



School of Nursing & Allied Health
College of Health and Human Services



Western Kentucky University
NURS 333: Fundamentals of Nursing
Course Syllabus
Fall 2020

Course Description: Explores fundamental concepts and principles that form the basis for professional nursing practice.

COURSE CREDIT: 3.0 hours, after successfully completing the course.

Prerequisites: NURS 324 and admission to nursing program.

Co-requisites: NURS 337, NURS 334, NURS 335, NURS 336

Location: MCHC 1104 & 1106

SECTION/TIME:	NURS 333 – 701	Monday 12:30-3:30 pm
	NURS 333 – 702	Monday 12:30-3:30 pm
	NURS 333 – 703	Monday 12:30-3:30 pm

Fall 2020 Semester begins: Monday August 24

Fall 2020 Semester ends: Friday December 11

Faculty contact information:

Dr. Crista Briggs, Ed.D., MSN, RN, CNE (Course Coordinator) Office: MCHC 2208 Phone: 270-745-8766 crista.briggs@wku.edu Office Hours: Available by appointment	Dr. Vickie Shoumake, DNP, RN Office: MCHC 2212 Phone: 615-828-0179 vickie.shoumake@wku.edu Office Hours: Available by appointment	Ms. Talitha Richards, MSN, RN Office: MCHC 2223 Office Phone: 270-202-0289 talitha.richards@wku.edu Office Hours: Available by appointment
--	--	--

Communication with Faculty:

Faculty prefer email correspondence and will normally respond within 24-48 hours on business days (Monday – Friday). Email correspondence sent to faculty after 4:00pm on Friday may not receive a response until the following Monday. If you experience a delay in response, please resend the message or call the office phone and leave a voice mail. Please address email messages in this fashion when sending to WKU Faculty:

Mr./Ms./Dr. _____,

My name is _____.

I'm in the (1st, 2nd, 3rd, 4th semester) cohort

My student ID is _____.

(Body of Message)

Contact Information including phone number

BSN Program Outcomes	N 333 Course Objectives: The student will:	N 333 Learning Outcomes	Teaching/ Learning Strategies	Evaluation Methods
Apply knowledge from the behavioral, biological, physical and social sciences, and the liberal arts to provide holistic patient-centered care.	1. Recognize fundamental physical and psychosocial concepts that underly care of patients across the lifespan and diverse cultures and apply this knowledge on exams.	<p>Students will apply basic concepts in the following content areas:</p> <ul style="list-style-type: none"> • Hygiene • Caring in the Nursing Profession • Mobility/Immobility • Activity/Exercise • Patient & Caregiver Safety • Infection Prevention & Control • Sterile Field and Sterile Gloving • Medication Administration • Nutrition • Urinary Elimination • Bowel Elimination • Skin Integrity & Wound Care • Sleep/Rest • Oxygenation • Death, Grief, and Loss • Spiritual Health 	<ul style="list-style-type: none"> • Text: Assigned Readings • Lecture • Zoom Discussions • Written Exam review and remediation • Video • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes
Use the nursing process and quality improvement to provide professional nursing care to promote the health and wellness of culturally diverse patients	<p>2a. Assess, identify nursing diagnoses, and learn to care for an assigned patient.</p> <p>2b. Identify outcomes, nursing interventions and evaluation</p>	<p>Students will apply concepts related to the following:</p> <ul style="list-style-type: none"> • Care Planning • The Nursing Process 	<ul style="list-style-type: none"> • Text: Assigned Readings • Lecture • Zoom Discussion • Written Exam review and remediation • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes

across the lifespan in a variety of settings.	methods and apply this knowledge on exams.			
Demonstrate leadership in the practice of professional nursing.	3. Learn critical thinking skills essential for safe and competent clinical decision making.	Students will display knowledge related the following concepts: <ul style="list-style-type: none"> • Legal & Ethical Implications • Introduction to Pain Management • Culture & Ethnicity 	<ul style="list-style-type: none"> • Text: Assigned Readings • Lecture • Zoom Discussion • Written Exam review and remediation • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes
Use critical thinking skills in professional nursing practice.	4. Utilize scientific basis and rationale for selected nursing skills and apply this knowledge on exams.	<ul style="list-style-type: none"> • Students will recall the rationale for nursing skills in which they perform. 	<ul style="list-style-type: none"> • Text: Assigned Readings • Lecture • Zoom Discussion • Written Exam review and remediation • Video • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes
Use inter- and intraprofessional communication skills and collaborative skills in professional nursing practice.	5. Define selected health care terms and apply this knowledge on exams.	<ul style="list-style-type: none"> • Students will define health care terms listed at the beginning of each chapter in the textbook as well as prefixes and suffixes used in medical terminology. 	<ul style="list-style-type: none"> • Text: Assigned Readings • Lecture • Zoom Discussion • Written Exam review and remediation • Video • Faculty modeling of terms • Medical Terminology • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes

Demonstrate the role of teacher in professional nursing practice.	6. Learn educational interventions as well as those that promote continuity of care for the patient.	<ul style="list-style-type: none"> Students will choose appropriate patient teaching strategies within each chapter of the textbook. 	<ul style="list-style-type: none"> Text: Assigned Readings Lecture Zoom Discussion Written Exam review and remediation Written care plans Case Studies 	<ul style="list-style-type: none"> Major Exams Quizzes
Integrate informatics skills in the selection of evidence based interventions in professional nursing practice.	7. Learn nursing practices that are evidence based and apply this knowledge on an exam.	<ul style="list-style-type: none"> Students will choose evidence based nursing interventions presented in the textbook. 	<ul style="list-style-type: none"> Text: Assigned Readings Lecture Zoom Discussion Written Exam review and remediation Case Studies Online Care Plan Constructor 	<ul style="list-style-type: none"> Major Exams Quizzes
Adhere to the nursing code of ethics and standards of professional nursing practice.	8. Show respect for classmates, faculty, the nursing profession, and other healthcare professionals by demonstrating integrity, professionalism, and ethical behavior during class, quizzes, homework assignments, and examinations.	<ul style="list-style-type: none"> Students will maintain professional standards in the classroom setting. 	<ul style="list-style-type: none"> Faculty role modeling ANA Code of Ethics for Nurses in orientation materials Examples of professional versus unprofessional behaviors outlined in syllabus Case Studies 	<ul style="list-style-type: none"> Penalties for professional misconduct are outlined in the student handbook.

Function as a safe and accountable member of the nursing profession.	9a. Enter the classroom prepared to discuss and apply concepts. 9b. Enter the testing environment with the knowledge and comprehension needed to demonstrate competency on exams.	<ul style="list-style-type: none"> • Students will engage in active learning in the classroom. • Obtain at least 77% average or above on all written exams (combined) in order to pass the class. 	<ul style="list-style-type: none"> • Text: Assigned Readings • Written Exam review and remediation • Case Studies 	<ul style="list-style-type: none"> • Major Exams • Quizzes
--	--	---	--	--

Content Overview

Caring Throughout the Life Span

- Cultural Awareness

Critical Thinking in Nursing Practice

- Nursing Assessment
- Nursing Diagnosis
- Planning Nursing Care
- Implementing Nursing Care
- Evaluation
- Delegation (Introduction only)

Professional Standards in Nursing

- Legal Implications in Nursing Practice
- Documentation

Foundations for Nursing Practice

- Patient Safety and Quality
- Immobility
- Infection Prevention and Control
- Medication Administration

Psychosocial Basis for Nursing Practice

- Spiritual Health
- The Experience of Loss, Death, and Grief

Physiological Basis for Nursing Practice

- Activity and Exercise (Ambulation/Transferring/Positioning/Body Mechanics)
- Hygiene
- Oxygenation
- Sleep
- Pain Assessment & Management (Introduction only)
- Nutrition (Acute/Therapeutic Diets/Enteral Feeding/Aspiration Precautions)
- Urinary Elimination
- Bowel Elimination
- Skin Integrity and Wound Care

Required Textbooks

Potter, P.A. & Perry, A.G. (2021). *Fundamentals of Nursing* (10th ed.). St. Louis: Elsevier Mosby, Inc. **(Print version of textbook is part of the Elsevier bundle)**

Nugent, P. and Vitale, B. (2019). *Fundamentals Success: Applying Critical Thinking to Test Taking*. (5th edition). Philadelphia: FA Davis, Inc.

This book is NOT part of the Elsevier bundle.

