

## **Nursing 4090 Course Syllabus—London**

<b>Title:</b>	<b>Nursing 4090—From Nightingale to Now: Health Care and Nursing on Both Sides of the Pond</b>
<b>Placement:</b>	Undergraduate Curriculum Dates: December 26, 2018-January 8, 2019
<b>Credit Hours:</b>	Undergraduate: 3
<b>Prerequisite:</b>	Enrollment in nursing courses, enrollment in upper-level related healthcare courses (within a healthcare related major), or with the approval of the faculty.
<b>Faculty:</b>	Amy S. Hamlin Professor of Nursing Austin Peay State University School of Nursing P.O. Box 4658 Clarksville, TN 37044 615-714-2791 615-792-4224 Email: <a href="mailto:hamlina@apsu.edu">hamlina@apsu.edu</a>

***The content of this document is subject to change at any time. Students will be notified of any substantive alterations. You are responsible for keeping up with any changes given verbally on site in London or in writing.***

### **Faculty Introduction**

Dr. Amy S. Hamlin is presently a Professor of Nursing at Austin Peay State University in Clarksville, TN. During her nursing career has practiced in pediatrics, adult medical-surgical, and been a Family Nurse Practitioner. Dr. Hamlin has taught undergraduate and graduate nursing at Austin Peay State University since 2003. She maintains national certification as a Family Nurse Practitioner. Dr. Hamlin is active in professional organizations.

### **How to Best Contact the Course Faculty**

The phone numbers and email addresses listed above can be accessed before, and following the trip. Once we get to London, students in the class should exchange hotel room numbers and note the faculty hotel room number so that you can reach the faculty and one another over the room-to-room communications system within the hotel. Also, students who have cellular phone access in London should exchange local (UK) cell phone numbers to use while in country.

The class will meet as a group immediately following the orientation in London. At this meeting, we will introduce ourselves to one another and meet/greet with other students enrolled in the Nursing course. At that time, we will also confirm the first class meeting date, time, and room locations in the hotel.

## Email & D2L Communication

**D2L:** All course components will be posted within the Nursing 4090 D2L Course. D2L is the online learning management system and houses the online components of this course. All graded course assignments will be submitted to the D2L dropbox.

**Email:** All students must read e-mails that will be sent before and following the trip. The best email for Dr. Hamlin is [hamlina@apsu.edu](mailto:hamlina@apsu.edu). You are required to read each email. Please do not delete any emails until the course is over. Keep everything until you have received your grade. Except for the time in London where verbal communication will be our primary method of communication, email is the primary method of communication within this course. Please make sure the faculty has an email address where you are accessible in the days before travel.

## Course Description

This course focuses on both the historical and current practices of the British and American healthcare systems. Students will explore various cultures, people, health, and the similarities and differences in healthcare delivery, nursing, and medicine. Significance is given to historical influence, culture, on the nursing profession and healthcare. The roles of health professionals in England and the United States will be compared and contrasted. Emphasis will be placed on experiential learning to include visits to selected health care institutions, educational facilities, and museums with accentuation on the history of health care.

## Course Student Learning Outcomes (SLOs)

At the conclusion of this course, the students should be able to:

- Describe the history of medicine and nursing worldwide.
- Describe the impact of Florence Nightingale on both modern Nursing and health care.
- Compare and contrast nursing, medicine, and health care delivery in the USA and England.
- Differentiate the educational preparation and training of nurses, physicians, and health care providers in both England and the United States.
- Distinguish the roles of health professionals in England and the United States.
- Engage in meaningful self-reflection that leads to self-awareness.

## Methods of Instruction

The teaching /learning methods used in the course are as follows: reading assignments, lecture, group discussion, reflective writing, short assignments and field visits to appropriate health care institutions, agencies, and museums.

## COURSE REQUIREMENTS

### Required Readings

Students will be provided the assigned course readings before they leave for London. All course readings will be posted on D2L and via an online link. Assigned readings will include supplemental hand-outs, online videos, online readings, journal articles, and chapters from textbooks which are available and free of charge. The course readings will be ready for students and will be accessible by the end of the fall semester. Students are expected to complete the course readings before departure for London. The following is a list of tentative course readings. This list is not all inclusive. The final list of required readings will be posted on D2L.

- A History of Nursing (online). Available at: <https://www.gla.ac.uk/schools/medicine/aboutus/history/20thcentury/nursing/>
- A History of Nursing in the United States (online). Available at: <https://www.womenshistory.org/resources/general/history-nursing-united-states>
- American Nursing: an Introduction to the Past (online). Available at: <https://www.nursing.upenn.edu/nhhc/american-nursing-an-introduction-to-the-past/>
- Boslough, S. (2013). Healthcare systems around the world: UK. Sage Publications.
- Hegge, M. (2013). Nightingale's environmental theory. Nursing Science Quarterly, 26(3), 211-219.
- NHS Statistics, Facts, and Figures (online). Available at: <http://www.nhsconfed.org/resources/key-statistics-on-the-nhs>

- US vs. UK: Allied Healthcare at Home and Abroad (online): Available at: <https://www.aimseducation.edu/blog/us-vs-uk-allied-healthcare/>
- The U.S. Health Care System: an International Perspective (online). Available at: <https://dpeaflcio.org/programs-publications/issue-fact-sheets/the-u-s-health-care-system-an-international-perspective/>

## Attendance

**Attendance is mandatory** at all CCSA and class official events on the itinerary. This includes lectures, discussions, theater productions, museum visits, cultural side trips, out-of-London tours, and scheduled professional visits. Students who miss a scheduled activity without a prior excuse from the faculty member will have their course grade reduced by one letter grade for each unexcused activity. If you become ill, please notify your faculty immediately.

