

**Course Syllabus: Nursing, Public Health, and Social Work  
Cooperative Center for Study Abroad, Ireland, Summer 2019**

**“Comparing Irish and American Health Care Systems.”**

**Faculty:**

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**Course Description and Goals:**

This study abroad travel class will focus on experiential learning, as students explore the comparisons of health care systems in Northern Ireland, Republic of Ireland, and the United States. We will explore topics such as similarities and differences in the educational preparedness of Irish and American healthcare providers, public health concerns, food safety and nutritional health, and health indicators of the Irish. Field experiences include visiting healthcare locations, such as hospitals, pharmacies, public health agencies, and research facilities. We will have opportunities to interact with healthcare providers and hear from professionals currently in health care leadership and management roles. We will interact with both providers and consumers of healthcare to deepen student's understanding of how Irish and American health systems compare, while visiting historical sites to expand participants' knowledge of how historical and cultural beliefs influence health practices.

**Course Objectives – Student Learning Outcomes:**

- Explore and compare healthcare systems in Northern Ireland, Ireland, and the United States and critically examine how they differ from important aspects including access, financing, and delivery of services.
- Examine history, trends, and issues related to public health, especially food safety and nutrition.
- Create awareness among students in careers pertaining to international health and healthcare.
- Explore the influence of history, cultural beliefs, and values on the health practices and health outcomes of the Irish people.
- Explore innovative technology and research to advance healthcare and patient outcomes.
- Discuss how to better prepare individuals for success as leaders in health care.

### Assessment Methods:

Grading Scale - The grading for this course will be as follows:

#### Undergraduate Students:

Pre-travel Self-assessment	5% (10 points)
Pre-travel Article summaries	20% (40 pts)
Participation	10% (20 pts)
Final reflective paper	10% (20 pts)
Reflective journal	25% (50 pts)
<u>Nutrition field study</u>	<u>30% (60 pts)</u>
Total:	100% (200 points)

#### Honor Students:

Pre-travel Self-assessment	5% (10 points)
Pre-travel Article summaries	20% (40 pts)
Participation	10% (20 pts)
Final reflective paper	10% (20 pts)
Reflective journal	25% (50 pts)
<u>*Nutrition field study</u>	<u>30% (60 pts)</u>
Total:	100% (200 points)

The final course grade will be based on the final grading scale.

- A = 90-100% (180-200 points)
- B = 80-89% (160-179 points)
- C = 70-79% (140-159 points)
- D = 60- 69% (120-139 points)
- F = 59% or below (less than 120 points)

### Honor's Requirement:

Students that are enrolled for Honor's credit will further develop their Nutrition Field Study topic by researching data and current research on the topic. Honor's (NFS) paper will be a minimum of 3 pages with at least 4 scholarly resources and student will present to the group by PowerPoint presentation. This PowerPoint will be approximately 5-7 slides and the student will have 10 minutes to present the topic and findings to the class. The PowerPoint should include pictures, charts, if applicable, and references.

### Class Expectations and Assignments:

1. Pre-travel Self-assessment: Students will submit a self-assessment of expectations for the class and relate anticipated learning to discipline of study. Minimum one full page typed in length (5% of grade; 10 points).
2. Pre-travel Article Summaries: Students will select four articles of academic interest for the article summaries. Consider selecting a mix of articles from the United States and Ireland to give a broader perspective of the differences in health care systems. If you have an article not on the list, which is pertinent to your academic interest, please email a copy for instructor approval, prior to working on the summary. Each summary should be a

minimum of one full page typed in length. (Grading rubric is at the back of the syllabus). Each summary is worth 10 points (20% of grade; 40 points).