**(These books are necessary to promote achievement of the course objectives.*

They should be purchased, rather than rented, for access in future semesters. Please do not sell these books at the end of the semester.)

Grading System and Policy

*A student who is unsuccessful in NURS 333 or NURS 334 will most likely not be able to register for these courses at WKU the following semester due to new cohorts already being admitted and class sizes being filled to maximum capacity, with qualified applicants on waiting lists. However, a student may request to repeat a class by sending an email message to the BSN program coordinator, Dr. Sherry Lovan at sherry.lovan@wku.edu

Final grades will be awarded according to the following grading scale:

91 - 100	= A
84 - 90	= B
77 - 83	= C
69 - 76	= D
0 - 68	= F

Methods of Learning Evaluation

Possible Points

Midterm (80 questions at 2 points each)	160
---	-----

Final Exam (80 questions at 2 points each)	160
--	-----

IF the written exam/test averages listed above are equal to or above 77% (246.4 points acquired out of 320 points possible) at the end of the semester, ONLY THEN will the following requirements listed below be included in the calculation of the final grade.

12 Terminology & Success Quizzes (worth 5 points each)	60
10 HESI case studies (all completed = 10 points; less than 10 completed = 0 points)	10

TOTAL COURSE POINTS

390

*Extra credit activities, papers, or assignments (outside of what is listed in the syllabus) are not an option. The points outlined in the syllabus are the only points that will be possible during the semester. Please do not operate under the false assumption that extra credit will be available at the end of the course.

*Once the final grades are calculated and posted on TopNet at the end of the semester, no additional review of tests or quizzes will be considered.

Example of obtaining a course average and letter grade:

	Example Student Points Earned	Possible Points
<i>Midterm Exam</i>	132	160
<i>Final Exam</i>	144	160
	<i>Student exam/test average is $\geq 77\%$, so continue with averaging other points below.</i>	
<i>12 Terminology & Success Quizzes</i>	24	60
<i>10 HESI case studies</i>	0	10
TOTAL	300	390

Student points from example: $300 / 390 = 76.92$
In this example, the letter grade “D” would be assigned.

If the final course average is 76.99%, the letter grade will be D. If the final course average is 83.99%, the letter grade will be C. If the final course average is 90.99%, the letter grade will be B. In other words, there will be no rounding of the final course average at the end of the semester.

Student Responsibilities

All students are expected to read and abide by the most current version of the Western Kentucky University School of Nursing Student Handbook and the BSN Student handbook (current edition posted online). https://www.wku.edu/nursing/left_nav/policies_handbooks_forms.php

Students are encouraged to be self-directed and responsible for their own learning. Therefore, it is the student’s responsibility to seek assistance and make up deficiencies.

Remediation:

If a student scores below 77% on the midterm exam, s/he should schedule a remediation appointment with Dr. Shoumake. Please contact vickie.shoumake@wku.edu

It is each student's responsibility to **check WKU e-mail messages DAILY**. Students should also frequently check the announcements page of the Blackboard course site. At times, important messages are sent to students via the BSN List Serve. All students must subscribe by accessing the following website: <http://lists.wku.edu/mailman/listinfo/bsngeneric>

Testing Policy & Procedures

Please refer to the WKU student handbook testing policies and procedures.

Because Fundamentals class and lab/clinical are so closely related, and skills practiced in lab are an extension of what is taught in class, any information discussed or practiced in Nursing 334 (lab) will be testable on Nursing 333 (classroom) exams. Any test item format may be used including, but not limited to: multiple choice, multiple answer, hot spot, fill-in-the-blank, etc.

Make-Up Exams

A student should notify the course coordinator via email at least one hour prior to the exam that will be missed. Make up exams may consist of alternate format questions.

If an exam is missed because of an extenuating circumstance and documentation of that event can be provided to the course faculty, there will be no deduction in the exam score. Extenuating circumstances include a serious unforeseen accident, death or funeral of an immediate family member, or a contagious personal illness (ex: fever, vomiting, diarrhea, flu).

If an exam is missed because of a non-emergent reason, and the course coordinator is notified prior to the exam, there will be a deduction of the make-up exam score (up to 10%). Non-emergent reasons include (but are not limited to) vacations, weddings, routine medical and/or dental appointments, oversleeping, child care issues, heavy traffic, job interviews, or work scheduling.

