

PSY 412 Winter 2024 (December 11 – December 29) – Motivation and Emotion
COURSE SYLLABUS

INSTRUCTOR: Lisa C. Duffin-Rexroat, Ph.D.

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Virtual Office Hours: By appointment via Zoom.

Blackboard: <http://ecourses.wku.edu/>



Email is the best way to get in contact with me. If you would like an appointment (i.e., phone or Zoom) with me, please email me to set up an appointment. I will be happy to spend some time in either forum speaking with you. Details of the appointment will need to be determined in the email.

COURSE DESCRIPTION: A study of the principal theories of motivation and emotion. Examination of needs, cognition, and social aspects. Includes a critical review of research and application of these theories to human behavior.

COURSE RATIONALE: Expose students to tools for understanding and regulating motivation/emotion, both intra and interpersonally.

PREREQUISITE: PSY 100 and junior standing or permission of the instructor.

REQUIRED TEXTBOOK:

Reeve, J. (2018). *Understanding motivation and emotion (7th Ed.)*. New York: John Wiley and Sons, Inc. ISBN: 9781119367659

***I strongly encourage you to purchase an electronic version of the book at a cheaper price.**

<https://www.wiley.com/en-us/Understanding+Motivation+and+Emotion%2C+7th+Edition-p-9781119367659>

REQUIRED MATERIALS:

Computer and Internet access (high speed recommended); your web browser should be within 1-2 years of the current browser. This course requires you to frequently use Blackboard Ultra (Bb) and requires the use of a compatible word-processing program (i.e., Word, Google docs).

Professionalism: You are expected to display exemplary levels of professionalism while developing your skills and expertise at WKU. Therefore, it is expected that you follow the **Code of Conduct** outlined in the *WKU Student Handbook* (<http://wku.edu/judicialaffairs/student-code-of-conduct.php>) and any additional course policies for conduct outlined in the syllabus/course materials.

WORDS OF WISDOM:

Many students assume that an Internet course will be easier than a face-to-face class. **This is not the case with my class!** This course is challenging and requires you to be self-regulated and meta-cognitive learners with good time management skills. The amount of work for this course is comparable to my face-to-face course and requires hard work and dedication. I recommend that you plan to spend at least 4-6 hours a day focusing your attention on the work required for this course. Those individuals who fall behind at any point generally do not do as well as those students who have stayed on top of the course demands because the course is intense and can be very difficult to catch up. *Please keep in mind that this is an upper-division course and that all coursework is expected to be of high quality.*

COURSE OBJECTIVES

Through a variety of course assessments, students completing this psychology course will be able to describe, evaluate, and apply the major theories of motivation and emotion.

COURSE TOPICS: Introduction of motivation, Intrinsic and Extrinsic Motivation, Various Needs, Goals, Expectations, Attributions and Values, The Self and Its Strivings, The Motivated and Emotional Brain, Personality, Emotion and Mood, and Growth Motivation.

INSTRUCTIONAL METHODS AND ACTIVITIES: Textbook readings, online reading quizzes, reaction papers, video projects, and discussion board assignments.

Being “Online”- The nature of this class *Using Blackboard Ultra*

This class will be presented through “Blackboard Ultra,” which is the name of the website you will use to access materials and complete your assignments. To access Blackboard Ultra:

- 1) Go to my.wku.edu
- 2) You will see links to various sites, one of which is Blackboard Ultra. Click the word “Blackboard.”
- 3) You will be required to login using your WKU email username (what you use to access your WKU e-mail).
- 4) After logging in, you will see the course name, PSY 412 – Motivation and Emotion. Click on the course name.
- 5) Course content will be organized by day (e.g., “Day 1”) and will contain all the materials you will need to complete any daily activities required. Please follow the schedule in the syllabus to ensure you remain aligned to all deadlines.
- 6) If you are new to Blackboard Ultra (as am I), I invite and encourage you to learn more through YouTube video tutorials (https://www.youtube.com/watch?v=IKjBx1e_138). Search YouTube for the specific help you need. I am also learning this platform as we go, so if you run into an issue, please email me*.

***Email vs. Blackboard Messages:** If you send me a message via Blackboard Ultra, please make sure to enable the feature that notifies the receiver via email as well. Otherwise, I will not encounter your message until I enter Blackboard Ultra which is far less frequent than email. You will have greater success in getting a timely response if you send me an email directly: lisa.duffin@wku.edu

Working the Course

We are exploring a semester’s worth of content in **19 days**; therefore, it is imperative that you complete all the requirements for the course per the daily schedule. To get the most out of the course, you should first complete the assigned readings using active reading strategies and note-taking. Then review any supplemental materials (e.g., PowerPoints) that I may post. Once you have completed your readings and have processed the information, complete the assessment assigned. Please review any feedback that you are given to help you improve throughout the course. You will be working on several projects throughout the course, so please refer to the assignment instructions, rubrics, and schedule for more information. **Due to the nature of course scheduling, work will be required during some weekends.**

The Course Schedule and Due Dates

The course schedule is organized as a table at the end of this syllabus. In the columns, you will find the Date, Day, Reading, Topic, and Assignments. The rows represent a daily snapshot of what you will be exploring and how you will be exploring the material. In the Assignments box, you will see what is assigned and due for the day. **All assignments are due by 11:59 a.m. Central Standard Time on the due date.** For example, on Monday, December 11th, you are responsible for turning in your Introductory Video by 11:59 p.m. CST. Due dates/times indicate the last point at which I will accept an assignment. **Assignments may always be submitted early. Late assignments will NOT be accepted, and you will earn a 0.**

Getting HELP!!

