Western Kentucky University - School of Nursing

Course Number NURS 525

Course Title Advanced Psychiatric Nurse Practitioner II: Diagnosis and

Management of Psychiatric Disorders in Children, Adolescents, and

Young Adults

Credit Hour Allocation 3 semester hours

(3 didactic hours)

Prerequisites Admission to graduate Psychiatric Mental Health Nurse Practitioner

(PMHNP) program, or permission of instructor, NURS 523/524,

Corequisite NURS 526

Class Schedule This is a hybrid course where students' participation is

asynchronous and synchronous through Blackboard (Bb) and Bb Collaborate classrooms. Class meets on Bb Collaborate for three (3) Saturdays during the semester: February 2nd, March 2nd, and

April 13th from 9:00 am -12:00 noon CST.

Course Description

Provides the student with opportunities to integrate and apply psychiatric frameworks, theories, and research findings related to common acute and chronic psychiatric disorders among child, adolescent, and young adult patients. Emphasis is on the developmental issues of child, adolescent, and young adult patients, psychotherapeutic modalities, psychopharmacology, psychoeducation, primary prevention, and evaluation of treatment.

Course Objectives

Upon completion of this course, the student will be able to meet the course objectives as evidenced by:

Course Objectives	MSN Program Outcomes
Describing and analyzing conceptual frameworks, theories, and research findings related to common acute and chronic psychiatric disorders among child, adolescent, and young adult patients.	 Demonstrate proficiency in the utilization of research and quality improvement, including problem identification, awareness of outcomes, evaluation and dissemination of research. Assume and develop practice and professional roles to meet societal needs to promote high quality, safe, patient care. Integrate theory and research from Nursing and related disciplines as a foundation for advanced practice. Demonstrate an understanding and appreciation of human diversity. Integrate theoretical knowledge of health promotion and maintenance and illness/disease prevention to achieve optimal health.
2. Describing and analyzing individual and family theories.	Same as above.
3. Describing and analyzing developmental issues of child, adolescent, and young adult patients, psychotherapeutic modalities, psychopharmacology, psychoeducation, primary prevention, and evaluation of treatment.	Same as above.

Additional Course Requirements

- WKU students have free access to Office 365 at WKU Software Center. Click on the CD labeled WKU Software Center. Log in and follow directions.
- Microsoft Word 2016 or later (NOT Microsoft WORKS, NOT PDF) for submission of papers and assignments and PowerPoint 2016 or later for presentations.
- Bb students must have a working knowledge. A <u>Blackboard tutorial</u> is available online.

Faculty

Ms. Rhonda Quenzer, MSN, PMHNP, NE

Instructor Room 3334

The Medical Center - WKU Health Sciences Complex

700 1st Street, BGKY, 42101

Office 270-745-8959 Cell: 270-670-9916 Fax: 270-745-4336

Office Hours – Tuesdays and Thursdays, 1-3 pm CST and by appointment

Email: rhonda.quenzer@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48 hours on the weekend and recognized holidays. Expected response time is within 24 – 48 hours.

Required Textbook(s)

American Nurses Association. (2014). Scope and standards of practice: Psychiatric mental health nursing (2nd ed.). Silver Spring, MD: American Nurses Association.

Important: Access to this e-book is **free** with your American Psychiatric Nurses Association (www.apna.org) membership.

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: American Psychiatric Publishing.
- American Psychological Association. (2010). *Publication manual of the American psychological association* (6th ed.). Washington, DC: Author.

 Important: Please make sure that your APA manual is the **Second Printing** of the 6th edition.
- Deblinger, E., Mannarino, A., Cohen, J. A., Runyon, M. K., & Heflin, A. (2015). *Child sexual abuse: A primer for treating children, adolescents, and their nonoffending parents* (2nd ed.). New York: Oxford University Press.
- Jacobson, S. A. (2017). *Clinical laboratory medicine for mental health professionals*. Arlington, VA: American Psychiatric Association Publishing.
- Jobes, D.A. (2016). *Managing suicidal risk: A collaborative approach* (2nd ed.). New York: The Guilford Press.
- Preston, J. D., O'Neal, J. H., & Talaga, M. C. (2015). *Child and adolescent clinical psychopharmacology made simple* (3rd ed.). Oakland, CA:New Harbinger Publications, Inc.
- Purnell, L. D. (2014). *Guide to culturally competent health care* (3rd ed.). Philadelphia: F. A. Davis Company.
- Sadock, B. J., Sadock, V. A, & Ruiz, P. (2015). *Kaplan & Sadock's synopsis of psychiatry: Behavioral sciences/clinical psychiatry* (11th ed.). Philadelphia: Wolters Kluwer.
- Wheeler, K. (2013). Psychotherapy for the advanced practice psychiatric nurse: A how-to guide for evidence-based practice (2nd ed.). New York: Springer Publishing Company.

