WESTERN KENTUCKY UNIVERSITY SCHOOL OF NURSING Summer 2019

Faculty reserve the right to make updates and/or changes to the content and/or dates of the course/syllabus. Students will be notified if such changes occur.

Course Name: Health Assessment Lab

Catalog Description: Application of assessment concepts, principles, psychomotor skills, and techniques that form the basis for professional nursing assessment.

| Section | Day | Time | Location in | Faculty | | |
|---------|------------------|----------------|-------------|---------|--|--|
| 336-A01 | Monday/Wednesday | 12:30p - 3:30p | MCHC 2241 | | | |
| 336-A02 | Monday/Wednesday | 12:30p - 3:30p | MCHC 2241 | | | |
| 336-A03 | Monday/Wednesday | 12:30p - 3:30p | MCHC 2247 | | | |

Course Section, Day, Time, Location, and Faculty:

Course Credit: 1.0 Credit Hour

Prerequisites: Admission to the School of Nursing

Corequisites: NURS 335

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** Email is the preferred method of contact and will be responded to within 24-48 hours (excluding weekends).**

. **June 28, 2019 is the last day to drop a the course with a "W" or change from credit to audit.**

| Program Outcome | Course Objectives and Teaching | Teaching/Learning Strategies | |
|--|---|---|--|
| Program Outcome | Course Objective | reaching/Learning Strategies | |
| 1. Apply knowledge from the behavioral, biological, physical, social sciences, and the liberal arts to provide holistic patient-centered care | 1. Apply knowledge of behavioral, biological, physical, social sciences, and the liberal arts to provide a holistic approach to health assessment of diverse clients across the lifespan. PO: 1,4 | Class discussion Videos Assigned readings Laboratory practice Return demonstrations Final Return Demonstration | |
| 2. Use the nursing process and quality improvement to provide professional nursing care to promote the health and wellness of culturally diverse patients across the lifespan in a variety of settings. | 2. Use beginning assessment techniques to obtain nursing assessment data for diverse clients across the lifespan. PO: 2,4,8 | Class discussion Videos Assigned readings Laboratory practice Return demonstrations Mannequin assessments Final Return Demonstration | |
| 3. Demonstrate leadership in the practice of professional nursing. | 3. Record collected data following a structured format, using correct terminology. PO: 5,8 | Class discussionVideosWritten documentation | |
| 4. Use critical thinking skills in professional nursing practice. | 4. Distinguish normal variations and common abnormalities of health assessment findings of diverse clients across the lifespan. PO: 1,2,4,8 | Class discussion Videos Audio-visuals Assigned readings Laboratory practice Return Demonstrations Mannequin assessments Final Return Demonstration | |
| 5. Use inter- and intra-professional communications and collaborative skills in professional nursing practice. | 5. Analyze data to identify potential health risks of diverse clients across the lifespan. PO: 1,2,4 | Class discussion Videos Laboratory Practice Return demonstrations | |
| 6. Demonstrate the role of teacher in professional nursing practice. | 6. Perform a health history and physical assessment. PO: 1,2,4,5,8,9 | Return Demonstration Videos Return demonstrations Final Return Demonstration | |
| 7. Integrate informatics skills in the selection of evidence-based interventions in professional nursing practice. | | | |
| 8. Adhere to the nursing code of ethics and standards of professional nursing practice. | | | |
| 9. Function as an accountable member of the nursing profession | | | |

Program Outcomes, Course Objectives and Teaching/Learning Strategies:

Required Textbook:

- HESI Case Studies
- Jarvis, C. (2016). Physical examination and health assessment (7th ed.). St. Louis, MO: Elsevie
- Access code for the Jarvis on-line health assessment videos
- SimChart

Optional Textbook:

• Jarvis, C. (2016). *Physical examination and health assessment: Student laboratory manual* (7th ed.). St. Louis, MO: Elsevier

Evaluation Methods:

NURS 336 is a pass/fail course, therefore no letter grade will be assigned. Students must achieve
a satisfactory clinical evaluation (at 77% or above) to pass NURS 336. Satisfactory performance
is based on faculty evaluation in the laboratory setting. <u>If a student is unsuccessful in either
NURS 335 or NURS 336, both courses must be repeated successfully before the student is
allowed to progress in the nursing program.</u>

