

WESTERN KENTUCKY UNIVERSITY
SCHOOL OF NURSING
Fall 2023

** Faculty reserve the right to make updates and/or changes to the content and/or dates of the course/syllabus. Students will be notified if such changes occur. Due to the fluid COVID situation, adjustments may need to be made during the semester.**

Course Name: *Health Assessment Across the Lifespan*

Catalog Description: Development of physical assessment skills to determine health status of clients across the life span.

Course Number: NURS 335-001, Nurs 335-002

Class Time: Monday 8:30 a.m. – 11:30 p.m.

Class Location: The Medical Center - WKU Health Sciences Complex (MCHC), room 1106

Course Credit: 3.0 Credit Hours

Prerequisites: Admission to the School of Nursing

Corequisites: Nurs 336

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****Email is the preferred method of contact and will be responded to within 24-48 hours (excluding weekends).****

****October 30, 2023 is the last day to drop a the course with a “W” or change from credit to audit.****

Program Outcomes, Course Objectives and Teaching/Learning Strategies:

Program Outcome	Course Objective	Teaching/Learning Strategies
1. Apply knowledge from the behavioral, biological, physical, social sciences, and the liberal arts to provide holistic patient-centered care.	1. Apply knowledge of behavioral, biological, physical, social sciences, and the liberal arts to provide a holistic approach to health assessment of clients across the lifespan. PO: 1,4	<ul style="list-style-type: none"> • Lecture enhanced with power point or other presentation style • Class discussion • Audio-visuals • Assigned readings • Evolve products
2. Use the nursing process and quality improvement to provide professional nursing care to promote the health and wellness of culturally diverse patients across the lifespan in a variety of settings.	2. Distinguish normal variations and common abnormalities of health assessment findings in diverse patient populations across the lifespan. PO: 1,2,4,8	<ul style="list-style-type: none"> • Lecture enhanced with power point or other presentation style • Class discussion • Assigned readings • Evolve products
3. Demonstrate leadership in the practice of professional nursing.	3. Analyze data to identify potential health risks of diverse patient populations across the lifespan. PO: 1,2,4	<ul style="list-style-type: none"> • Lecture enhanced with power point or other presentation style • Class discussion • Assigned readings
4. Use critical thinking skills in professional nursing practice.		
5. Use inter- and intra-professional communications and collaborative skills in professional nursing practice.		
6. Demonstrate the role of teacher in professional nursing practice.		
7. Integrate informatics skills in the selection of evidenced-based interventions in professional nursing practice.		
8. Adhere to the nursing code of ethics and standards of professional nursing practice.		
9. Function as an accountable member of the nursing profession		

Required Textbook:

- Jarvis, C., & Eckhardt, A. (2024). *Physical examination and health assessment* (9th ed.). Elsevier.

Evolve: ELSEVIER DIGITAL PRODUCTS (Course ID: 166493_wku5_1004)

- Sherpath
- ShadowHealth
- Clinical Skills: Essentials Collection
- Adaptive Quizzing for Physical Examination and Health Assessment

Optional Textbook:

- Jarvis, C., & Eckhardt, A. (2024). *Physical examination and health assessment: Study guide and laboratory manual* (9th ed.). Elsevier.

Evaluation Methods:

Points will be distributed as follows:

I.	Examinations (I-IV: 50 points each)	200 points
II.	Sherpath Lessons and Quizzes	78 points
III.	Comprehensive final	100 points
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		TOTAL 378 points

Grades will be distributed as follows*:

Points	Letter Grade	Percent
343.98 - 378	A	91-100%
317.52 – 340.2	B	84-90%
291.06 – 313.74	C	77-83%
260.82 – 287.28	D	69-76%
0 – 257.04	F	0%-68%

*Point values/percentages will **NOT** be rounded.

- Students must obtain a grade of “C” (77%) or above to be successful in NURS 335.
- Students must obtain a minimum of 231 points out of 300 possible on exams, including the final, before any other points will be calculated into the grade.
Students who do not earn 231/300 points on exams will not pass Nursing 335.
- Children, pets, friends, parents, significant others, etc. are not permitted to attend classes.