3. Participation and Attendance: Attendance is mandatory at all scheduled and/or announced class meetings and field trip excursions. An unexcused absence will result in a letter grade reduction to your final course grade or an assignment at the discretion of faculty. Be involved! Experience the culture, ask questions, and make the most of the experience. (10% of grade; 20 points).
4. Reflective Journals: Students are required to maintain a daily reflection journal, which will reflect perceptions from field study, activities, integrated learning, and community engagement. Journals should be analytical, reflecting feelings, thoughts, discussions, and observations. Reflective journal entries should be typed or handwritten in approximately 500 words. Journaling will be reviewed at breakfast before we begin daily activities. The journal can be submitted daily or in full by email at the end of the study abroad travel class. (25% of grade; 50 points).
5. Nutrition Field Study (NFS): Students will have multiple opportunities to learn about nutrition in relation to public health. Student will choose a topic related to nutritional health (ex: food safety, healthy food choices, food availability, clean water, food quality, socio-cultural norms/beliefs related to food, economics/cost, social welfare, food policy, Irish health related to nutrition). Topic selection will be submitted to instructor for approval. Prior to nutrition field study (NFS) experiences, students will develop questions/discussion points related to their topic. During NFS experiences, students will interact with providers and consumers to examine history, trends, and issues related to their nutritional topic as it relates to population health or discover answers to their questions during historical experiences. Students will present what they learned in a brief class presentation on the last day. A minimum 2-page typed discussion paper on NFS experience is due after the study abroad experience. Include NFS topic, questions/discussion points with answers, and summary of what you learned during this field experience. (30 points participation and presentation/30 points paper; total 60 points, 30% of grade).
6. Final Reflective Paper: Students will submit a final minimum 2-page paper summarizing the study abroad experience and how the experience might impact your future career. (10% of grade; 20 points).

#### **Additional Class Policies:**

##### **Academic Dishonesty**

- A grade of zero will be recorded for any assignment including participation/attendance, if a student demonstrates any form of academic

dishonesty. Work may be submitted to Safe Assign to assure academic integrity.  
Students will not lie, cheat, steal, or tolerate those who do.

#### Dress Code

- Professional dress is required for days we visit clinical agencies, such as hospitals. This includes closed toed shoes, no low-neck lines, no midribs showing, no shorts, and skirts/dresses at least knee length. Modest shirt, dress slacks, dresses/skirts are allowed. If you have a question about appropriate dress, please ask faculty before we leave the States.

#### Submission of Papers/Journals

- Pre-class Assignments are due **Sunday, May 26, 2019**. All other assignments are due **Friday June 28, 2019**, unless otherwise specified. Assignments will be submitted electronically to Dr. Miranda Peterson at [miranda.peterson@wku.edu](mailto:miranda.peterson@wku.edu). Please request confirmation from Dr. Peterson that the assignment has been received – it is your responsibility to assure assignments were submitted correctly. I will not follow up with you about any missed assignments.

#### Late Work

- All assignments are due on or before the date/time noted in the syllabus. Late assignments will be accepted within one day of the due date and will result in a **20% late deduction** from the possible points. No assignment will be accepted past one week of the due date and will result in a **zero (0) points** for the assignment – no exception, unless discussed with Dr. Peterson in advance. Do not wait until the last minute to complete your assignments. Take into account any personal or technical issues which may occur; technical issues are NOT considered for late excuse.

#### Assignment format

- Reflective journals – These may be handwritten in a dedicated notebook or submitted in a word document (doc or docx).
- Typed papers must be double spaced with one inch margins and 12-point font.
- Pay attention to instructions on length and content of assignment.

#### Student Disability Services

- Students with disabilities or special needs must contact the faculty and CCSA office at least one month in advance of the program's beginning, so that

accommodations can be made, to the extent possible in a study abroad program. Students seeking such accommodations must provide CCSA with a copy of the letter on file with their own Office of Disability Services, outlining what services they receive on their home campus.

**Additional Information and suggestions:**

- The CCSA tuition covers travel, lodging, breakfast most days, and expenses for most activities. Field trip experiences will be an important part of this study abroad travel class and are mandatory. Most of the expenses associated with field trips will be covered by program costs; however, there may be some additional cost for transportation, admissions to museums, or other class activities. Please plan for these potential additional costs that should not exceed \$150.00. It is recommended that students have additional spending money to cover other meals and incidentals. Please see the CCSA web site ([ccsa.cc](http://ccsa.cc)) for recommended spending money.
- Our travels will include being on the coach and walking. There may be stairs, uneven paths, and hills to reach our destination. Expect 5+ miles per day and walking considerable distances. Being on one's feet during field trips means you must bring comfortable walking shoes and perhaps engage in some pre-program walking exercise.
- Ireland is “cool” in June and it is recommended that you bring a light jacket and light rain gear. Layering your clothing is very effective for weather changes during the day.
- Electric current and outlets are different than in the U.S. Most devices will be compatible with the different voltage and frequency, but a plug converter will be needed to plug in and charge phones, tablets and other devices such as hair dryers.

