various written assignments, group work, oral Q&A sessions, and quizzes.

Course Requirement (This is EXTREMELY important)

PSY 100 Study Board Syllabus Statement

Study Board requirement (NOTE: Failure to complete this requirement will result in a grade of Incomplete (X) for the course): Psychology is a science. The principles that students learn from textbooks and in psychology courses were derived from scientific research. To enhance students' understanding of the research process in psychology, they are required to satisfy a research component as a part of Introduction to Psychology (PSY/PSYS 100) by the last day of classes of the semester in which they are taking PSY/PSYS 100. Failure to meet the research requirements fully and on time (i.e., by the last day of classes of the semester in which they are taking PSYS/PSY 100) will result in a grade of Incomplete for the course (WKU policy is that an "X" automatically turns into an "F" unless removed within 12 weeks of the next full term). The student must complete the required number of credits to have the appropriate letter grade assigned. Students are required to earn 12 research credits.

Students may earn credit by any of the following means, in any combination:

- 1) The student may volunteer to serve as a research participant in an approved study being conducted by Western Kentucky University Psychology/Psychological Sciences faculty or students.
- 2) The student may take quizzes on psychology research articles.

An account on the Department's Experiment Management System (<https://wku.sonasystems.com/>) will be established for each student at the beginning of the semester. The system will automatically email each student with the login information. This website handles all research scheduling and credit administration. Only credits for which students register through the Study Board website will count toward research credit.

Note: You may have to add this server to your "safe sender" email list to prevent their emails from going to your "Spam" folder. Instructions to add wku-admin@sona-systems.net as a safe sender:

In **Outlook Web App**:

1. Click the **gear**.
2. View **All Outlook Settings**.
3. Go to **Junk Mail**.

4. Add wku-admin@sona-systems.net under **Safe senders and Domains**.

(Please contact Dr. Jenni Redifer (Study Board Administrator) if you have any difficulties or issues with this or Study Board.)

Each 15-minute period of research participation is worth one (1) credit. There are studies listed on the Study Board website worth one to four credits or more. Each satisfactory score on an article quiz is worth one credit. Article quizzes are offered approximately once per month, so students interested in this option must check the Study Board website regularly. Students who are under 18 may only earn Study Board credits through article quizzes, as they cannot legally consent to participate in research.

Complete information about research participation, research credits, and the Study Board can be found at <http://www.wku.edu/psychological-sciences/studyboard/>

Important Dates to know

January 24 is the last day to drop classes without a grade and receive a 100% refund. It is also the last day to change a class from credit to audit. The last day to withdraw from the class and receive a “W” is **March 30**.

Examination

There will be three to four scheduled one-hour exams during the semester and one comprehensive Final Exam. **You will need to bring a Scantron Form (green or brown, numbered 1-50 on the front and 51-100 on the back) to class for the Final Exam.** The exams will be worth between 90 - 120 points each. Each exam will consist of a variety of MC, Essays, and possibly Oral questions/responses. The exams will cover the designated chapters, lectures, and other materials covered during that period (except for the final exam which will be comprehensive). The exams are challenging and will consist of material covered in class, special readings, movies, and chapters in your textbook.

Exams may or may not be administered online. You can take them to any Learning Assistance Center (L.A.C) or in any Library on any of W.K.U.’s campuses. You will have one hour. The question will be scrambled. You will be given a window of at least two full days to take them. You will not be permitted to re-take exams if you take the exam on a computer that is not in a Public supervised building, government-supervised building, and/or a WKU authorized and supervised location. Taking your quizzes and test on any personal or private computer is taking a risk. If you encounter a computer issue in one of the labs, simply have the lab employee on-site email or call me. I will then reset your exam so that you can retake it.

Make Ups!

There are no such things. If you miss a test, you receive a zero. If you inform me of an emergency ahead of time, I may or may not set up an alternative schedule for you, but it must be a dire situation that I can verify. Understand this and you will be on the same page with me. Tip: try not to miss exams and study to “Ace” all tests. If you miss two exams, you may want to think about dropping the class. We will always review the material before each test. This may include in-class games, Q & A sessions throughout the week, or study guides that may be handed to you in class or posted on Blackboard. (Test that you take at a different time may be administered in the L.A.C.).

Quizzes

But of course! Snap, Crackle, and Pop quizzes will be given. Quizzes cannot be made up. You cannot make up quizzes, even with an excused absence. You will also take quizzes online via the “**Revel e-book**” located on “Blackboard” and will have a deadline to complete them. You may also be given a quiz or two on one of my popular Psychology online sites. It is up to you to inform me of any problems you have with “Blackboard” at the beginning of the semester. There is a help desk/center for WKU/BGCC Students to reference if needed. Their number is 270-745-7000. Call them if you ever need technical assistance. They won’t bite.

