## Western Kentucky University - School of Nursing

Course Number NURS 527

Course Title Advanced Psychiatric Nurse Practitioner III Internship

Credit Hour Allocation 5 semester hours

(300 clinical hours)

Prerequisites Admission to graduate Psychiatric Mental Health Nurse Practitioner

(PMHNP) program, NURS 525/526.

Class Schedule This is an internship practicum course. Faculty facilitates students'

clinical sites with students' input on their placements. Each student is responsible for arranging a time with her/his course instructor for a site visit. Required scholarly work, Clinical PSYCH notes and Clinical Logs, are completed asynchronously through Medatrax.

## **Course Description**

This is the culminating clinical experience where students demonstrate theories and roles, along with competencies for advanced psychiatric nursing practice. Students will conduct comprehensive and systematic psychiatric assessments, diagnose common acute and chronic psychiatric illnesses, implement pharmacologic and psychosocial interventions, and evaluate treatment outcomes across the lifespan for patients with mental health problems and psychiatric disorders. A variety of settings across the healthcare continuum will be utilized. Multidisciplinary and interprofessional collaboration, a function of the Psychiatric Mental Health Nurse Practitioner (PMHNP), is integrated into clinical experiences. Course requires 20-25 hours per week clinical time.

## **Course Objectives**

At the completion of this course, the student will be able to provide psychiatric mental health care to patients across the lifespan as evidenced by:

Course Objectives	MSN Program Outcomes
Assess psychiatric-mental health status of patients across the lifespan using appropriate advanced psychiatric examination skills.	1. Demonstrate proficiency in the utilization of research and quality improvement, including problem identification, awareness of outcomes, evaluation and dissemination of research.  4. Assume and develop practice and professional roles to meet societal needs to promote high quality, safe, patient care.  5. Integrate theory and research from Nursing and related disciplines as a foundation for advanced practice.  6. Demonstrate an understanding and appreciation of human diversity.  7. Integrate theoretical knowledge of health promotion and maintenance and illness/disease prevention to achieve optimal health.
2. Collect and analyze patient information to generate differential diagnoses for patients across the lifespan experiencing common mental health problems and psychiatric disorders.	Same as above.
3. Diagnosing and managing common mental health problems and psychiatric disorders with the application of evidence-based psychotherapy and psychopharmacology practice guidelines.	Same as above.

4. Implementing health promotion and disease prevention education.	Same as above.
5. Implementing psychoeducation, and health promotion/disease prevention education.	Same as above.
6. Collaborating with other healthcare professionals to coordinate services of available resources.	Same as above.

## **Additional Course Requirements**

- WKU students have free access to Office 365 at WKU Software Center. Click on the CD labeled WKU Software Center. Log in and follow directions.
- Microsoft Word 2010 or later (NOT Microsoft WORKS, NOT PDF) for submission of papers and assignments and PowerPoint 2010 or later for presentations.
- Bb students must have a working knowledge. A <u>Blackboard tutorial</u> is available online.
- Medatrax students must have a working knowledge. A Medatrax tutorial is available online.

## **Faculty**

# Mrs. Rhonda Quenzer, MSN, PMHNP, NE

Instructor I Room 3337

The Medical Center – WKU Health Sciences Complex

700 1st Street, BGKY, 42101

Office 270-745-8959 Cell: 270-670-9916 Fax: 270-745-4336

Office Hours – By Appointment. Please email me if you need to meet face-to-face or via phone conference and we will arrange a time.

Email: rhonda.quenzer@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48 hours on the weekend and recognized holidays. Expected response time is within 24 – 48 hours.

## Dr. Dawn Garrett-Wright PhD, PMHNP, CNE

Professor

Office Room 2238

The Medical Center – WKU Health Sciences Complex

700 1st Street, BGKY 42101

Office 270-745-3800 Cell: 270-320-1174 Fax: 270-745-4336

Office Hours – By Appointment. Please email me if you need to meet face-to-face or via phone conference and we will arrange a time.