Recommended (Optional) Textbook(s)

Stahl, S. M. (2014). Stahl's essential psychopharmacology: Neuroscientific basis and practical applications (4th ed.). New York: Cambridge University Press.

Stahl, S. M. (2017). *Stahl's essential psychopharmacology: Prescriber's guide* (6th ed.). New York: Cambridge University Press.

Please check the online <u>WKU Bookstore</u> for availability of course books in stock or you can purchase these books via an online bookstore.

Withdrawal from an Individual Class (while a term is in progress)

For various reasons, it is sometimes necessary for a student to withdrawal. Students will receive a failing grade if they cease to attend class without an official withdrawal from the Office of the Registrar. The last day to drop this course with a "W" is listed in the <u>registration guide</u> on the WKU.edu website under Quick Links. Students may withdraw from a full-semester course and will receive a 'W' as a grade. The student should notify the instructor of the class AND their adviser in writing so that the student's plan of study can be reviewed and revised. Failure to follow this procedure could result in the student's failure to progress through the program in a timely manner.

Communication

Communication includes verbal, non-verbal, F2F, Bb, WKU email, and/or Bb Collaborate. All communication will be respectful and professional. Bb and WKU email communication will be written in a formal business format (clear heading, salutation, concise content, and appropriate closing). Reading assignments and F2F classes will be posted in Bb. Email messages will be sent to individuals and groups of students via Bb to only WKU email addresses. Grades will be posted in the Grade Center on the Bb course site. Discussions/concerns about a grade must be put in writing via WKU email to the instructor within one week of when the grade is posted to Bb.

Campus Closure

In the event of WKU campus closure(s), please check with course faculty through Bb for alternate assignments and/or information. Hybrid courses will continue in the online format. Online courses will continue as scheduled.

Course Policies

Academic policies found in the Graduate Handbook and the WKU Graduate Catalog will be followed in this course.

- Each student is to arrive in class prepared by reading the assigned materials.
- Student participation in Bb Collaborate classes is necessary for experiential learning to take place.
- Attendance at Bb Collaborate classes is mandatory. Make-up assignments for a student's unforeseen accident or illness are determined at the discretion of the course instructor.

Attendance and Course Requirements

This course incorporates instructor guided asynchronous and synchronous learning through Bb, and/or Bb Collaborate classrooms with students evaluating and discussing PMHNP course topics via classrooms.

Specifically, students are expected to:

- Read each module's assignments,
- Check WKU Topper email daily,
- Follow the Class Schedule in Bb for assignments and important dates,
- Attend and participate in **Bb Collaborate classes** and
- Plan to spend at least **9-hours a week** preparation time in this course. Substantive preparation and participation during the course is important for student's scholarly work and class learning.

Evaluation Methods

Regular and active student attendance and participation in Bb, Bb Collaborate virtual classroom, and/or asynchronous group modules are essential and important aspects of this course.

While the flipped-classroom format allows for a great deal of flexibility, this does not detract from the importance of student participation. As a graduate level course, you should expect more reading and application than a traditional face-to-face course.

All coursework must be completed to pass NURS 525.

Attendance and participation in Bb Collaborate Class 1	Pass/Fail
Attendance and participation in Bb Collaborate Class 2	Pass/Fail
Attendance and participation in Bb Collaborate Class 3	Pass/Fail
Module 1	25 Points
Module 2	25 Points
Module 3	25 Points
Module 4	25 Points
Module 5	25 Points
Module 6	25 Points
Module 7	25 Points
Module 8	25 Points

Total Course Points = 200

Policy on missed or late assignments: A 2-point deduction will be earned for every day that an assignment is late.

Grading Scale	
WKU	NURS 523
A = 90 - 100	180 – 200 Points
$\mathbf{B} = 80 - 89$	160 – 179.9 Points
Not Passing = $<$ – 59	159.9 Points
*Scores are not rounded.	

The final grade in the class must be a "B" to progress in the program. Students failing to obtain a minimum of a "B" should refer to the graduate nursing handbook for conditions of progression, classes that need repeating, and minimum GPA requirements.