Note: Revel’s website updates periodically. Therefore, upon finishing your quiz work you may not see a grade reflected in our **Blackboard’s Gradebook** for some time following the completion of your quizzes. Please be patient with this and know that if you have completed it on time in Revel, and have received a score on Revel, soon you will see it transfer to your grade book in Blackboard.

Class Participation

To obtain full class participation credit, students must participate in several group activities (which may include roll playing), and in-class discussions. Oftentimes, I will give you class participation points for signing your name on group in-class projects. If you leave early before completing these projects and activities, you may not receive your participation points. Just remember, absences are like green, blue, or gold Kryptonite to Superman. They hurt you, and if you don’t take care of them, they could destroy your grade. You cannot make up Class Participation, so I suggest that you try to make every class. I will encourage you and give you plenty of opportunities to engage in class discussions. However, it is up to make the most out of these opportunities.

Attendance

If you miss five (or two if the class meets only once a week) class sessions, you will be dropped from the course and you will receive an F. **This rule will be applied based on the type of class a**

student is in. This rule specifically applies to classes meeting 2 times per week be it Face-to-Face or Synchronous Online classes.

An unexcused or excused absence excludes you from receiving credit for that day's missed class work. In other words, **Class Participation** Activities cannot be made up. However, if you inform me ahead of time of your absence, I may allow you to make up homework that is due the day that you will be absent. You can never make up class participation work (i.e., group activities and discussion points).

If I were you, I would get with a classmate and exchange numbers so that you may call one another for assignments when you miss class. You will not be able to make up the in-class quizzes or class participation activities. Lectures and participation are very important components of your grade. **So don't miss class!** If you miss, we all suffer. Make sure you read the chapters before coming to class so that you can participate in the class activities and lectures. It is imperative to your success in this class that you read the chapters (or assigned readings) thoroughly before attending class.

Children are not permitted in class unless it is cleared and approved by me. It is unfair to your colleagues to have to deal with extra distractions.

If you wish to drop this class for any reason, make sure you do it before the deadline. **I am not responsible for dropping you from (or adding you to) my class. I want you to think about your G.P.A. and Financial Aid NOW!** Don't forget, you are responsible. Remember, after the first week of any semester, they will charge you for any changes made to your schedule. Make a commitment early.

Finally, turn off all **"CELL PHONE RINGERS"** before coming to class! Do not answer any phones in my class. Do not use your phone in class (**this includes texting or tweeting**). If I see you pull out a cell phone to look at it, I will assume that you are checking calls, texting, or tweeting and that is also not permitted. You will then receive one warning. If it happens again, you will lose points from your class participation total (the amount will be determined by the instructor). Also, I will sometimes give a pop quiz if Cell Phones interrupt our class or if I see someone using their phones in class.

I will not send you the information, homework, assignments, or any work that we have done in class by E-mail. EVER! If I sit down and give all 100-plus students information about what they have missed in class through an e-mail, I will never get free from my computer. So, if you miss class, it is on you to contact a **classmate** to give you the information you have missed.

Discussion Board Assignments

(May or may not be used in Face-to-Face classes) Sometimes your Discussion Board responses are like class participation activities. It is a valuable tool that allows us to interact with each other and

get into some of the interesting topics of Psychology. I only ask that you post your own thoughts with consideration of others' feelings and respond to at least one of your classmates' responses every week that we have a Discussion Board topic. That will give you a total of 2 responses per posted Discussion Board Topic. **(Do not post your responses before the Topics are given as assignments in the Assignment Folders)**

You will have one week (dates determined by assignment folder) to submit your 2 responses. However, I do encourage you to post by Wednesday or Thursday of the week that it is assigned to allow others ample time to read and respond to your post. If everyone waits until the end of the week to post, no one will have time to respond to their classmates' post.

I read all posts, but I don't respond to many simply because in most cases it is your opinion or beliefs that are on display and you are intitled to both. All responses are to be submitted on Blackboard. I will not accept any responses via email.

Homework

Get someone's telephone number in class very soon. Why? You will need to contact someone in class if you miss your homework assignment or any work because of missing class. I know I sound like a broken record, but **I will not email you your work.**

Homework will be assigned and collected but may or may not be graded. I grade certain select assignments that I will record into the gradebook.

When homework is due, it is due within the first 5 minutes of class. **I will not accept late homework.** Because we have tasks in almost every class, I will randomly select assignments to grade. You need to make sure to do all your homework.