Email: dawn.garrett@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48 hours on the weekend and recognized holidays. Expected response time is within 24 – 48 hours

### Mr. Spencer Cole, MSN, APRN, PMHNP-BC

Instructor I

Office Room 2232

The Medical Center – WKU Health Sciences Complex

700 1st Street, BGKY 42101

Office: 270-745-2117 Cell: 270-678-7117 Fax: 270-745-4336

Office Hours – By Appointment, Please email me if you need to meet face-to-face or via phone conference

and we will arrange a time.

Email: spencer.cole@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48 hours on the weekend and recognized holidays. Expected response

time is within 24 – 48 hours

## Mrs. Lindsay Wheat, MSN, APRN, PMHNP-BC

Instructor I

Office Room 3322

The Medical Center – WKU Health Sciences Complex

700 1st Street, BGKY 42101

Office: 270-745-3323 Cell: 270-237-7460 Fax: 270-745-4336

Office Hours - By Appointment. Please email me if you need to meet face-to-face or via phone conference

and we will arrange a time. Email: lindsay.wheat@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48 hours on the weekend and recognized holidays. Expected response time is within 24 – 48 hours

### Required Textbook(s)

American Nurses Association. (2014). Scope and standards of practice: Psychiatric mental health nursing (2nd ed.). Silver Spring, MD: American Nurses Association.

Important: Access to this e-book is free with your American Psychiatric Nurses Association (www.apna.org) membership.

- American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). Washington, DC: American Psychiatric Publishing.
- American Psychological Association. (2010). Publication manual of the American psychological association (6th ed.). Washington, DC: Author.

Important: Please make sure that your APA manual is the Second Printing of the 6th edition.

- Sadock, B. J., Sadock, V. A, & Ruiz, P. (2015). Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry (11th ed.). Philadelphia: Wolters Kluwer.
- Wheeler, K. (2013). Psychotherapy for the advanced practice psychiatric nurse: A how-to guide for evidence-based practice (2nd ed.). New York: Springer Publishing Company.

Please check the online WKU Bookstore for availability of course books in stock or you can purchase these books via an online bookstore.

## Withdrawal from an Individual Class (while a term is in progress)

For various reasons, it is sometimes necessary for a student to withdrawal. Students will receive a failing grade if they cease to attend class without an official withdrawal from the Office of the Registrar. The last day to drop this course with a "W" is listed in the registration guide on the WKU.edu website under Quick Links.

Students may withdraw from a full-semester course and will receive a 'W' as a grade. The student should notify the instructor of the class AND their adviser in writing so that the student's plan of study can be reviewed and revised. Failure to follow this procedure could result in the student's failure to progress through the program in a timely manner.

### Communication

Communication includes verbal, non-verbal, F2F, Bb, WKU email, Medatrax, and/or Bb Collaborate. All communication will be respectful and professional. Bb, Medatrax, and WKU email communication will be written in a formal business format (clear heading, salutation, concise content, and appropriate closing). Assignments will be posted in Medatrax, and/or in Bb course. Email messages will be sent to individuals and groups of students via Bb to only WKU email addresses. Grades will be posted in the Grade Center on the Bb course site. Discussions/concerns about a grade must be put in writing via WKU email to the instructor within one week of when the grade is posted to Bb.

## **Campus Closure**

In the event of WKU campus closure(s), please check with course faculty through Bb for alternate assignments and/or information. Hybrid courses will continue in the online format. Online courses will continue as scheduled.

#### **Course Policies**

Academic policies found in the Graduate Handbook and the WKU Graduate Catalog will be followed in this course.

- WKU is a non-smoking campus; as such this policy applies to all clinical sites. No tobacco products are to be used on clinical site properties; this includes inside your personal vehicle. Appropriate, clean, and fresh smelling attire is required when performing clinical hours. Student should inquire about appropriate dress before going to their clinical sites. Name badges and identification are to be worn at all times. Cell phones are to be turned off in the clinical site. IPads can be used for access to Medatrax and other medical software only with the volume OFF. Photographs and/or recordings should NEVER be recorded in the clinical setting. If you have any questions, please ask.
- Students are responsible for assuring that Bb and/or Medatrax assignments are successfully uploaded for grading and keeping a copy of her/his written assignments.
- American Psychological Association (APA) format (in-text citations and references) is required for written psychotherapy paper.
- Policy on assignment due dates: <u>Students are responsible</u> for meeting pre-established assignment due dates.
  - A 2-point deduction will be earned for every day the assignment is **late**. A 2-point deduction will be earned if your **name** is not on your work.