Technical Support

It is the student's responsibility to become familiar with technology and Bb nuances and observe WKU technology recommendations that can be found on the Information Technology Department website. The phone number for IT is 270-745-7000. Since this course is web-based, there may be an occasion(s) in which students cannot avoid technical difficulties. If you are having technical difficulties that interfere with the submission of a timely assignment, you must notify the course instructor via email prior to the deadline and you must include your IT case number in your email oracentain your email oracentain your email from IT that contains your IT case number. Reported technical difficulties will be validated with WKU's IT department.

Required equipment

Microsoft Office 2016: Computer program software, Microsoft Office 2016 or later, is required for viewing the materials in this class. These documents will end in .docx. You must only use MS Word documents ending in .docx when submitting required course materials.

Bb: Access to the **WKU Bb** can be found through the WKU homepage by using the <u>Quick Links drop down</u> <u>box and clicking on My WKU</u>. You are responsible for checking for course updates and changes and you

MUST have a WKU e-mail account/address for rapid communication with the instructor. WKU assigns all students an email account. It is all students' responsibility to check their WKU email account once every 24 hours for emails and notifications, as well as making sure that their email inbox is not full. All email communication is to be through your WKU email account.

Campus Resources

of her/his paper(s).

Students in this course have access to the WKU Library and to the WKU Writing Center either online or in person. Students are expected to utilize the WKU Library for research studies to support their scholarly work. If you need research studies that are not available at the WKU Library, please contact carol.watwood@wku.edu and ask her to obtain the research studies for you.

Do NOT pay for research studies, as this is a service that is provided by the WKU Library.

If students have difficulty with syntax, writing, APA citations, and/or APA references, they are expected to seek assistance at the WKU Writing Center. However, each student is responsible for the syntax and content

Student Accessibility Resource Center

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu. Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf and Discrimination and Harassment Policy (#0.2040) at https://wku.edu/policies/hr policies/2040 discrimination harassment policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

Academic Honesty

"Western Kentucky University nursing students are expected to demonstrate a high standard of academic honesty in all aspects of their academic work and college life. Without intellectual integrity, there cannot be genuine learning. Academic dishonesty represents a direct attack on this integrity. In taking tests and examinations, completing homework, laboratory and clinical work, writing papers, and using information technology, students are expected to demonstrate honesty. Cheating, plagiarism or other forms of academic dishonesty will lead to a failing grade on the assignment and/or a failing grade in the course. Repeat occurrences of this type of behavior can result in dismissal from the program" (Western Kentucky University, School of Nursing Student Handbook, 2014, p. 16).

"Academic Dishonesty-Students who commit any act of academic dishonesty may receive from the instructor a failing grade in that portion of the coursework in which the act is detected or a failing grade in the course without the possibility of withdrawal. The faculty member may also present the case to the Office of the Dean of Student Life for disciplinary sanctions." "A student who believes a faculty member has dealt unfairly with him/her in a course involving academic dishonesty may seek relief through the Student Complaint

Procedure" (Western Kentucky University Graduate Handbook, 2014-2015, p. 41). The Western Kentucky University Statement of Student Rights and Responsibilities can be found in the Western Kentucky University Undergraduate Catalog.

Plagiarism

Students' work is expected to be the result of their own thought, research or self-expression. Plagiarism is the act of presenting the information, ideas, organization or phrase of another source without appropriate acknowledgment or credit given, either intentionally or because of gross negligence. Any act of plagiarism by a nursing student is not acceptable. Abstracted from Western Kentucky University Undergraduate Catalog.

"Plagiarism-Represent written work taken from another source as one's own is plagiarism. Plagiarism is a serious offense. The academic work of a student must be his/her own. One must give any author credit for source material borrowed from him/her. To lift content directly from a source without giving credit is a flagrant act. To present a borrowed passage without reference to the source after having changed a few words is also plagiarism" (Western Kentucky University Graduate Handbook, 2014-2015, p. 41).

Student work will be checked using plagiarism detection software. A score of zero will be applied to any assignment in which academic dishonesty has occurred. If it is considered cheating in the classroom, then it is considered cheating online. The WKU School of Nursing Student Handbook (current issue) governs all policies and guidelines not specifically addressed in this syllabus.

Course Changes:

The faculty member reserves the right to make changes in the syllabus including adding or subtracting assignments or changing due dates if, in the opinion of the instructor, such changes will improve the course and/or enhance student learning. An updated syllabus will be given to students in writing by posting on the class blackboard site in such an event.

Please give me any feedback on the operation of this course as we progress – your feedback is critical to making it the best learning experience for you, your classmates and future classes. I look forward to having you in class and to a great semester!

Warmest regards;

Mrs. Rhonda Quenzer, MSN, APRN, PMHNP-BC