

**ABNORMAL PSYCHOLOGY**  
**PSY440, Winter 2023**  
**(Last Undated: 10/3/2022)**

**Instructor: Dr. Sungjin Im**

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**Office: GRH 3021**

**Office Hours: By appointment.** To set up a Zoom meeting, email me several time slots that you are available. Then I will confirm the time and provide a zoom link.

***Course Introduction:***

This course is designed to introduce students to understand clinical features, causal factors, and treatment options for various psychological disorders. **This course will run online asynchronously, meaning that students will read the textbook and PowerPoint slides, complete quizzes and exams, and write a reflection paper according to the course schedule.**

***Objectives:***

1. Understand the contemporary views on psychopathology
2. Understand the diagnostic criteria, clinical symptoms, prognosis, and prevalence of common mental disorders
3. Identify biological, behavioral, social, and developmental factors of common mental disorders and understand how these factors contribute to their symptoms
4. Understand evidence-based treatments for common mental disorders and their underlying mechanisms
5. Develop self-awareness about one's current mental health and apply the learned knowledge and stress management skills into their own life.

***Required Text:***

Jill M. Hooley, Matthew K. Nock, & James N. Butcher (2020). *Abnormal Psychology* (18<sup>th</sup> ed.). ISBN-10: 0135190908 | ISBN-13: 978-0135190906. (Note: Although the newest version is preferred, you may use the 17<sup>th</sup> edition).

***Instructional Methods and Activities:***

Textbook readings, PowerPoint slides, online quizzes, and discussion board assignments

***Being "Online"- The nature of this class Using Blackboard***

This class will be presented through "Blackboard," which is the name of the website you will use to access materials and complete your assignments. To access Blackboard:

- 1) Go to <https://wku.blackboard.com/>
- 2) You will be required to login using your WKU email username (what you use to access your WKU e-mail).
- 3) After logging in, on the right-hand side of the screen, you will see the course name underlined, PSY 440 – Abnormal Psychology. Click on the course name.
- 4) You will see a screen that will have any current announcements in the center. To the left will be a list of menu items or "hot links". Click on these, depending on what you want to do.
- 5) In general, I will communicate with the class through Announcements, so make sure you check Announcements daily and have them forwarded to your email. However, if I need to contact an

individual student, I will use e-mail. I count on you to check your e-mail at least daily during the week. You can expect me to reply to your email within 24 hours, but usually it will be sooner.

### ***Working the Course***

We are covering a semester's worth of content in 3 weeks; therefore, it is imperative that you complete all of the requirements for the course per the daily schedule. To get the most out of the course, you should first complete the assigned readings using active reading strategies and note-taking and PowerPoint slides. Once you have completed your readings and have processed the information, complete the assessment assigned. Please review any feedback that you are given to help you improve throughout the course. Additionally, you will be working on a research project throughout the course, so please refer to the assignment instructions, rubrics, and schedule for more information.

### ***Course Requirements:***

#### ***Quiz (150 points)***

After each chapter, you will be asked to complete a quiz. This will allow you to gauge the level of your understanding of the course content and highlight areas where further learning is needed. Quizzes are **open book**, and you can earn up to a total of **150 points (10 points x 15 quizzes)**.

#### ***Exam (50 points each)***

Students will complete three non-cumulative exams, which will consist of 25 multiple-choice questions. Exams are **NOT open book**.

### **Lockdown Browser**

Exams will be remotely proctored via the Lockdown Browser. You need to **1) install the Lockdown Browser** (see the instructions below) **and 2) complete the practice exam by 12/13**. These steps will ensure your testing environment is suitable for online test administration. You need to have a webcam and high-speed Internet, and it appears that Google Chrome OS is not compatible with the Lockdown Browser.

Here are the instructions on how to install the Lockdown Browser.

1. Navigate to **Blackboard**.
2. Click on the **My WKU Bb** tab.
3. Click on the **LockDown Browser link** under the box labeled **Software**.
4. Click the **Install Now** button to begin the download of the Respondus Lockdown Browser.
5. When the file has downloaded, run the file to start the installation.
6. Choose the Setup Language.
7. If you accept the terms of the license agreement, select the circle next to this statement and click **Next**.
8. Once the installation is complete, click **Finish**.
9. The Respondus Lockdown Browser can be located in the **All Programs** listing on Windows computers, or in the **Application** folder on an Apple computer.

### ***Reflection paper (50 points)***

Students will write a 2-page double-spaced reflection paper about their current stress level and identifying factors that may link to their stress level. Detailed instructions will be posted on Blackboard.

### ***Grading:***

Grades will be displayed on Blackboard: <https://blackboard.wku.edu/>. The instructor will assign final grades based on the **total score**.

Exam 1	50 points
Exam 2	50 points
Exam 3	50 points
Quiz	150 points
Reflection paper	50 points
<b>Total</b>	<b>350 points</b>

%	Total Score	Grade	Grade Point Value
<b>90-100%</b>	<b>315-350</b>	<b>A</b>	<b>4.0</b>
<b>80-89.9%</b>	<b>280-314</b>	<b>B</b>	<b>3.0</b>
<b>70-79.9%</b>	<b>245-279</b>	<b>C</b>	<b>2.0</b>
<b>60-69.9%</b>	<b>210-244</b>	<b>D</b>	<b>1.0</b>
<b>59.9% and below</b>	<b>0-209</b>	<b>F</b>	<b>0</b>

### Course Schedule

Week	Dates	Reading	Topics	Exam & Assignments
1	12/12	Chapter 1	Overview and research approaches	
1	12/13	Chapter 3	Causal factors and viewpoints	<b>Practice Exam is due</b>
1	12/14	Chapter 4	Clinical assessment and diagnosis	
1	12/15	Chapter 5	Stress and physical and mental health	
1	12/16	Chapter 6	Panic, anxiety, obsessions, and their disorders	<b>Quiz 1-5 and Exam1 are due on 12/18</b>
2	12/19	Chapter 7	Mood disorders and suicide	
2	12/20	Chapter 8	Somatic symptom and dissociate disorders	
2	12/21	Chapter 9	Eating disorders and obesity	
2	12/22	Chapter 10	Personality disorders	
2	12/23	Chapter 11	Substance-related disorders	
3	12/26	Chapter 12	Sexual dysfunctions, gender dysphoria, and paraphilic disorders	<b>Quiz 6-10 and Exam2 are due on 12/26</b>
3	12/27	Chapter 13	Schizophrenia and other psychotic disorders	
3	12/28	Chapter 14	Neurocognitive disorders	
3	12/29	Chapter 15	Disorders of childhood and adolescence	

3	12/30	Chapter 16	Psychological treatment	<b>Quiz 11-15, Exam3, and reflection paper are due on 12/31</b>
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**Note:** Course schedule may be subject to change. If this happens, the instructor will make an announcement via Blackboard and in class.

**Statement on Academic Dishonesty:** Cheating, plagiarism or otherwise obtaining grades under false pretenses constitute academic dishonesty according to the code of the university. Academic dishonesty will not be tolerated and penalties can include canceling a student's enrollment without a grade, giving an F for the course or for the assignment. For further information, visit the website of Office of Student Conduct (<https://www.wku.edu/studentconduct/process-for-academic-dishonesty.php>)

**Statement of Disability Services:** In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at [sarc.connect@wku.edu](mailto:sarc.connect@wku.edu). Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

**Title IX/Discrimination and Harassment:** Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) and Discrimination and Harassment Policy (#0.2040). Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121. Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.