

WESTERN KENTUCKY UNIVERSITY
Department of Public Health
WOMEN'S HEALTH
PH 464

Instructor: Jae Kim
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Class Location: Web-based
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Required Text:

Alexander, L.L., LaRosa, J.H., Bader, H., Garfield, S., & Alexander, W.J. *New Dimensions in Women's Health* (8th Edition). Sudbury, MA: Jones and Bartlett.

You may be able to use the 7th edition, because there are not many changes between the two.

ISBN: 9781284178418 (8th edition)

ISBN: 9781284088434 (7th edition)

Course Description:

This course analyzes the major health problems of contemporary women, with a special emphasis on health promotion, disease prevention, and consumer health concerns. It is a web based class. Thus all coursework, including exams, will be completed on-line.

Course Goals:

- 1) To enhance student understanding of the many factors that positively and negatively affect the health of women.
- 2) To involve students in assessing their own health status and threats to their future health and quality of life.

Course Objectives:

By the end of the semester the student will be able to:

1. Describe how the women's health movement affected health status, health research, and health care of women.
2. Critically analyze and discuss findings and implications of selected research studies that explore various health and health care issues of women.
3. Identify the common diseases and disorders of women: their causes, prevalence, risk factors, symptoms, treatment, and preventive measures.
4. Analyze selected factors that serve as barriers to women's health status and ways that public policy, health organizations, and women themselves can enhance health behavior.
5. Discuss the status and trends in the health of women, with special attention to differences based on age, race, ethnicity, sexual orientation, and socioeconomic status.
6. Explore selected physiological changes a woman's body undergoes (i.e., menarche, pregnancy, childbirth, menopause, aging, etc.) and their psychosocial impact.

7. Analyze information and make informed decisions to enhance personal health status and medical care.

Course Format:

This on-line course consists of 15 chapters that are organized into 4 Sections. Each Section contains PowerPoint, assignments, and a test. The on-line class sessions are asynchronous and allow students to work within specified time parameters for each section. After completing all readings in a Section, students will complete assignments and a test. Each assignment is intended to expand the student's critical thinking skills and to apply information just learned.

Attendance Policy

The University policy states that "Registration in a course obligates the student to be regular and punctual in class attendance." Since this is an online course, the student is expected to participate in class discussions (postings) and submit materials by the due dates. You are responsible for all course information, reading, class discussions, assignments, and exams. The course is designed so that students can work at their own pace EXCEPT there are specific deadlines for each section. If you are falling behind with a legitimate reason, please contact me about your situation. **You are responsible for your own work and your grade will be affected by lack of contribution to the course.**

WKU Policy on Plagiarism

To represent ideas or interpretations taken from another source as one's own is plagiarism. Plagiarism is a serious offence. The academic work of students must be their own. Students must give author(s) credit for any source material used. To lift directly from a source without giving credit is a flagrant act. To present a borrowed passage after having changed a few words, even if the source is cited, is also plagiarism. Student work may be checked using plagiarism detection software.

WKU Policy on Cheating

No student shall receive or give assistance not authorized by the instructor in taking examinations or in the preparation of an essay, laboratory report, problem assignment, or other project that are submitted for purposes of grade determination.

Other Types of Academic Dishonesty

- taking an exam, test or quiz in a course and discussing it with students who take the test at a later time
- submitting the same assignment to two separate courses without consent of the instructor
- helping another student cheat and/or plagiarize
- sabotaging of another student's work

The bottom line regarding Academic Honesty is ---- **ALL** work in the class must be **YOUR** work!

Students with Disabilities

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. The phone number is 270.745.5004 [270.745.5121 V/TDD] or email at sarc@wku.edu. Please do not request accommodations directly from the professor or instructor without a letter of accommodation (LOA) from The Student Accessibility Resource Center.

Title IX Sexual Misconduct/assault

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding

WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at

<https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf> and

Discrimination and Harassment Policy (#0.2040) at

https://wku.edu/policies/hr_policies/2040_discrimination_harassment_policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and **MUST** report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

Class Policies

- 1. All class correspondence will be done via your official WKU email and blackboard. It is your responsibility to check these regularly.**
You will need access to a computer with a reliable internet connection.
- 2. Technological problems are not an excuse for a late assignment or late test. If you experience computer problems or you do have problems with a WKU site or technology product, call the helpdesk at 270-745-7000 or log onto their website www.wku.edu/helpdesk first. If the problem is still not resolved, then contact me via email with a case number and I will resolve the problem from my end if it is necessary.**
- 3. Back-up all of your files and the course work you submit. Since we are dealing with the imperfections of cyberspace, unexpected errors can occur.**
- 4. I am available to answer your questions via email. I usually do not check emails on weekends, so if you send me an email on Friday, you may receive my response on following Monday.**
- 5. Submit all your assignments using 12 font, Times New Roman and double spacing your paper.**
- 6. All assignments will be submitted via blackboard. Submissions are due by 11:30pm Central Time on the day they are due. Late assignments will not be accepted without legitimate excuses and documentations. Also, all tests will be taken online.**
- 7. The penalty for plagiarism or cheating of any kind will be a zero for the assignment.**

Learning activities:

The course will be divided into four (4) sections. In these sections, there will be various assignments such as discussion board, article review, web-site critique, video watch, and group and individual projects.

Course schedule, and instruction and description of each assignment will be given in Blackboard.

Grades are based on an accumulated point system. The following schedule will be used to figure the final grade based on points you have earned from each requirement.

Grading Scale

- A 90% of total possible points
- B 80% of total possible points
- C 70% of total possible points
- D 60% of total possible points
- F below 60%

The course schedule and procedures are subject to change in the event of extenuating circumstances.

CURRENT PROTOCOLS ON COVID AT WKU

Masks are optional on WKU's campus. Members of the WKU Community are encouraged to continue to engage in safety measures they feel best protect themselves, including wearing masks if they so choose.

Any member of the WKU community (student, faculty, or staff) who tests positive for COVID-19 should continue to contact the WKU COVID Assistance Line by calling 270-745-2019. Effective 9/7/2022, contact tracing will continue to be performed by RN Case Managers; however, Close Contacts are no longer required to contact the WKU COVID Line to report an exposure.

Vaccines and boosters are readily available in our area, including the clinic on campus. The COVID vaccine remains our best defense against the virus. If you are not yet vaccinated or have not obtained a booster shot (if eligible), we strongly encourage you to take this important preventative measure.