- Expected student behavior includes arriving on time; active listening; respectful attention paid to presenters, instructors and classmates; asking and/or answering questions as appropriate, and participation in group/class learning activities. Tardiness, sleeping, rudeness, disruptive behavior (ex: talking during class, texting, etc), inattentiveness and/or working on other assignments in class are not tolerated and students can be asked to leave the classroom.
- Faculty reserves the right to ask any student to halt behaviors that are viewed as disruptive or inappropriate and will ask the student to leave the classroom if the behavior continues. If a student is asked to leave the classroom he/she will be counted absent for the remainder of the class period.

Adaptive Quizzing:

- This material is to be used to enhance studying. Students are expected to use the Adaptive Quizzing material when preparing for class and studying for exams. Faculty will review grades for this material.

Exams: Please see the BSN Student Handbook for additional information related to testing policies.

- Exam content includes lecture/classroom discussion, readings, and other material as designated by the faculty.
- Exams 1, 2, 3 and 4 will each be 60 minutes in length. The final exam will be 120 minutes in length.
- Exams may be administered in a paper/pencil format or taken on an iPad/laptop. Faculty may change the test delivery method at their discretion.
 - Exams will be taken using Exemplify. Please see the BSN Orientation site on BlackBoard regarding Exemplify and iPad requirements.
 - Any student testing on an iPad/laptop outside of the classroom (SARC) will also test on their personal iPad/laptop through Exemplify.
 - There must not be any course material on the inside of the laptop used to test. For example, no notes or stickers with any course content are allowed.
- Students must wear the SON student ID badge to enter the exam.
- Students should bring their own dry erase white board to use during the exam. Entering the exam or leaving the exam with material written on the white board may result in a grade of “0” on the exam.
- Students may be assigned seats for each examination. If a student attempts to alter or change the assigned seat s/he may receive a score of “0” on the examination and be asked to leave the room until the examination is complete.

- All materials brought to class (cell phones, backpacks, books, drinks, food, hats, coats, etc.) will be left at the front/back of the classroom. Students are not allowed to wear any watch that can send and receive text messages or connect to the internet during an exam.
- Exam scores will be available on Blackboard within one week after the examination is complete.
- If a student is unable to attend a scheduled examination, the student must notify the faculty **prior** to the examination unless there are extenuating circumstances. (See the BSN Student Handbook for what constitutes an extenuating circumstance.). The **student** is expected to contact the faculty as soon as possible to schedule a make-up examination.
- A student who does not notify the faculty of an absence **prior** to an examination and/or who cannot provide a satisfactory justification for the absence will have their achieved points on a make-up examination reduced by 10%.
- Make-up examinations must be completed within one week of the original test date unless there are extenuating circumstances. Examinations that are not made up within one week of the original test date will have the achieved points reduced by 10% each class period past the original test date unless there are extenuating circumstances.
- A make-up examination will be of a different format than the original examination.
- If an exam must be given in paper format instead of on the computer please note the following:
 - Students are to bring two sharpened #2 lead pencils with erasers to examinations.
 - The scantron serves as official documentation of selected answers. It is the scantron which will be used to determine the score regardless of what is marked on the exam.
- The faculty will hold a group review session after every student has completed an exam (exams 1-3). These reviews will be held at the end of the next class period provided everyone has taken the exam.
- Students may not request points be added to their grade.
- Faculty members are the content experts for the exam.
- Any student who is concerned about their performance or who wishes to meet with the faculty are encouraged to schedule an appointment. If a student wishes to discuss performance on an exam, an appointment should be requested/scheduled with the faculty within one week of the exam review or original test date if no review takes place. After this time, no review/discussion of the exam will occur.

- Once the course final grade is calculated and posted on TopNet, no additional exam review will take place.
- Only those students who are unsuccessful in the course will be allowed to review the final exam.