#### **Attendance and Course Requirements**

This course incorporates preceptor synchronous and instructor guided asynchronous/synchronous learning through clinical experiences, Medatrax Logs, PMHNP notes, and self-evaluation of meeting PMHNP competencies.

Specifically, students are expected to observe and/or submit the following:

- This clinical course utilizes an online medical data tracking system called **Medatrax**. There will be a charge to the student directly from the company per month. Medatrax will be contacting you directly. This is the website for you to review <a href="https://np.medatrax.com/default.aspx">https://np.medatrax.com/default.aspx</a>.
- All students' health records are to be up to date prior to beginning their clinical experience. Student's updated Influenza vaccine information should be provided to Ms. Melissa Hamlin at melissa.hamlin@wku.edu.

- All students must wear their WKU picture ID badge in the clinical setting identifying them as a WKU PMHNP student.
- All students' clinical sites must have a Site Contract in place with WKU <u>before</u> students attend clinical sites. Please send your practice site information to <u>laura.hall@wku.edu</u> and ask if a site contract exists between WKU and this practice site. If a site contract does not exist, Ms. Laura Hall will work on obtaining a site contract for this practice site.
- If/When a Site Contract exists between WKU and your desired clinical site; then, download the **preceptor packet** in Medatrax that contains four (4) documents: *the preceptor letter, course syllabus, preceptor guidelines, and preceptor agreement.* Provide these three (3) documents to your preceptor. Ask your preceptor to provide you with a Curriculum Vitae (CV), if one has not been provided within the last five (5) years.
- Ask your preceptor to read these four (4) documents and <u>sign</u> the preceptor agreement. Submit your preceptor request in Medatrax. Upload <u>both pages</u> of the preceptor agreement, your preceptor's CV (if not current within the last 5 years), and <u>an unexpired</u> computer screenshot of your preceptor's license from the Board of Nursing/Medicine.
- Medatrax is checked for preceptor submission requests daily during the first week of the semester.
   After the first week, please email your course instructor that you have submitted a new preceptor request.
- Populate your Medatrax calendar with your clinical dates for the semester, and provide the course
  instructor with access to your calendar. Please make sure that your calendar remains current reflecting
  the days and logs that you are in clinical. Scheduled clinical dates and logs must match to
  accumulate time and number of required patients for the semester.
- Clinical logs in Medatrax are due <u>every Monday by 10 pm CST</u> for clinical hours completed the prior week to count towards your total number of logs needed for the semester. If logs are turned in later than Monday from the previous weeks, these logs will not be accepted.
- This semester we will be randomly checking 4 to 5 logs each week. If logs do not meet minimum requirements, we will continue to review additional logs and may require you to make corrections or submit additional logs.
- Follow Class Schedule in Bb for assignments and important dates.
- Follow Graduate Nursing Student Handbook for Role Expectations of Students in the clinical setting.
- Plan to spend 20+ hours a week at your clinical site to ensure that you complete the **300 clinical hours** in psychopharmacology/psychotherapy required for the course.

## **Evaluation Methods**

Regular and active student participation at your clinical site(s) and in Medatrax Logs, PMHNP notes, and self-evaluation of meeting PMHNP competencies are important aspects of this course.

This clinical course is graded as Pass/Fail.

The student must successfully meet **all** course requirements and have satisfactory clinical evaluations to pass the course.

## Psych Note 1, and Clinical logs in Medatrax

- **Each Psych Note,** must have a Patient Centered Assessment (PCAM) completed and submitted. {Remember to review the PCAM with your provider and include provider recommendations}. PCAM is located in Medatrax under the Evaluation tab.
- During your internship, Psych Notes need to focus on complex patients incorporating two psychiatric comorbid disorders/diagnoses. Support for these diagnoses need to be assessed throughout the Psych Note.
- Each week, at least one clinical log needs to contain an SBIRT screening tool (CRAFFT, DAST, CAGE, Tobacco, etc.) and complete the SBIRT screening process form.
- **Each week,** at least one clinical log needs to contain (PHQ-9, GAD-7)

