

**Western Kentucky University
Department of Physical Therapy
Doctor of Physical Therapy Program**

<u>Course Number:</u>	DPT 700
<u>Course Title:</u>	Orientation to Physical Therapy
<u>Credit Hour(s):</u>	1
<u>Clock Hours/Contact Time:</u>	12.5 hours (1;0)
<u>Lecture Hours:</u>	3 hours/week (5-week session)
<u>Weekly Schedule:</u>	Tu, Th 9-12
<u>Office Hours:</u>	Tuesday; Thursday 8-9 a.m. and by appointment
<u>Location:</u>	Online
<u>Instructor:</u>	Sonia Young, PT, DPT, EdD, NCS; sonia.young@wku.edu

Course Description:

Provide the student with an orientation to the physical therapy profession including specific clinical education policies and procedures and clinical placement. Prerequisite: Open only to DPT students in good standing.

Course Objectives:

At the completion of the course content, the student will be able to:

History of P.T. and P.T.A./Professional standards and ethics

1. Explain the historical development of the physical therapy profession to the practice of physical therapy today. **(7D13)**
 - a. Discuss the concepts of certification and licensure. **(7D1)**
 - b. Discuss and the importance of involvement in APTA through active membership. **(7D13)**
2. Explain relationships between the APTA's Code of Ethics and expected professional conduct as a student and practitioner in regards to patient care. **(7D4) (7D6) (7D28)**
3. Discuss the concept of patient rights. **(7D1) (7D4)**
4. Identify the various roles and responsibilities of the physical therapist in current clinical practice.
 - a. Discuss the placement of the patient's needs above that of the physical therapist. **(7D6)**
 - b. Discuss the necessity for cultural sensitivity. **(7D11)**
 - c. Discuss importance of establishing a plan of care that is acceptable, realistic, culturally competent, and patient-centered. **(7D24)**

Documentation

5. Discuss the importance of thorough, complete, timely, and accurate documentation from a medical

and legal perspective. (7D32)

- a. Discuss different sources for gathering information related to patient history. (7D17)
- b. Discuss use of the *Guide to Physical Therapy Practice* including use of the International Classification of Function (ICF) model. (7D21)
6. Explain the importance of obtaining informed patient consent prior to delivery of any physical therapy service. (7D4)
7. Identify confidentiality issues of the patient and family within legal and ethical boundaries. (7D1) (7D4)

Allied health professional's domains

- a. Examine the allied health professions and their domains of practice and how they differ from each other and physical therapy; take responsibility for communication and collaboration regarding patient care with allied health professionals. (7D28)
- b. Evaluate the interdisciplinary roles of medical and rehabilitation co-professionals and extenders, including, among others, medical doctors; nurses; physical, occupational and speech therapists; chiropractors; social workers; and physical therapist assistants. (7D28)
- c. Discuss the need to provide culturally competent care in tertiary care settings in collaboration with other practitioners. (7D28)
8. Explain the importance of cultural competence and adherence to legal practice standards and institutional regulations regarding patient referral to/from appropriate professionals. (7D3) (7D16)

Teaching methods and learning assessment

9. Formulate concepts of teaching and learning in a didactic setting: (7D12)
 - a. Develop awareness of one's own preferred learning style as well as your peers.
 - b. Describe various tools and procedures that can be used to assess learning needs of the audience, such as those in rural and underserved areas, and how to address those needs.
 - c. Effectively organize information for a presentation to peers to facilitate learning.
 - d. Demonstrate group communication skills that facilitate transmission of information and learning.

Managed Care

10. Examine the trends in managed health care, the case management process, and how it affects the profession of physical therapy and the delivery of patient care. (7D28)
 - a. Discuss supervision of human resources in meeting the patient's/client's goals and outcomes, including areas directed to a PTA. (7D29)
11. Discuss the need for culturally competent first-contact care through direct access for those patients determined to need physical therapy. (7D28) (7D35)

Clinical Education

12. Discuss the process of clinical education placement, onboarding requirements, and policies as it relates to clinical education. (7D15)

Course Structure:

The instructional format combines lecture and discussion.