Sherpath – Preclass Assignments (PCA):

- Sherpath PCAs include lessons and quizzes. The minimum requirement for successful completion of Sherpath Lessons and Sherpath quiz is 70%. There are 2 points earned for each lesson completed and 2 points earned for each quiz completed at the minimum 70%.
- Because these are pre-class assignments, the lessons and quizzes are due by 8:00am on the day the content is covered in class unless there is an exam. If there is an exam, the PCA will be due by 11:55pm on Saturday of the same week (see the course calendar).
- If a student fails to complete the PCAs by the due date/time, this will result in a 5% deduction to the exam score where the content of the PCA is covered.
- Sherpath records and retains the last attempt only. Work submitted after the due date/time will result in a “LATE” message to faculty. No points are awarded for late assignments and a late submission will not remove the 5% deduction on the exam score.
- Sherpath Lessons can be reset and repeated by students to improve their score to 70% or greater. Instructions are located in BB.
- Sherpath quizzes are set for one attempt. Students are encouraged to use the course text to earn 70%.
- If a student is unsuccessful on a quiz (<70%)
 - Students should create “custom quizzes” for each chapter until $\geq 70\%$ is achieved.
 - To document success, *take a screenshot showing $\geq 70\%$ achieved for each chapter and upload the screenshot to BB. **The screenshot must include the name/Chapter number of the quiz, percentage score earned on the quiz, and the student’s name. To show your name, have your WKU email open in another tab and your name will show in that tab on the top of the screen. Typing information (score, chapters, student name) onto the screen will NOT be accepted.***
 - The submission links are located under the Sherpath + Evolve tab under the Sherpath PCAs folder.
 - *Upload screenshots in the appropriate week* (the week the quiz is assigned per the Weekly Schedule).

Student Responsibilities:

- Students are expected to follow all policies as printed in the Western Kentucky University School of Nursing/BSN Student Handbooks.
- All students should review Policies for Student Behavior in the Western Kentucky University School of Nursing/BSN Student Handbooks. All students are expected to follow these policies for student behavior.

- Should they be reinstated - any student who does not adhere to the University/course COVID guidelines will not be allowed to remain in class. The student will be asked to leave and will be counted absent for any class time missed.
- Students are expected to be self-directed and responsible in their own learning. It is the student's responsibility to seek assistance, make up deficiencies, and attend scheduled classes. In the event of an absence, the student remains responsible for information presented and assignments made during the class.
- Students are expected to bring the textbook to class each day, read the assigned material, and review key points for each chapter. **Students are expected to come to class prepared for the content being discussed.**
- Students are expected to be present, punctual, and attentive for the classroom period. Faculty members may choose to assign extra work for students who have missed any part of a class or clinical to help the student regain what was lost during their absence.
- Nursing is a pre-professional program of study and students are expected to be punctual and attentive in the classroom. When absences constitute greater than 20% of total semester class hours per course, the faculty will issue a professional conduct violation. The faculty may consider extenuating circumstances after a student provides documentation of the event(s) that led to the absences. *Twenty percent of the course is equal to 7.8 hours.*
- Excused Absence: Students must notify their course faculty using the preferred method of contact as stated in the course syllabus PRIOR to the beginning of clinical, simulation, or lab for an absence to be considered excused. A student illness or injury is an example of an event that may be considered an excused absence. Faculty may request documentation for more than one absence.
- Unexcused Absence: When a student fails to notify the course faculty of the absence prior to the beginning of clinical, simulation, or lab, the absence will be regarded as a "no call, no show" situation and result in an unexcused absence. A student with one unexcused absence in a clinical, simulation, or lab will receive a clinical warning and earn zero points for any make-up assignments. This student must also attend a follow-up meeting with the course coordinator.
- Extenuating circumstances are unforeseen accidents, deaths in the immediate family or personal illness which requires you to be absent from class or clinical. Vacations, weddings, routine medical and/or dental appointments, studying for an exam, child care issues, job interviews, and working at your job are not considered extenuating circumstances as these are not unforeseen events. The presence of extenuating circumstances does not guarantee that the student will be exempted from the attendance policy.
- The presence of extenuating circumstances does not guarantee that a student will be exempted from this attendance policy.

Academic Honesty and Cheating:

- See Western Kentucky University School of Nursing/BSN Student Handbooks.
- Any behavior of academic dishonesty will be addressed in a conference with the student and a panel of faculty.
- Any student found to be participating in academic dishonesty will receive a score of zero on the examination/quiz/ assignment/case study. Academic dishonesty may also result in the student being dismissed from the course and the program.