25 Points

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Psych Note 2, and Clinical logs in Medatrax	25 Points
Psych Note 3, and Clinical logs in Medatrax	25 Points
Psych Note 4, and Clinical logs in Medatrax	25 Points
Mid-Term Evaluations of student by preceptor in Medatrax	
<ul> <li>Mid-term evaluations need to be submitted on time in order to continue attending clinical.</li> </ul>	
Need Mid-term with one (1) prescriber.	
SITE visit	Pass/Fail
<ul> <li>If you expect to finish your clinical hours early in the semester, please contact your clinical instructor so that an earlier site visit can be scheduled.</li> </ul>	
MSN Comprehensive Exam/Psychotherapy Paper (MSN students only) in Bb (90 points),	Pass/Fail
APA in paper (10 points)	
Psychiatric Mental Health Nurse Practitioner Competencies in Medatrax	
Final Evaluation by student and preceptor(s) in Medatrax	
Student Evaluations of Clinical preceptor(s) and Clinical site(s)	
300 Clinical Hours: 220 hours with Prescriber(s)/80 hours with therapist(s) for semester in Medatrax	
and	
200 patient logs submitted in Medatrax with 80% of logs having interaction levels of 4 and 5,	
and	
Logs <u>divided equally</u> (+/- 5 %) between adult/gero ( $\ge$ 25 y/o) and child/adolescent/young adult ( $\le$ 24 y/o).	
Total Course Points = 100	

Grading Scale		
WKU	NURS 524	
Pass = 80 - 100	80 – 100 Points	
<b>Fail</b> = < 79.9	≤ 79.9 Points	
*Scores are not rounded.		

The final grade in the class must be a "Pass" to progress in the program. Students failing to obtain a minimum of a "Pass" should refer to the graduate nursing handbook for conditions of progression, classes that need repeating, and minimum GPA requirements.

## MSN Comprehensive Examination/Capstone Policy

The MSN program requires completion of an evidence-based project during the capstone course for each specialty. The capstone course is NURS 527 for the Psychiatric Mental Health Nurse Practitioner specialty. Specific requirements for the project are provided in writing in the specialty capstone clinical course. Prior to completion of the course the faculty will notify the MSN Coordinator of successful completion of the project and a Comprehensive Exam/Capstone Completion form will be submitted to the Graduate School via TopNet. Students must score at least 80 on the Comprehensive Exam/Capstone to pass. Failure to pass the evidence-based project and paper will result in a delay in graduation from the program and/or dismissal from the program. One rewrite attempt is allowed with faculty permission. Failure may occur due to violation of the program's writing policy and/or failure to demonstrate proficiency in the program outcomes through completion of the project/paper. (Western Kentucky University, School of Nursing MSN Student Handbook, 2017-2018, p. 12).

**Important:** Only students who are in the MSN program are required to complete the MSN Comprehensive Examination. Students who are in the Post-MSN certificate program are exempt from this requirement.

### **Technical Support**

### Information Technology

It is the student's responsibility to become familiar with technology and Bb nuances and observe WKU technology recommendations that can be found on the <u>Information Technology Department</u> website. The phone number for IT is <u>270-745-7000</u>. Since this course is web-based, there may be an occasion(s) in which students cannot avoid technical difficulties. If you are have technical difficulties that interfere with the submission of a timely assignment, you must notify the course instructor via email prior to the deadline and you must include your IT case number in your email or a copy of your email from IT that contains your IT case number. Reported technical difficulties will be validated with WKU's IT department.

## Required equipment

Microsoft Office 2010: Computer program software, Microsoft Office 2010 or later, is required for viewing the materials in this class. These documents will end in .docx. You must only use MS Word documents ending in .doc or .docx when submitting required course materials.

**Bb:** Access to the **WKU Bb** can be found through the WKU homepage by using the *Quick Links drop down box and clicking on My WKU*. You are responsible for checking for course updates and changes and you MUST have a WKU e-mail account/address for rapid communication with the instructor. WKU assigns all students an email account. **It is all students' responsibility to check their WKU email account once every 24 hours for emails and notifications, as well as making sure that their email inbox is not full. <b>All email communication is to be through your WKU email account.** 

### **Campus Resources**

Students in this course have access to the WKU Library and to the WKU Writing Center either online or in person. Students are expected to utilize the WKU Library for research studies to support their scholarly work. If you need research studies that are not available at the WKU Library, please contact <a href="mailto:carol.watwood@wku.edu">carol.watwood@wku.edu</a> and ask her to obtain the research studies for you.

