

**Western Kentucky University**

**School of Nursing**

**Spring 2019**

**Course Name:**

- *Teaching and Health Promotion in Nursing Practice*

**Description:**

- Emphasizes client educational assessment, special learning needs, theories, models, and nurses' role of teaching and health promotion for clients across the life span.

**Course Number:**

- NURS 340

**Class Time:**

- This is a web-based class.

**Course Credit:**

3.0 Credit Hours

**Prerequisites:**

- NURS 323

**Faculty:**

Lindsay Wheat, MSN, RN  
270-237-7460 (cell)

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**\*When communicating via e-mail, please include the course number in subject line. Also, if I have not responded to you in 24 hours, please call me on my office or cell phone so I may assist you.**

**Course Objectives:**

1. Explain the importance of health promotion and implications for nursing practice (1,2,4,5,7).
2. Identify trends influencing nursing practice and the health care industry related to health teaching and health promotion (4, 5, 7,8,9).
3. Explain principles of teaching and learning for nursing practice (2, 4, 5, 6, 7, 8, 9).
4. Develop a teaching plan for selected patients (1, 2, 4, 5, 6, 7, 8, 9).

Objective	Activities	Assessment
Explain the importance of health promotion and implications for nursing practice.	Readings: Chapter 1, 2, 3, 4, 5, 11 12, 13 (Pender)  Lecture: Chapter 1, 2, 3, 4, 5 (Pender)	Meet and Greet  Discussion Board  Health Promotion Plan  Final Exam
Identify trends influencing nursing practice and the health care industry related to health teaching and health promotion.	Readings: Chapter 6, 7, 8, 9, 10 (Pender)  Lecture: Chapter 6, 7, 8, 9, 10 (Pender)  Readings: Chapter 1, 2, 3 (Bastable)  Lecture: Chapter 1, 2, 3 (Bastable)	Meet and Greet  Health Promotion Plan  Final Exam
Explain principles of teaching and learning for nursing practice.	Readings: Chapter 4, 5, 6, 7, 8, 9 (Bastable)  Lecture: Chapter 4, 5, 6, 7, 8, 9 (Bastable)	Discussion Board  Evaluation of Printed Educational Material  Final Exam

Develop a teaching plan for selected patients.	Readings: Chapter 10, 11, 12, 13, 14 (Bastable)Lecture: Chapter 10, 11, 12, 13, 14 (Bastable)	Teaching Plan  Final Exam
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### **Instructional Methods:**

Teaching strategies will include, but are not limited to, lecture on-line, discussion boards, assigned readings. Students are expected to participate in on-line activities according to assigned due dates. Talking Power Point and/or Tegrity videos will be utilized as methods for lecture delivery. Outlines will be available on the Blackboard site.

### **Students are expected to check blackboard at least once daily.**

Because this is an on-line course, you will need access to reliable internet service and a computer with updated software. Prepare a back-up plan in case your computer encounters technical problems.

### **Student Etiquette/Social Environment:**

You will be participating in on-line discussions in this course. Please refer to grading rubrics and also be respectful of your classmates. Please maintain confidentiality of your institution practices, other than to discuss generally. For example, do not use names of supervisors, patients, physicians, etc. Remember that your discussions are open for all to read. If, for example, you are asked to explain wellness programs at your institution, which is acceptable because such information may already be on the institution's website. If on the other hand, you discuss ethical practices of personnel with patients, be careful about giving too much information.

### **Required Textbooks:**

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: Author

Bastable, S.B., (2017). *Essentials of patient education*. MA: Jones and Bartlett.

ISBN # 9781284104448

Pender, N.J., Murdaugh, C.L., & Parsons, M.A. (2015). *Health promotion in nursing practice* (7<sup>th</sup> ed.). Upper Saddle River, N.J.: Pearson Prentice Hall.

ISBN # 9780133108767

**Total Possible Points:**

- 90-100% A
- 80-89% B
- 70-79% C
- 60-69% D
- Below 60% F

**Evaluation Methods:**

Points will be distributed as follows:

Meet and Greet	10 points
Discussion Board	20 points (2 x 10 points each)
Health Promotion Plan	25 points
Quizzes	40 points (4 x 10 points)
Comprehensive Final Exam	50 points 25
Evaluation of Printed Educational Material	points
Teaching Plan	25 points
<b>Total points</b>	<b>195 points</b>

**Please note: it will take a minimum of two weeks to grade each writing assignment- grades will be entered at that time.**

**Examinations:**

- Examinations will be on line. The exams are time limited and must be taken within the open window for the exam. If a student goes over the time frame allotted on an on-line test, the following penalty will be instituted based on number of questions on test/quiz.

<b>Number of questions on test/quiz</b>	<b>Penalty</b>
<b>35-50</b>	<b>No penalty for first five minutes over. For each additional 5 minutes over the student will be penalized two points.</b>
<b>16-34</b>	<b>No penalty for first three minutes over. For each additional three minutes over, the student will be penalized 1 point.</b>
<b>15 or less</b>	<b>No penalty for the first one minutes over. For each additional minute, the student will be penalized 0.5 point.</b>

**Please note:** This penalty would be in addition to the penalty for late submission. If you go over the time limit due to encountering a problem during testing which results in you having to leave the test or quiz and return, please send your instructor an e-mail at that time.

#### **Faculty Feedback on Assignments and Posting of Grades:**

- Students can expect grades to be posted on assignments approximately **two weeks** following the due date of the assignment if assignments were submitted on time. In the event that faculty will be unable to meet the feedback deadline, students will be advised via the announcement page. If assignments are submitted late, grades will be posted approximately two weeks following the date that the assignment was received.

#### **Academic Dishonesty:**

- A score of zero will be applied to an examination, final, or any assignment for academic dishonesty. Any behavior indicative of academic dishonesty will be addressed in a conference with the student and a panel of faculty.

#### **Plagiarism:**

- Plagiarism is using the work of another person as one's own and is one form of academic dishonesty. Plagiarism will be dealt with according to university and departmental policies. Please refer to the departmental and university handbooks for specific policies.
- Faculty have the right to turn all papers and/or assignment into software programs that detect plagiarism.

#### **Blackboard Tutorials:**

- If you have questions about submission of assignments or other software issues, please review the tutorials available on Blackboard.

**Help Desk:**

- If you have technical problems with Blackboard, please contact the help desk. The phone number and hours are noted on Blackboard. If you need assistance with resetting an exam, please contact the faculty.

**Disability Statement:**

- In compliance with university policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Office for Student Disability Services. The phone number is 270-745-5004.
- Please do not request accommodations directly from the professor or instructor without a letter of accommodation from the Office for Student Disability Services.

**Affirmative Action Statement:**

- Refer to the School of Nursing Handbook for the affirmative action statement.

**Other Policies and Procedures for the School of Nursing and RN to BSN Program**

- All students are expected to be knowledgeable of and abide by the policies set forth in the School of Nursing Student Handbook, and the RN to BSN Student Handbook
- Refer to the School of Nursing Student Handbook
- Refer to current RN to BSN Student Handbook