Blackboard/Email:

- Handouts and lecture guides will be posted for students on Blackboard. Each student is responsible for checking blackboard on a regular basis.
- Lecture guides will be posted on Blackboard prior to each class meeting.
- Students are responsible for checking their WKU email account and Blackboard on a regular basis.

Cellular Phones and other technology devices:

- Cellular phones are to be turned off or on silent and put away while in the classroom. Phones may be used during the break. If a student has an extenuating circumstance which requires a cell phone be left out during class the student must notify the Faculty prior to class. If a student needs to be reached in case of an emergency, the School of Nursing should be contacted at 270-745-3391.
- Using phones or sending text messages during class is unacceptable. If a student is found to be using a phone or sending text messages during class he/she may be asked to leave the classroom and will be counted absent for the class time that is missed.
- Students may bring laptop computers for note taking purposes only. Please see the Western Kentucky University School of Nursing/BSN Student Handbook.

AI tools prohibited:

- Artificial intelligence (AI) tools are not permitted for any type of course work. If you choose to use these tools, your actions will be considered academically dishonest and a violation of the [WKU Student Code of Conduct](#).

Audio Recording Class:

- Students are permitted to audio record lecture. Video recording is not allowed. All recordings permitted in this class may only be used for the student's personal educational use. Students are not permitted to copy, publish, or redistribute recordings of any portion of the class session to individuals who are not students in the course during the current semester. Distribution without permission may be a violation of educational privacy law, known as FERPA, as well as certain copyright laws.

ADA Accommodation Statement:

- In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu . Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

Title IX Misconduct/Assault Statement:

- Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) at <https://wku.edu/eoo/documents/titleix/wkutitleixpolicyandgrievanceprocedure.pdf> and Discrimination and Harassment Policy (#0.2040) at https://wku.edu/policies/hr_policies/2040_discrimination_harassment_policy.pdf.

Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Ena Demir, 270-745-6867 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121.

Please note that while you may report an incident of sex/gender based discrimination, Harassment and/or sexual misconduct to a faculty member, WKU faculty are “Responsible Employees” of the University and **MUST** report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

Date		Topic	Assignments/ Reading
August 21	Wk1	Evidence-Based Assessment Assessment Techniques and Equipment General Survey, Measurement	Ch 1, 8, 9 PCA due 8-26-23 by 11:55pm
August 28	Wk2	Vital Signs Pain Assessment	Ch 10-11 PCA due 8-28-23 by 8:00am
September 4	Wk3	LABOR DAY – NO CLASS	
September 11	Wk4	Interview Health History Mental Status	Ch 3, 4, 5 PCA due 9-11-23 by 8:00am
September 18	Wk5	EXAM I Family Violence & Human Trafficking Substance Use Assessment	Ch 6, 7 PCA due 9-23-23 by 11:55pm
September 25	Wk6	Skin, Hair, and Nails Head, Face, and Neck (Lymphatics)	Ch 13, 14 PCA due 9-25-23 by 8:00am
October 2	Wk7	FALL BREAK – NO CLASS	
October 9	Wk8	Eyes & Ears	Ch 15, 16 PCA due 10-9-23 by 8:00am
October 16	Wk9	EXAM II Nose, Mouth, and Throat	Ch 17 PCA due 10-21-23 by 11:55pm
October 23	Wk10	Thorax & Lungs	Ch 19 PCA due 10-23-23 by 8:00am
October 30	Wk11	Heart and Neck Vessels Peripheral Vascular & Lymphatic System	Ch 20, 21 PCA due 10-30-23 by 8:00am
November 6	Wk12	EXAM III Abdomen Nutritional Assessment **Mediasite lecture will be available this week. The nutrition content will be included on Exam 4**	Ch 22 PCA due 11-11-23 by 11:55pm Ch 12 PCA due 11-11-23 by 11:55pm
November 13	Wk13	Neurologic	Ch 24 PCA due 11-13-23 by 8:00am
November 20	Wk14	Musculoskeletal	Ch 23 PCA due 11-20-23 by 8:00am
November 27	Wk15	EXAM IV Breast and Lymphatics Female Genitourinary System Male Genitourinary System Anus, Rectum, and Prostate	Ch 18, 25, 26, 27 PCA due 12-2-23 by 11:55pm
Week of December 4		Comprehensive Final Examination Date TBA	