All writing assignments must be **typed** (unless otherwise specified) with your full name, class title, time of class, and date. Papers with rough edges or, that are torn, will not be graded, and returned to you. I may or may not give you an opportunity to resubmit the assignment.

Web/Online students will submit their written assignments via email. You will simply type your work up in MS Word, then save it as a Word Document. After that you will email that document to me as an attachment.

Absolutely no plagiarizing

I use internet **software** programs to check for **Plagiarism**. Make sure you do not cut and paste work that is not yours. If you do need to cite something, then you can go to any APA guidelines site or go to WKU's home page and type in APA in the search box and links should come up that will help you with this. **You have been warned!**

Always ask if you are not sure what plagiarism is. Remember there are very few new ideas. We have software to check for plagiarism. Also, refer to the WKU Student Handbook for more clarification.

If you are found guilty of “Cheating” on an exam, you will receive an “F” as your final grade in my class. Don’t risk it. If you need help with any material, I will help you or I will find resources to assist you. Student Success Centers, here at WKU and South Campus, are available to you six days a week.

Technology

You must have access to a word processor and Internet access. You must have an email address through Western Kentucky University. If you send me an email, you must have the CRN# (which you can find on Topnet or on your printed schedule), and the course title (ex. Psych. 100) in the subject bar. Your name and class title should be on the document itself enclosed in the email. **I will not take any emails that do not follow this format.**

(Preferred for hybrid and online classes) Laptop, headphones, Zoom software, and internet service.

Diversity

Understand that the world possesses a diversified population of people with a myriad of viewpoints. We will work to respect each and every one’s background and perspectives. If you agree to stay in this class, I will assume that you agree to this and work to appreciate the conflicts that come from differences and strive to grow as a human being as a result. You will work to treat people with civility and not attack anyone verbally or physically in our class throughout the semester. Be sure to sign my agreement form that addresses this and other issues by the second week of class.

Confidentiality

We will discuss many controversial topics in class. You will never be forced to disclose private information, but if you do, understand that your information should stay in class. Also, it is important for you to know that if you disclose incriminating information, I am obligated to report that information to the proper authorities to protect WKU students.

You will not be allowed to attack another verbally or physically in my class. If, by chance, I or anyone in the class offends you or your culture, please let me know and I will see to it that it doesn’t happen again. Sometimes others are unaware of different ethnic and cultural rituals, customs, beliefs, etc., so be aware of that and together we can help each other learn more about each other.

Grade

First and foremost, you will be graded fairly in comparison to your peers/classmates. Also, note that you are graded on a **weighted system** and not a **point system**. Therefore, you cannot calculate your grade by simply dividing the total points possible by your total points collected. That would be appropriate if I used a point system to calculate your grade. Thus, your homework influence on your grade is only 10% no matter if there are 20 points total in that category or 200 points, it can only measure up to 10%. So, to understand what your grade is you need only to pay attention to the “Weighted Total” column of the gradebook.

Your homework, activities, and class participation are a huge part of your overall grade. **Also, some of your Quizzes and Homework assignments will come from your REVEL work (R+).** The grade you receive in this course will be determined as follows:

Hour exams	35%
Homework/Act (R+)	10%
Quizzes (R+)	25%
Class Part/DiscssBrd	15%
Final exam	15%

I randomly select work that you turn in to me, from some of the above grading categories to grade and calculate into your grade (excluding Tests and Final exams). In other words, you will turn in more work than I will grade.

(These percentages are estimated. The instructor reserves the right to alter them, and other areas on this syllabus).

As for checking on your homework grades or grades in general, I implement a “Come see me,” policy. This means that because I keep your work for my records you must stop by my office during office hours to see the results of your work. I will then give you advice as to how you can improve.

The semester letter grades will be no lower than indicated by the scale presented above. Students who show significant improvements during the semester will be considered individually. I expect only the best from students, and that is what I will give of myself to you, in return.

PSYCHOLOGY 100 OUTLINE

Weeks 1, 2, 3 and 4

Chap. 1 - Goals of Psych, schools of psych, scientific method, methods of research

Due: Jan. 24

Chap. 2 – (selected sections)

Due: Jan. 31

Chap. 3 - Sensation's ABCs & Perception's ABCs.

Due: Feb. 7

Test 1

Due: Feb. 14

Weeks 4, 5, 6 and 7.

Chap. 4 – (selected sections if we have time)

Due: Feb. 14

Chap. 5 – Classical Conditioning, Operant Conditioning, Punishment, Observational Learning

Due: Feb. 21

Chap. 6 – Memory processes, stages of memory, forgetting.