Points will be distributes as follows:

| I. | Return Demonstrations $(2 - 10 \text{ point demonstrations})$ | | 20 points |
|------|---|-------|-----------|
| II. | Participation points | | 10 points |
| III. | Final Return Demonstration | | 50 points |
| | | TOTAL | 80 points |

Grades will be distributed as follows:

- In order to earn a "Pass" for the course, a student must earn at least <u>61.6</u> points <u>AND</u> be successful on the final return demonstration. If a student is unsuccessful on the final return demonstration s/he will earn a grade of "Fail" for Nurs 336 which would result in the need to repeat both NURS 335 and NURS 336 (see BSN Handbook page 10).
- Point values/percentages will <u>NOT</u> be rounded.
- There are a total of 2 small return demonstrations. Each return demonstration is valued at 10 points. If a student does not receive a satisfactory evaluation on a return demonstration, the student will be allowed to repeat the return demonstration after reviewing content and additional practice. It is expected that each student will assume responsibility for practicing until s/he shows competency in performing the return demonstration.
- Any student requiring a second (final) attempt on a small return demonstration should reference the course calendar for when the final attempts will take place. Students who do not complete the

scheduled second attempt or who do not make other arrangements due to extenuating circumstances will receive a "Fail" on the second (final) attempt for that particular return demonstration. The maximum point value on a second attempt is 5 points. All students are responsible for bringing their own "patient" for a repeat attempt return demonstration. All "patients" must be a current classmate.

• If a student is unable to successfully complete the demonstration on the second attempt, the student will receive a "Fail" for the course.

General Guidelines for All Return Demonstrations

• Students will have a time limit for all return demonstrations. Return demonstrations (vital signs & individual body system) will be limited to 15 minutes and the final demonstration will be limited to 20 minutes. Exceeding the time limit will result in failing the return demonstration. Student must also complete certain elements related to professionalism and safety on each return demonstration. These elements include be dressed appropriately for demonstrations (uniform and name badge), identifying the patient with 2 identifiers, completing hand hygiene at start of exam and as needed throughout exam, introducing self upon entering the patient "room", assuring patient safety during the exam and at the conclusion of the demonstration (returning bedside table, assuring call light in reach, and lowering the bed) and cleaning and using equipment properly. Failure to complete any of the behaviors listed will result in a failure on the return demonstrations.

Final Return Demonstration

• Students must be successful on the final return demonstration in order to pass the course. If a student is unsuccessful on the first attempt at the return demo s/he will be given one additional opportunity to perform the final return demonstration. The second attempt at the final return demo will be the final opportunity to perform the assessment. If the student is not successful on the second attempt, a failing grade will be recorded for the course.

All repeats (second attempt) on the final return demonstration will have the maximum point value reduced by 10%.

Participation Points:

- There are a total of 10 participation points for the course. Students can lose participation points by violating expected student behaviors (see below).
- Expected student behavior includes but is not limited to arriving on time for class; active listening; respectful attention paid to presenters, instructors and classmates; asking and/or answering questions as appropriate, and participation in group/class learning activities. Tardiness, sleeping, rudeness, disruptive behavior (ex: talking during class, texting, etc), leaving early without permission, inattentiveness, and/or working on other assignments in class is not tolerated.
- Faculty reserves the right to ask any student to halt behaviors that are viewed as disruptive and will ask the student to leave the classroom/lab if the behavior continues.
- Students are expected to come to class having prepared for the activities of the day. Each student is expected to conduct themselves in a professional manner. Students are expected to perform assessments on classmates and document findings.
- Children, pets, friends, parents, significant others, etc. are not permitted to attend classes.

Student Responsibilities:

- Students are expected to follow all policies as printed in the Western Kentucky University School of Nursing/BSN Student Handbooks.
- All students should review Policies for Student Behavior in the Western Kentucky University School of Nursing/BSN Student Handbook. All students are expected to follow these policies for student behavior.
- Students are expected to be self-directed and responsible in their own learning. It is the student's responsibility to seek assistance, make up deficiencies, and attend scheduled classes. In the event of an absence, the student remains responsible for information presented and assignments made during the class.
- Students are expected to bring the textbook to lab each day, read the assigned material, and review key points for each chapter. Students are expected to come to class prepared for the content being discussed.