The dates and times of class sessions, tours, and excursions will be located in your final itinerary. Though a tentative itinerary will be provided pre-travel, the final itinerary will not be ready until a few days before departure. **Check your email regularly until we depart for London for any updates.**

## Participation

Class participation is essential to the learning environment. Participation includes not just attending class but also having a positive involvement in all class activities. Being prepared for class is necessary for full comprehension of the lectures and engaged participation in class discussions. Participation involves being alert and engaged during class activities and lectures; asking questions to clarify points of misunderstanding; engaging actively in small-group activities; and contributing to discussions.

## Evaluation Methods and Grading Criteria

- **Pre-Departure—Getting Ready for Travel Assignments (20% of the final grade)**— Before travel, students will complete a few “getting ready for travel” assignments. These include a London tube assignment (10%) and Nursing Historical Timeline (10%) assignment. This will be turned in to the D2L dropbox by the designated due date (approx. 1 week before departure for London). This assignment is designed to orient students to London, the tube system, sites of class activities, and the neighborhood around the hotel. Due 12/19/18 in the D2L dropbox.
- **Pre-Departure—Thoughts on Healthcare in the UK (10% of the final grade)**— Before travel, students will complete a short questionnaire. Please see guidelines for specifics. Due 12/19/18 in the D2L dropbox.
- **Attendance & Participation (15% of final grade)** All scheduled activities are required. If a student misses an activity without prior approval of the faculty member, the course letter grade will be reduced by one letter grade. If a student is non-participatory in course activities, the student may lose a percentage of attendance/participation points. It will be the decision of the faculty member if and how many points are deducted.
- **Reflective Journal (30% of the final grade)** Each student will keep a reflective log of activities, cultural and professional visits, and overall experiences in London. Students are encouraged to keep up their journaling through their time in London. Students will submit the initial journal entry early while in London (date to be published on the course itinerary). The faculty will return this entry with feedback while abroad. Once home, the student will submit a collective journal entry (typed) to the D2L dropbox to include five separate entries. Your journal grade will be based on the completeness and thoughtfulness of your journal entry. The journal entry must demonstrate relevance, analysis, self-criticism (bias, stereotypes, preconceptions vs. experience), connections between the experience, past experiences and personal/professional goals. Students must also incorporate comments about any personal transformation. Specific guidelines will be provided for the journal assignment before leaving London. Due 2/14/19.
- **Time in London PowerPoint (25% of the final grade)** Once home from London, students will complete and submit an individual PowerPoint presentation. This PowerPoint will be submitted to the D2L dropbox. Specific guidelines will be provided for the PowerPoint assignment before leaving London. Due 2/14/19.

***Please Note: You need to be registered correctly (on your home campus) for this course to receive a grade. Also, for each day that your assignments are tardy, you will have 15 points deducted.***

### **Grading scale**

A= 92-100% B=84-91% C=75-83% D= 68-74% F= below 68%

### **Academic Honesty**

Academic dishonesty may be defined as any act of dishonesty in academic work. This includes, but is not limited to, plagiarism, the changing or falsifying of any academic documents or materials, cheating, and giving or receiving of unauthorized aid on assigned work. Students guilty of academic misconduct, either directly or indirectly through participation or assistance, are immediately responsible to the instructor of the class. Plagiarism may result in the failure of the individual assignment and a failing grade in the course. If you choose to reference secondary sources in your essays or project, you must use proper APA citation format.

### **Physical Expectations**

This course will include field trips and other activities that involve a lot more walking and standing than a typical nursing course. Roads and sidewalks in and around London are often cobblestone or involve uneven surfaces and may have varying elevations and steep grades. Students should be prepared to walk five or more miles daily. London has many tube stations, older buildings, and facilities which do not have escalators or elevators readily available. Students may be required to climb 5-6 flights of stairs at a time during course field trips. It is important that students bring at least two pairs of comfortable, broken-in walking shoes. Flip-flops, high heels, boots or other hard soled shoes are highly discouraged.

### **Disability Policy**

Students with disabilities or special needs must contact the faculty and the CCSA office at least a month in advance of the program's beginning so that accommodations can be made, to the extent possible in a study abroad setting. Students seeking such accommodation must provide CCSA with a copy of the letter on file with their own Office of Disability Services, outlining what services they receive on their home campus.

### **Supplies & Flexibility**

Each student must bring a notebook, portable notepad, and writing materials to take notes and write down reminders and announcement-related information during lectures/class sessions. Students should always carry writing materials for information that will be provided on site. Students must also have a camera to take pictures while on class activities or while completing the windshield survey. Smart Phone cameras are acceptable.

As with any study abroad situation, students should be prepared to be adaptable and flexible. The schedule can change easily on a trip such as this, and it will be hard to remember all the information that you are going to receive. You will hear more at orientations prior to travel and in London.

### **Additional Costs**

While the CCSA program fee will cover much of the incidental expenditures for required course activities on field trips, it is possible that additional costs will accrue to participants. Therefore, participants need to budget about \$100 for extra class-oriented expenditures.

### **Broad Outline of a Typical Day in London**

You will receive a firm itinerary before departure. In the meantime, note that breakfast is served at the hotel between 7 a.m. and 9 a.m. Most students go down to breakfast before any morning itinerary activities. Class times vary depending on the specific class activities and out-of-London excursions. Sometimes the class will be in the morning, and sometimes the class will be in the evening. You should follow your final itinerary closely to ensure that you are in the right place at the right time. When there is no assigned course (i.e., free morning or evening), you are welcome to join your course faculty for an excursion in or around London. Whether with

faculty or with fellow students, participants are encouraged to see as many sites around London as possible during their time outside of CCSA and class activities.