If an exam is missed without notifying the course coordinator prior to the exam and/or the student cannot provide satisfactory justification (non-extenuating circumstances and/or no-call no-show), the make-up exam score will automatically be reduced by 10%.

Quizzes

No notes or books are allowed to be referenced during the quiz. Quizzes will be administered via Blackboard and require Respondus Lockdown Browser.

HESI Case Studies

HESI Case Studies are a valuable resource for students to practice test questions while responding to real life patient scenarios. Completing these is a way enhance critical thinking skills and prepare for HESI exams taken throughout the BSN curriculum.

Title IX Misconduct/Assault Statement

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at <https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf> and

Discrimination and Harassment Policy (#0.2040) at https://wku.edu/policies/hr_policies/2040_discrimination_harassment_policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and **MUST** report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

ADA Accommodation Statement and Accommodations

"In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, room 1074. SARC can be reached by phone at 270.745.5004 [270-745-3030TTY] or via email at sarc.connect@wku.edu. Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center."

Students wishing to appeal a test or assignment or other grade in this course must follow the following process:

Any appeals related to an exam must be negotiated with the course faculty. Students have one week following the exam to appeal. Challenges must be made in writing and based on material referenced in their textbook or notes. This process must take place within the designated time frame, not after final course grades have been posted. Students may question specific items, but may not ask for points to be added to their grade due to their individual needs or life circumstances.

Course Grade appeals must follow the university academic complaint process outlined in the WKU Student Handbook at <https://www.wku.edu/handbook/academic-complaint.php>. Grade appeals (students seeking a change in grade) **must be based on an error in grading** (the student did not get the same points for the same response as everyone else in the class). If there is no error in grading and there is no math error in calculating the student's grade, then there is no basis for a grade appeal. Grades will not be changed solely because a student is short of points to pass the course. Any test item challenges must be conducted in the week following the exam, and must be resolved with the faculty member at that time, based on information from the course

materials such as the textbook. The faculty member is considered the content expert and the faculty member's option of the correct answer will be the final answer. Additional points for tests or other assignments will not be considered after the course is complete.

Academic Honesty Statement

"WKU students are expected to demonstrate a high standard of academic honesty in all aspects of their academic work and college life. Without intellectual integrity there can be no genuine learning. Academic dishonesty represents a direct attack on this integrity. In taking tests and examinations, completing homework, writing papers, and using information technology, students are expected to perform honestly." (WKU Dept. of Nursing Student Handbook). Academic dishonesty will result in a zero for the assignment, quiz, or exam and an "F" in the course along with a professional conduct violation. Students are expected to submit original work for this course. Any behavior indicative of academic dishonesty will result in a conference with the student, faculty, and program coordinator. The university policy for academic dishonesty will be upheld. Students are responsible for reading and being familiar with all policies in the School of Nursing handbooks.

Changes in Assignments or Scheduling

In unpredictable situations, faculty may need to change the class schedule and/or assignments due to extenuating circumstances. Changes will be disseminated through any of the following methods: in writing, announced in class, e-mail message, or posted as a Blackboard announcement.

Western Kentucky University
Nursing 333/Fundamentals
Weekly Schedule: Fall 2020

*All lecture content will be recorded via MediaSite and posted to Blackboard

Class Date (Mon.)	Textbook Chapters	Blackboard Quizzes	For Fall 2020, weekly Zoom sessions will occur <u>each Monday</u> from 1:15- 2:00pm. Students are expected to participate.
Aug. 24	Review syllabus (Briggs) P&P Ch. 40 Hygiene (Briggs) Fundamentals Success Book Chapter 1		
Aug. 31	P&P Ch. 39 Immobility (Briggs) P&P Ch. 27 Patient Safety & Quality (Richards) P&P Ch. 38 Activity/Exercise: (Shoumake)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • HYGIENE • SAFETY • MOBILITY 	HESI case study: Mobility
Sept. 7	P&P Ch. 45 Nutrition (From p. 1072 at Acute Care to end of chapter). (Briggs) P&P Ch. 21 “Introduction to Delegation” (P. 289-290 only) (Richards)	Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • NUTRITION • COMMUNICATION • PSYCHOLOGICAL SUPPORT Quiz open all day Monday and Tuesday this week due to flexibility given with Labor Day Holiday.	HESI case study: Altered Nutrition No Zoom today due to flexibility given for Labor Day Holiday