### Article Summaries

Required as pre-travel assignment- due May 26, 2019

**Instructions:** Note this is a Pre-travel assignment. Review the articles from the “**Selections for Article Summaries**” found in the syllabus. Select four articles of academic interest for the article summaries. Consider selecting a mix of articles from the United States and Ireland to give a broader perspective of the differences in health care systems. If you have an article not on the list, which is pertinent to your academic interest, please email a copy of the article and ask for instructor approval, prior to working on the summary. If a copy of the article(s) is not submitted, 5 points will be deducted for that summary.

1. Minimum length one full double spaced page per article; include a title page with title of article, author(s), and your name = **2 possible points**
2. Brief introduction of article, identify the main idea = **2 possible points**
3. Summary of article, restate concepts in your own words = **2 possible points**
4. Reason for choosing article and how it relates to your academic field of study = **2 possible points**
5. Correct grammar and spelling = **2 possible points.**

#### Grading Rubric:

**(Four article summaries, each worth 10 points. Total 40 points, 20% of grade)**

	Points Possible for Each Summary	Article Summary #1	Article Summary #2	Article Summary #3	Article Summary #4	Total Points
<b>1. Title page/length</b>	<b>2</b>					
<b>2. Introduction</b>	<b>2</b>					
<b>3. Summary</b>	<b>2</b>					
<b>4. Relate to field of study</b>	<b>2</b>					
<b>5. Grammar/Spelling</b>	<b>2</b>					
	<b>10 points/each</b>					<b>Total points</b>

### Selections for Article Summaries

- Arcaya, M. C., Arcaya, A. L., & Subramanian, S. V. (2015). Inequalities in health: Definitions, concepts, and theories. *Global Health Action*, 8. doi: 10.3402/gha.v8.27106
- Cronin, H. , O'Regan, C. , Finucane, C. , Kearney, P. & Kenny, R. A. (2013). Health and aging: Development of the Irish Longitudinal Study on Ageing Health Assessment. *Journal of the American Geriatrics Society*, 61,(S2), S269-S278. doi:10.1111/jgs.12197
- Grosios, K., Gahan, P. B., & Burbidge, J. (2010). Overview of healthcare in the UK. *EPMA Journal* 1(4). 529-534. doi: 10.1007/s13167-010-0050-1
- Humphries, N., McAleese, S., Matthews, A., & Brugha, R. (2015). 'Emigration is a matter of self-preservation. The working conditions . . . are killing us slowly': Qualitative insights into health professional emigration from Ireland. *Human Resources for Health*, 13(35). doi: 10.1186/s12960-015-0022-6
- Leichsenring, K., Billings, J., Nies, H., & Kümpers, S. (2013). Integrating long-term care in Europe–Improving policy and practice. *International Journal of Integrated Care*, 13(5).
- McDaid, O., Hanly, M. J., Richardson, K., Kee, F., & Kenny, R. A., et al. (2013). The effect of multiple chronic conditions on self-rated health, disability and quality of life among the older populations of Northern Ireland and the Republic of Ireland: A comparison of two nationally representative cross-sectional surveys. *British Medical Journal Open*, 3(6). doi: 10.1136/bmjopen-2013-002571
- Moore, D. C., & Hanratty, B. (2013). Out of sight, out of mind? A review of data available on the health of care home residents in longitudinal and nationally representative cross-sectional studies in the UK and Ireland. *Age and Ageing*, 42,(6), 798-803. doi: 10.1093/ageing/aft125
- Roe, A. M. & Liberman, A. (2007). A comparative analysis of the United Kingdom and the United States health care systems. *The Health Care Manager*, 26(3) 190-212.  
<https://pdfs.semanticscholar.org/3ba1/452a19ea6208809d2335d6b997dd64754ae2.pdf>
- Sloane, P. D., Zimmerman, S., & D'Souza, M. F. (2014). What will long-term care be like in 2040? *Long-Term Care*, 75(5). doi: 10.18043/ncm.75.5.326
- Tuohy, D., McCarthy, J., Cassidy, I., & Graham, M. M. (2008). Educational needs of nurses when nursing people of a different culture in Ireland. *International Nursing Review*, 55(2), 164-170. doi: 10.1111/j.1466-7657.2007.00600.x.