Student Evaluation and Grading:

1. **Attendance.** Attendance and promptness to class will be monitored. One percentage point will be deducted each occurrence of tardiness and 2 percentage points will be deducted for each unexcused absence.

2. Testing

a. Written Exam (100 points)

There will be a cumulative final exam worth 100 points. If any student does not or cannot take the final due to an emergency, then plans must be made at the discretion of the professor to complete all coursework within a specified time period. The final examination will cover all course materials/lectures.

b. Presentation (50 points)

Students are asked to prepare a 2-minute video presentation that integrates photos and video clips while providing a voice-over narration explaining why each chose a Doctor of Physical Therapy degree. Videos will be presented to the class on the last day. The assignment is worth 50 points. This is due August 10, 2020. A separate rubric will be provided.

c. Participation and Preparation (10 points)

Students will also be graded 10 points on class participation and preparation.

3. Grading

a. Course Grading

The final course grade is a letter grade. The course grade will be based on the following:

Assessment Method	Points (% of grade)
Written Final	100 points
Presentation	50 points
Participation	<u>10 points</u>
Total	160 points

b. Numeric and Letter Grade Translation

A	90-100
B	80-89
C	70-79
F	<70

Instructional Practices:

1. Teaching Methods

- Lecture
- Blackboard with Mediasite lectures
- Class sessions on Zoom with examples and personal instruction
- Class discussion
- Student self-study

2. Teaching Aides

- Video
- PowerPoint
- Zoom

Course Policies

1. Refer to WKU DPT Student Manual for the following items:

- a. Student Responsibilities
- b. Student Disability Services
- c. Copyright
- d. Academic Misconduct
- e. Religious Holidays Notification
- f. WKU Writing Center
- g. Missed Class(es)/Student
- h. Professional Behaviors
- i. Course Policies

The instructor reserves the right to make changes in the course schedule as needed to accommodate guest lecturers or to alter course content.

Required Texts:

1. No required book but membership to the APTA is required which will allow online access to the Guide to Physical Therapy Practice. Version 3.0 (or later if applicable) at <http://guidetoptpractice.apta.org/>.

Participation, Preparation and Communication:

- a. **Expectations:** All students will be prepared for each class and participation is mandatory. Failure to participate (including non-clinical use of your phone during class) will result in an overall point loss of 1% of your grade, per occurrence. The professor reserves the right to ask you to leave class if you or your phone use becomes a disruption.
- b. **Classroom and Laboratory Housekeeping:** In accordance with the Student Manual you are responsible for maintaining and cleaning up the classroom and lab spaces. The Cadaver Lab has specific procedures posted in the lab and will be provided to you during initial lab orientation.
- c. **Communication with Professor.** If you have any questions regarding course goals, tasks, or activities, you should contact the professor to discuss them. You should be polite, professional, and courteous in all communications. Replies to your email will be within 24 hours Monday-Friday and within 48 hours over the weekend. As DPT students, you should maintain professionalism and politeness with all forms of communication. Failure to do so could trigger a Student Professionalism Concern Report (see below).

Professional Responsibilities and Relationships

As a doctor of physical (DPT) student and future physical therapist, you have chosen to pursue a profession which requires personal integrity, compassion, and a constant awareness of the commitment made. Exhibiting personal behaviors consistent with a respect for this profession and having pride in your work are central tenets of professionalism. You are expected to incorporate them into your daily life. To demonstrate commitment to these responsibilities while enrolled in this course, you will be held to the professional standards listed in the Student Manual and you are expected to:

- a. Seek and accept feedback and constructive instruction from teachers, peers, and faculty in order to continually improve your educational experience, knowledge, and clinical skills.
- b. Commit to the highest standards of competence.
- c. Be mindful of your demeanor, language, and appearance in the classroom.
- d. Be accountable to all members of the WKU community, including fellow students, faculty, and support staff.
- e. Admit and assume responsibility for mistakes in a mature and honest manner and develop productive strategies for correcting them.
- f. Be considerate and respectful of others' (teachers, peers, and faculty) time, rights, values, religious, ethnic and socioeconomic backgrounds, lifestyles, opinions, and choices, even when they differ from your own.
- g. Meet the expectations for participation and timeliness.
- h. Recognize limitations and seek help when expertise, knowledge, or level of experience is inadequate to handle a situation in the classroom, hospital, or research setting.
- i. Maintain appropriate relationships with peers and faculty.
- j. Treat all members of the WKU community with respect, compassion, and dignity.
- k. Be mindful to avoid intentionally embarrassing or disparaging others.
- l. Provide feedback to others (both colleagues and superiors) in a constructive manner, with the goal of helping them to improve.
- m. Treat those who participate in the education process (e.g., standardized patients) with dignity and respect.
- n. Actively work to create an atmosphere in classrooms, clinical settings, and in laboratories that

is conducive to optimal, interactive learning.

1) **Professionalism Concern Process**

Violation of the classroom professionalism policy may simply result in providing the student with feedback on his or her behavior. However, if the breach is significant enough, the student will be asked to leave the classroom. This will result in an unexcused absence and a **2% reduction in the student's overall grade**. The professor will also complete the **Student Professionalism Concern Report Form**. Once the form is completed, the student will meet individually with the Professor to discuss the situation.

STUDENT PROFESSIONALISM CONCERN REPORT FORM

Student: _____

Professor: _____

Which of the following unprofessional behaviors has the student exhibited? Check all that apply.

- ☐ Professional Responsibilities
 - ☐ Fails to accept and internalize criticism and feedback
 - ☐ Has inappropriate demeanor or appearance in the classroom
- ☐ Professional Relationships
 - ☐ Acts disrespectfully toward others
 - ☐ Engages in disruptive behavior in class
- ☐ Professional Ethic
 - ☐ Behaves in a dishonest manner, including falsifying documentation
- ☐ Other: _____

1. Describe in detail the incident which prompted the completion of this form (attach additional pages if needed).

2. Describe previous feedback and remediation which took place prior to the completion of this form (attach additional pages if needed).

3. Student Signature: _____ Date: _____

I acknowledge that I have reviewed this evaluation with the course professor and have the following additional comments:

4. Professor Signature: _____ Date: _____

Title IX Misconduct/Assault Statement

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at

<https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf> and

Discrimination and Harassment Policy (#0.2040) at

https://wku.edu/policies/hr_policies/2040_discrimination_harassment_policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and **MUST** report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

ADA Accommodation Statement

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu . Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

DPT 700
Orientation to Physical Therapy

Content Outline and Schedule

Week 1	July 13 Monday	2-5 p.m.	<ul style="list-style-type: none">• Course Introduction• History of Physical Therapy and APTA• APTA Student Membership, Sections, & Specialization• WKU DPT Program Manuals & Policies
Week 2	July 20 Monday	2-5 p.m.	<ul style="list-style-type: none">• Mini Presentations• Core Values; Code of Ethics & Professional Conduct• Self-Assessment of Core Values and Professional Behaviors
Week 3	July 27 Monday	2-5 p.m.	<ul style="list-style-type: none">• Documentation, Informed Consent, Confidentiality & HIPAA• Guide to Physical Therapy Practice• Clinical Education Policies, Procedures, and Practices
Week 4	Aug 3 Monday	2-5 p.m.	<ul style="list-style-type: none">• Allied Health, Managed Care, and Current Healthcare Events• Teaching & Learning Style and Strategies• Formal and Informal Assessment Teaching
Week 5	Aug 10 Monday	2-5 p.m.	FINAL EXAM 2:00-3:00 p.m. VIDEO PRESENTATIONS 3:00-5:00 p.m.