Sept. 14	P&P Ch. 28 “Infection Prevention and Control” (Richards)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • INFECTION CONTROL • PERIOPERATIVE NURSING 	HESI case study: Perioperative Care
Sept. 21	P&P Ch. 31 “Medication Administration” (Non-Injectable only) (Briggs) P&P Ch. 44 Introduction to Pain Assessment & Management (Shoumake)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • MEDICATION ADMINISTRATION • PAIN, COMFORT, REST, AND SLEEP • TEACHING AND LEARNING 	HESI case study: Pain
Sept. 28	P&P Ch. 48 “Skin Integrity & Wound Care” (Richards)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • LEADERSHIP & MANAGEMENT • NURSING CARE ACROSS THE LIFESPAN 	HESI case study: Skin Integrity
Oct. 5		Fundamentals Mid Term Exam at 12:30pm using ExamSoft on iPad and Zoom Proctoring via smart phone or another device.	

Oct. 12	P&P Ch. 31 Medication Administration (<u>Injectable Meds</u>) (Briggs)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • PHARMACOLOGY • COMMUNITY BASED NURSING 	
Oct. 19	P&P Ch. 23: Legal Implications (Briggs) P&P Ch. 43 Sleep (Shoumake)	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • LEGAL AND ETHICAL ISSUES • ALTERNATE FORMAT ITEMS 	HESI case study: Sleep Patterns
Oct. 26	Intravenous Therapy Potter/Perry Ch. 31 (Pages 636-639 and skill 31.6 p. 663-671). (Richards) P&P Ch. 9 Cultural Competence (Shoumake)	1pm Blackboard Quiz covering these things: <ul style="list-style-type: none"> • IV Media Site and pages 663-671 in Potter & Perry Fundamentals textbook. 	
Nov. 2	P&P Ch. 41 Oxygenation (Richards) Not responsible for: Skill 41-3 Chest Tubes	1pm Blackboard Quiz covering these things: Study Medical Terminology and Fundamentals Success Questions: <ul style="list-style-type: none"> • OXYGENATION • PHYSICAL ASSESSMENT 	HESI Case study: Breathing Patterns

Nov. 9	<p>P&P Ch. 46 “Urinary Elimination” (Richards)</p> <p>P&P Ch. 47 “Bowel Elimination” (Shoumake)</p>	<p>1pm Blackboard Quiz covering these things:</p> <p>Study Medical Terminology and Fundamentals Success Questions:</p> <ul style="list-style-type: none"> • URINARY ELIMINATION • FLUIDS & ELECTROLITES • GASTROINTESTINAL SYSTEM 	<p>2 HESI Case studies:</p> <p>Urinary Patterns</p> <p>Constipation</p>
Nov. 16	<p>P&P Ch. 16-20 Assessment Diagnosis Planning Implementation Evaluation (Briggs)</p> <p>P&P Ch. 26 (p. 370- 372 Standards and Guidelines for Quality Documentation) (Briggs)</p>	<p>1pm Blackboard Quiz covering these things:</p> <p>Study Medical Terminology and Fundamentals Success Questions:</p> <ul style="list-style-type: none"> • NURSING PROCESS • THEORY BASED NURSING CARE • HEALTHCARE DELIVERY 	<p>Care Plan Homework Assignment for NURS 334 due _____.</p>
<p>Nov. 23-24 Fall Break</p> <p>Nov. 25-27 Thanksgiving Break</p>			
Nov. 30	<p>P&P Ch. 36 The Experience of Loss, Death, and Grief (Briggs)</p> <p>P&P Ch. 35 Spiritual Health (Briggs)</p>	<p>1pm Blackboard Quiz covering these things:</p> <p>Study Medical Terminology and Fundamentals Success Questions:</p> <ul style="list-style-type: none"> • COMPREHENSIVE FINAL BOOK EXAM 	<p>HESI case study: Loss, Grief, Death</p>

Dec. 7-11 Finals Week		Fundamentals Final Exam using ExamSoft on iPad and Zoom Proctoring via smart phone or another device. Date/Time: Thursday Dec. 10 at 10am.	
--------------------------	--	---	--