Due: Feb. 28

Test 2

Due: March 7

Weeks 7, 8, 9 and 10.

Chap. 7 – Intelligence & Creativity only

Due: March 7

Chap. 9 - Drive reduction, Maslow, Hunger, and the Brain.

Due: March 14

Week 9: SPRING BREAK

Due: March 21

Test 3

Due: March 28

Weeks 10, 11, 12 and 13

Chap. 13 – Personality, Psychoanalysis, Behaviorist, Social Cognitive, Humanistic

Due: March 28

Chap. 14 – Abnormality, Disorders -Schizophrenia

Due: April 4

Chap. 12 – Conformity, Compliance, Obedience, Attitude, Prejudice n discrimination, pro-social
Due: April 11

Test 4
Due: April 18

Remaining Weeks (14 & 15)

Review and (possible) Bonus Assignment
Due: April 25

End of the Semester Student Conference and Study Week
Due: May 1

The Final Exam will be comprehensive and held during the week. Our final is scheduled for **Monday, May 2**, from **8 a.m. to 10 a.m.** It will be held during this time in an online format.

(All of these testing sections are subject to change at the discretion of the instructor)

Like I said before if you want to do well in the class, utilize your resources. First, make sure you become familiar with the resources within your textbook (i.e., Chapter Summaries, Section and end-of-the-chapter Quizzes, and Web sites). Secondly, know your campus. You have the L.A.C. to help you with acquiring tutors. Also, you can contact a “Subject Librarian” from the campus library to assist you with research assignments (Bryan Carson: 745-6125 or http://www.wku.edu/library/dlps/ext_camp.htm). So again, use your resources.

WKU Center for Literacy

The WKU Center for Literacy is in Gary A. Ransdell Hall 2066. At the Center for Literacy, students can receive assistance in developing strategies to help with **reading/studying to learn** and **writing for evidence and argument**. The Center for Literacy offers both individual and small group sessions throughout the semester. Please email us at literacy.center@wku.edu to schedule an appointment or ask questions, visit our website at <http://www.wku.edu/literacycenter/>, or stop by GRH 2066 for more information.

Student Disability Services

Students with disabilities who require accommodations (academic adjustments and/or auxiliary aids or services) for this course must contact the Office for Student Disability Services, Room A200, Downing Student Union (DSU). The OFSDS telephone number is (270) 745-5004. No special considerations can be given unless this is done.

Please DO NOT request accommodations directly from the professor or instructor without a letter of accommodation from the Office for Student Disability Services.

Title IX Compliance

As your professor, I will create an educational environment that supports you as a student and the Title IX of the Educational Amendment, which is enforced throughout WKU's Campus Community. This amendment states that: "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance." – Title IX of the Educational Amendment of 1972

WKU R.E.A.L.

WKU REAL program is designed to provide support services for non-traditional students who attend Western Kentucky University. Talk to adult learner counselors, browse materials, and navigate WKU web pages for programs, applications, etc. for entering school. WKU REAL enables you to smoothly transition back into school with help, to make this a successful journey. Knowing is half the battle. Website: www.wku.edu/real email: real@wku.edu

WKU Sustaining Student Success

The Learning Center Peer Tutoring Services

The Learning Center (TLC) provides free tutoring services that empower students to achieve academic success. Trained peer tutors are available to review the course content, answer questions, and demonstrate effective study strategies. TLC offers individual appointments and group sessions (PASS) for hundreds of undergraduate courses. For more information or to make an appointment, visit www.wku.edu/tlc.

I always say "look at the positive side of everything and SMILE while doing anything."

Covid 19 Adjustments and Protocol

All students are strongly encouraged to [get the COVID-19 vaccine](#). In accordance with WKU policy, all students must call the WKU COVID-19 Assistance Line at 270-745-2019 within 4 hours of testing positive for COVID-19 or being identified as close contact with someone who has tested positive. The COVID Assistance Line is available to answer questions regarding any COVID-19-related issue. This guidance is subject to change based on requirements set forth by federal, state, and local public health entities. Please refer to the Healthy on the Hill website for the most current information. www.wku.edu/healthyonthehill

Attention!!!

First Day Inclusive Access some or all required materials for this class are delivered through the First Day Inclusive Access program. The First Day program provides access to required materials automatically, typically through one or more links within Blackboard. If you receive access through some other means, your instructor can provide you details. For more information and FAQs go to customercare.bncollege.com. While we do not recommend that you do so, you may choose to opt-out at any time within fourteen (14) days of the start of your class utilizing the First Day portal, and this is the only official way to optout. Keep in mind that you will be responsible for purchasing your course materials at the full retail price.