Laboratory:

- If a student expects to be absent from a laboratory experience due to an emergency or extenuating circumstance, the student must notify the clinical faculty prior to the start of activities if at all possible.
- The option of a make-up clinical experience is at the discretion of the faculty.
- All components of the clinical laboratory must be complete in order to pass the course.
- Students will practice documentation in the clinical laboratory. Students will use SimChart for the majority of the documentation. SimChart is an electronic documentation system accessed through Evolve. It is suggested that each student bring a laptop/electronic device to lab in order to complete and submit the documentation. If a student runs out of time in the lab and cannot submit the documentation during the lab, it will be due by midnight of the same day (with faculty permission). If the documentation is submitted after midnight on the day of lab it will be considered late. Students are not allowed to leave lab before SimChart is complete, provided there is still time remaining in the class. Waiting to document in SimChart after the lab is over is not an excuse to leave the lab before the class is dismissed.
- Each student is to practice the assessment on a partner, make notes on the checklist found in BlackBoard, and then document the findings in SimChart. Students documenting in SimChart without examining their partner during lab time, will have their participation points reduced and will receive a clinical warning for falsification of documentation. If a student is found to be documenting false information a second time, it will result in a failure in the course. (Falsification of documentation also includes coming to the lab with notes already made from an assessment that has not yet taken place.)
- No electronic devices are allowed at the bedside. Once a student finishes the assigned assessment on their patient, the student must show the notes that were made during lab to a faculty member. The faculty will initial the notes unless the assessment is incomplete, which

would require further assessment on the part of the student. After the student has obtained faculty approval, s/he may begin documenting in SimChart.

- If a student has completed all assignments of the day, including documenting in SimChart, they are allowed to leave the lab but must sign themselves out. When a student signs out of lab they are to include their name and time they are leaving. When a student signs out, they are stating all assignments of the day are complete, they have practiced all of the assigned assessments, have asked any questions they had, have no further questions, and feel comfortable with the assessment. If a student leaves the lab without signing out or without permission from the faculty, the student will be issued a professional conduct violation.
- If students complete the current weekly assignment before the lab has ended, the student is encouraged to practice previously learned skills.
- Before a student will be allowed in the clinical setting all medical requirements, including the criminal background check and drug screen must be complete and on file in the School of Nursing. See the Western Kentucky University School of Nursing/BSN Student Handbooks for a list of requirements.
- Students are to wear the nursing uniform and WKU ID badge each week.

Class Attendance:

- Clinical/Simulation/Lab experience is essential for student fulfillment of program and course objectives. Unexcused absences and tardiness will affect the course grade and/or continuation in the program. Tardiness may result in the student not being admitted to the clinical/sim/laboratory, which may be counted as an absence. Admittance to the clinical sim/laboratory in the event of tardiness for extenuating circumstances will be at the discretion of the clinical faculty. All clinical absences require make-up work assigned by the course faculty.
- Excused Absence: Students must notify their course faculty using the preferred method of contact as stated in the course syllabus PRIOR to the beginning of clinical, simulation, or lab for an absence to be considered excused. A student illness or injury is an example of an event that may be considered an excused absence. Faculty may request documentation for more than one absence.
- Unexcused Absence: When a student fails to notify the course faculty of the absence prior to the beginning of clinical, simulation, or lab, the absence will be regarded as a "no call, no show" situation and result in an unexcused absence. A student with one unexcused absence in a clinical, simulation, or lab will receive a clinical warning and earn zero points for any make-up assignments. This student must also attend a follow-up meeting with the course coordinator.
- Students with two unexcused clinical, simulation, or lab absences will be dismissed from the course and a grade of "F" recorded in TopNet. If extenuating circumstances prevent the student from communicating the absence, the student may petition the course faculty for a

waiver of this policy. Students who seek this waiver are required to provide documentation of the nature of this serious event and their fitness to return to clinical.