**Do NOT pay for research studies,** as this is a service that is provided by the WKU Library. If students have difficulty with syntax, writing, APA citations, and/or APA references, they are expected to seek assistance at the WKU Writing Center. However, each student is responsible for the syntax and content of her/his paper(s).

### **Student Accessibility Resource Center**

In compliance with university policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Office for Student Disability Services in the first floor of the Downing Student Union, Room 1074. The phone number is 270.745.5004 and the email address is <a href="mailto:sarc@wku.edu">sarc@wku.edu</a>. Please DO NOT request accommodations directly from the professor or instructor without a letter of accommodation from the Office for Student Disability Services.

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070)

at <a href="https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf">https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf</a> and Discrimination and Harassment Policy (#0.2040)

at https://wku.edu/policies/hr\_policies/2040\_discrimination\_harassment\_policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121. Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

### **Academic Honesty**

"Western Kentucky University nursing students are expected to demonstrate a high standard of academic honesty in all aspects of their academic work and college life. Without intellectual integrity, there cannot be genuine learning. Academic dishonesty represents a direct attack on this integrity. In taking tests and examinations, completing homework, laboratory and clinical work, writing papers, and using information technology, students are expected to demonstrate honesty. Cheating, plagiarism or other forms of academic dishonesty will lead to a failing grade on the assignment and/or a failing grade in the course. Repeat occurrences of this type of behavior can result in dismissal from the program" (Western Kentucky University, School of Nursing Student Handbook, 2016, p. 17).

"Academic Dishonesty-Students who commit any act of academic dishonesty may receive from the instructor a failing grade in that portion of the coursework in which the act is detected or a failing grade in the course without the possibility of withdrawal. The faculty member may also present the case to the Office of the Dean of Student Life for disciplinary sanctions. A student who believes a faculty member has dealt unfairly with him/her in a course involving academic dishonesty may seek relief through the Student Complaint Procedure." (Western Kentucky University, School of Nursing Student Handbook, 2016, p. 17).

## **Plagiarism**

A nursing student must not plagiarize materials of others. Students' work is expected to be the result of their own thought, research or self-expression. Plagiarism is the act of presenting the information, ideas, organization or phrase of another source without appropriate acknowledgment or credit given, either intentionally or because of gross negligence. Any act of plagiarism by a nursing student is not acceptable. Abstracted from Western Kentucky University Student Handbook- "Plagiarism-To represent written work taken from another source as one's own is plagiarism. Plagiarism is a serious offense. The academic work of a student must be his/her own. One must give any author credit for source material borrowed from him/her. To lift content directly from a source without giving credit is a flagrant act. To present a borrowed passage without reference to the source after having changed a few words is also plagiarism." (Western Kentucky University, School of Nursing Student Handbook, 2016, p. 18).

Student work may be checked using plagiarism detection software. A score of zero will be applied to any assignment in which academic dishonesty has occurred. If it is considered cheating in the classroom, then it is considered cheating online. The WKU School of Nursing Student Handbook (current issue) governs all policies and guidelines not specifically addressed in this syllabus.

## **Course Changes:**

The faculty member reserves the right to make changes in the syllabus including adding or subtracting assignments or changing due dates if, in the opinion of the instructor, such changes will improve the course and/or enhance student learning. An updated syllabus will be given to students in writing by posting on the class blackboard site in such an event.

Please give me any feedback on the operation of this course as we progress – your feedback is critical to making it the best learning experience for you, your classmates and future classes. I look forward to having you in class and to a great semester!

Warmest regards;

Mrs. Rhonda Quenzer, MSN, PMHNP-BC

**Program Coordinator** 

Dr. Dawn Garrett-Wright PhD, PMHNP-BC, CNE

Mr. Spencer Cole, MSN, PMHNP-BC

Mrs. Lindsay Wheat, MSN, PMHNP-BC