HMD 586 Medical Nutrition Therapy in Practice Department of Applied Human Sciences Western Kentucky University 2019-2020

Instructor Information

Karen Mason, Ph.D., R.D. Academic Complex 209C 270-745-3462 karen.mason@wku.edu

Web address: http://people.wku.edu/karen.mason/ Fall Office Hours: Mon/Wed 9:00 a.m.-12:00 p.m.

Tues/Thurs: 1:00 p.m.-3:00 p.m. Additional office hours are available by appointment.

Course Information

Course Description: Prerequisites: Admission to the Dietetic Practice Graduate Certificate Program. Combined didactic and supervised practice course that focuses on patient care in health care facilities. Assessment and management of nutritional problems encountered in patients in acute and chronic care settings will be emphasized using the nutrition care process.

Required Texts

Nelms, M., and K. Sucher. Nutrition Therapy and Pathophysiology, 3rd Ed. Cengage Learning, 2015 OR any MNT textbook (Like Krause's Food, Nutrition and Diet Therapy). 2nd edition of the Nelms and Sucher textbook is acceptable.

Shirley Soltesz Steiner. Quick Medical Terminology: A Self-Teaching Guide, 4th Ed. Hoboken, NJ: John Wiley & Sons, Inc., 2003 OR any Medical Terminology textbook.

Charney, P. and A. Malone. Academy of Nutrition and Dietetics Pocket Guide to Nutrition Assessment, 3rd Ed. 2015. Can be purchased from the Academy's website (http://www.eatright.org/Shop) **OR** Mary Width and Tonia Reinhard. The Essential Pocket Guide for Clinical Nutrition / Edition 2 2017. Lippincot Williams and Wilkins ISBN: 9781496339164 (can be purchased through Amazon or publisher.)

Food-Medication Interactions. 19th ed. Can be purchased from www.foodmedinteractions.com

Suggested Texts

Charney, P. and A. Malone. Academy of Nutrition and Dietetics Pocket Guide to Enteral Nutrition. 2nd edition. 2013. Can be purchased from the Academy's website at http://www.eatright.org/Shop/

Laura Byham-Gray, Jean Stover, and Karen Wiesen, Editors. Clinical Guide to Nutrition Care in Kidney Disease, 2nd Edition. Can be purchased from the Academy's website at http://www.eatright.org/Shop/

Count Your Carbs: Getting Started. 2014. Can be purchased from the Academy's website at http://www.eatright.org/Shop/

Eating Healthy with Diabetes: An Easy Reading Guide. 2014. Can be purchased from the Academy's website at http://www.eatright.org/Shop/.

Holli, BB, JO Maillet, JA Beto, and RJ Calabrese. Communication and Education Skills for Dietetics Professionals, 5th edition. Can be purchased from www.amazon.com.

Learning Outcomes/Competencies

Upon completion of this course, interns are able to:

- **CRDN 1.1** Select indicators of program quality and/or customer service and measure achievement of objectives.
- **CRDN 1.6** Incorporate critical-thinking skills in overall practice
- **CRDN 2.1** Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics
- CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings
- **CRDN 2.4** Function as a member of interprofessional teams
- **CRDN 2.5** Assign patient care activities to NDTRs and/or support personnel as appropriate
- **CRDN 2.6** Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
- **CRDN 2.7** Apply leadership skills to achieve desired outcomes
- **CRDN 2.8** Demonstrate negotiation skills
- CRDN 2.10 Demonstrate professional attributes in all areas of practice
- **CRDN 3.1** Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
- CRDN 3.6 Use effective education and counseling skills to facilitate behavior change
- **CRDN 3.8** Deliver respectful, science-based answers to client questions concerning emerging trends
- **CRDN 4.4** Apply current nutrition informatics to develop, store, retrieve, and disseminate information and data

Grade Distribution

<u>Assignments</u>

3%	Site description report	6%	Group presentation
4%	Weekly report	6%	Blackboard quizzes/assignments
4%	NCP assignment	8%	Case study presentation
4%	Emerging trend assignment	8%	Quality assurance project
4%	EAL and current literature	10%	Case study
	assignment	12%	Competency evaluation (by
4%	Outpatient education material		preceptor)
6%	Mid evaluation	<u>15%</u>	Final evaluation
6%	Education/counseling evaluations	100%	

A detailed syllabus will be available in Blackboard on Thursday, August 22nd.