- Extenuating circumstances are unforeseen accidents, deaths in the immediate family or personal illness which requires you to be absent from class or clinical. Vacations, weddings, routine medical and/or dental appointments, studying for an exam, child care issues, job interviews, and working at your job are not considered extenuating circumstances as these are not unforeseen events. The presence of extenuating circumstances does not guarantee that the student will be exempted from the attendance policy.
- Any student who misses a laboratory experience must watch the assessment video through the Evolve website (if applicable), complete the system assessment on another individual, and document the assessment. The documented assessment must be submitted to the faculty within one week of the absence unless there are extenuating circumstances.
- In addition to completing the weekly assessment and submitting the documentation, all students who miss a lab experience containing a return demonstration must make-up the return demonstration. This is to be scheduled with the faculty within a week of the absence. All students must bring a classmate as the "patient". Any student who does not attend the scheduled make-up date will receive a failure on the first attempt at the return demonstration.

Academic Honesty and Cheating:

- See Western Kentucky University School of Nursing/BSN Student Handbooks.
- Any behavior of academic dishonesty will be addressed in a conference with the student and a panel of faculty.
- Any student found to be cheating, not doing their own work, or falsifying documentation will receive a score of zero on the documentation/assignment/case study. Cheating may also result in the student being dismissed from the course and the program.

Blackboard/Email:

- Handouts and other materials will be posted for students on Blackboard. Each student is responsible for checking blackboard on a regular basis. Students must print documents <u>PRIOR</u> to going to lab (there are no printing services in the building).
- Students are responsible for checking their WKU email account on a regular basis.

Cellular Phones and other technology devices:

- Cellular phones should be turned off or on silent <u>and</u> put away while in the classroom/lab. Phones may be used during a break. If a student has an extenuating circumstance which requires a cell phone be left out during class, the student must notify the Faculty prior to class. If a student needs to be reached in case of an emergency, the School of Nursing should be contacted at 270-745-3391.
- Using phones or sending text messages during class is unacceptable. If a student is found to be using a phone or sending text messages during class he/she may be asked to leave the classroom and will be counted absent for the class time that was missed.

• Students may bring laptop computers for note taking purposes only. Students should come prepared with battery power for the computer as outlets may not be available for all computers.

ADA Accommodation Statement:

• In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu . Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

Title IX Misconduct/Assault Statement:

 Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at <u>https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf</u> and Discrimination and Harassment Policy (#0.2040) at <u>https://wku.edu/policies/hr_policies/2040_discrimination_harassment_policy.pdf</u>.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

Please note that while you may report an incident of sex/gender based discrimination, Harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and **MUST** report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be

Weekly Laboratory Schedule

| Date | Торіс | | |
|---------|---|------------------------------|--|
| June 3 | Introduction | | |
| | General Survey and Measurement | Document one set in SimChart | |
| June 5 | Vital Signs (bring blood pressure cuff & stethoscope) | Document one set in SimChart | |
| June 10 | Return demonstration Vital Signs (bring stethoscope) | | |
| June 12 | Skin, Hair, and Nails (Ch 12) Head Face and Neck Including Regional Lymphatics (Ch 13) (Document in SimChart) | | |
| June 17 | Return demonstration (Final Attempt) Vital Signs (bring stethoscope) | | |
| June 19 | Nose, Mouth, and Throat (Ch 16) | | |
| | | (Document in SimChart) | |
| June 24 | Thorax and Lungs (Ch 18) (bring stethoscope) | (Document in SimChart) | |
| June 26 | Eyes (Ch 14) Ears (Ch 15) | (Document in SimChart) | |
| July 1 | Heart and Neck Vessels (Ch 19) (bring stethoscope) Peripheral Vascular and Lymphatic Systems (Ch 20) (Document in SimChart) | | |
| July 3 | Return demonstration: be prepared to do Thorax and Lungs -OR- Heart and Neck Vessels; Peripheral Vascular (bring stethoscope) | | |
| July 8 | Abdomen (Ch 21) (bring stethoscope) | (Document in SimChart) | |
| July 10 | Musculoskeletal (Ch 22) | (Document in SimChart) | |
| July 15 | Neurologic (Ch 23) | (Document in SimChart) | |
| July 17 | Practice Head to Toe Return/Final Attempt Heart/Lung Return Demo | | |
| July 22 | Head to Toe Return Demonstrations | | |
| July 24 | Final Attempt on Head to Toe Return Demonstrations | | |