### **Nutrition Field Study**

Participation during Ireland Study Abroad. Paper due June 28, 2019

**Instructions:** Choose a topic related to nutritional health (ex: food safety, healthy food choices, food availability, clean water, food quality, socio-cultural norms/beliefs related to food, economics/cost, social welfare, food policy, Irish health related to nutrition). Topic selection will be submitted to instructor for approval. Prior to nutrition field study (NFS) experiences, students will develop questions/discussion points related to their topic. During NFS experiences, students will interact with providers and consumers to examine history, trends, and issues related to their nutritional topic as it relates to population health or discover answers to their questions during historical experiences. Students will present what they learned in a brief class presentation on the last day. A minimum 2-page typed discussion paper on NFS experience is due after the study abroad experience. Include NFS topic, questions/discussion points with answers, and summary of what you learned during this field experience.

### **Grading Rubric**

**(30 points participation and presentation/30 points paper; total 60 points, 30% of grade)**

	Points Possible	Points Earned
<b>1. Develop topic with appropriate questions/discussion points before NFS</b>	<b>10</b>	
<b>2. Interaction during NFS for answers to questions</b>	<b>10</b>	
<b>3. Class presentation</b>	<b>10</b>	
<b>4. Question/Answers</b>	<b>15</b>	
<b>5. Summary</b>	<b>10</b>	
<b>6. Grammar/Spelling</b>	<b>5</b>	
	<b>Total 60 points</b>	



## CCSA Summer 2019 Ireland Itinerary- Healthcare

Day/City	Morning Activities	Afternoon Activities
6/3 Depart U.S.		6:45p Depart Charlotte
6/4 Dublin- Arrival	Arrival 7:25a AA #724 Dublin City Centre for lunch (on own)	4p Orientation at Marino 5:30 Dinner (provided) at Marino Blasta
6/5 Dublin	Coach city tour: St. Patrick's Cathedral, Trinity College/Book of Kells	Lunch (on own) Farmer's Market, Leopardstown Hospital (NFS)
6/6 Dublin	10a Tour National Institute for Bioprocessing, Research, and Training (NIBRT)	Lunch (on own) Pharmacy walking tour
6/7 Dublin	Glendalough Visitor Centre (Bagged lunch provided)	Irish Working Sheepdog Demo/Avoca Weaving Mill/Beachside Walk in Bray
6/8 Dublin	9a Coach depart Irish National Stud & Japanese Botanical Gardens	Lunch (on own) 8:30p Irish House Party
6/9 Dublin	Howth Farmers Market (NFS) Lunch (on own)	1:45p Guinness Storehouse
6/10 Dublin	10:30a Tour Mater Misericordiae Hospital (NFS) Lunch (on own)	3p Bully's Acre tour at Royal Hospital Kilmainham
6/11 Dublin to Belfast	9a Travel to Belfast Belfast city centre, Lunch (on own)	1:45p Titanic Belfast
6/12 Belfast	9a Belfast city tour Lunch (on own)	2:30 Helen's Bay Organic Gardens (NFS)
6/13 Belfast to Derry	Glenarm Castle Walled Gardens & Castle tour Lunch in Carnlough (on own)	Giant's Causeway/Dunluce Castle
6/14 Derry to Bundoran	Museum of Free Derry Donegal castle Lunch (on own)	Yeats Country coach tour Travel to Bundoran
6/15 Bundoran to Galway	Travel to Sligo city centre Lunch (on own)	1p Dunphy Dairy Farm PM- Class Presentations on Nutrition Field Study (NFS)
6/16 Galway	Thoor Ballylee & Coole Park Lunch (on own)	Cliffs of Moher & The Burren
6/17 Galway	Aran Islands Lunch (on own)	Aran Islands

<b>6/18 Galway to Dublin</b>	<b>9a Tour Bon Secours Hospital</b>	<b>12:30 Strokestown House, Gardens, &amp; Famine Museum Lunch at Strokestown Park Café (on own) Travel to Dublin</b>
<b>6/19 Depart</b>	<b>8a Dublin Airport, 11:20a flight AA #723</b>	