If you are having trouble with your computer or the internet, please call the WKU IT Help Desk at 270-745-7000. While I am usually your best resource for helping you with Blackboard Ultra, I am not a good resource for helping you with technical problems concerning your computer and the way it might be interfacing with Blackboard Ultra. Most technical problems can be solved by changing browsers.

COURSE POLICIES:

INTERNET POLICIES

Courses offered **entirely online** (Internet-based courses) require that students have reliable and regular access to the Internet. The Internet course is constructed with minimal face-to-face or synchronous meeting requirements. Most of the following points are common sense precautions but many of us have not thought about them before, so I will make them explicit.

Privacy Matters

The Internet may change or challenge the notions of what is private and what is not. I prefer to provide disclosure up front, so you know what the possibilities are. Although the course is protected by a password, such tools are not perfect as human beings are using them. You are relatively protected by the password, but no one can guarantee privacy on-line. **Privacy for every student depends on the actions of each individual student---sharing your password with a friend is violating the privacy of your classmates. Please don't do it.**

Disclosure

The course software I use enables me to know which students have logged in, where in the course site they have visited, and how long they have stayed. Technology support people have access to information posted at the site.

Course Security

In the event you use a public terminal (e.g., at work, in a computer lab, or at a hotel or library) you need to completely close the browser software when you are finished. This will prevent another person from accessing the course using your identification, doing mischief in your name, and violating the privacy of other students.

Do not allow access to the course to those not registered in the course. This includes your spouse, child, boyfriend, girlfriend, etc. You may trust them with your life, but your classmates do not know this person.

Guard your password and change it regularly.

Students are expected to represent their course identities in a truthful manner. Falsifying your identity is grounds for serious disciplinary action regarding all parties involved.

Discussion of Grades.

Students sometimes want to discuss their grade via e-mail. E-mail is *neither* secure *nor* private. If an individual student requests their grade, I cannot reveal to that student their grade through e-mail without a legal signature from that student on a Student Disclosure Form (Day 1 folder). The course software does provide a way for you to check your grade on-line, so please review your grades frequently. If information is better shared in a conversation, we can schedule a Zoom meeting.

Technology Malfunction Plan

You should have a back-up plan in place for Internet access should your primary computer fail. WKU parking lots allow you to access the campus internet. However, WKU tends to do maintenance tasks on the weekends so we may experience periodic outages. Please pay attention to any campus-wide emails documenting such outages. **Because this course uses Blackboard Ultra to turn in all assignments, you should plan to upload your assignments at least 20 minutes prior to the deadline. Please plan ahead!**

Disability accommodations: In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu. Please do not request accommodations directly from the professor or professor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

Emergency Policy: In the event of a major campus emergency, course requirements, deadlines, and grading percentages are subject to changes. This may be necessary due to a revised term calendar or other circumstances. Changes to the course will be posted as an announcement in Blackboard Ultra or you may email the professor at lisa.duffin@wku.edu.

Communication Policy: It is expected that we will treat one another with respect in this course. Thoughts will be challenged, perspectives will vary, and experiences will be unique – let's embrace our diversity! Be open and receptive to other points of view. When providing feedback, it is important that we are constructive and growth oriented. Consider communication patterns necessary of a professional that moves a situation forward (rather than backward). Likewise, when sending email, please be courteous, include "PSY 412" in the subject header, and be thorough in describing your thoughts and/or needs. I want to be able to assist you the best way I can, and that requires complete information.

Late Assignments: **Will not be accepted.** Please plan ahead to complete all assignments by the deadlines given on the Course Schedule. Technology "issues" will not be considered as a viable reason for missed deadlines. Please see the "Technology Malfunction Policy" described above.

Student Resources:

- **The Learning Center** (<http://www.wku.edu/tlc/>) -- Student Success Center, Downing Student Union, 1082.
- **The Writing Center** (<http://www.wku.edu/writingcenter/>) -- Cherry Hall, 123 (primary location).
- **The Literacy Center** (<http://www.wku.edu/literacycenter/>) – Gary Ransdell Hall, Student Success Center.

Academic Dishonesty Policy: Under no circumstances will acts of academic dishonesty be tolerated in this course. It is expected that all work submitted is YOUR ORIGINAL effort and ideas. Dishonesty is a direct violation of the Code of Conduct (<https://www.wku.edu/studentconduct/student-code-of-conduct.php/>). Anyone committing such acts will result in a failing grade -- either in that portion of the course or in the course itself. Determination of the punishment will be handled on a case-by-case basis. Plagiarism detection software will be used in this course.

- **Can I use text from another source in my written work?** Yes, please do! Synthesize, paraphrase, and apply information from your readings, but follow the APA rules for including citations in your paper <https://bit.ly/2KILduE>. Uncited work is Academic Dishonesty!
- **Can I submit a paper or use text from something I wrote for another course?** No. According to the publication manual of the American Psychological Association (2009), plagiarism is “claim[ing] the words and ideas of another as [your] own” (p. 15) or presenting your own previously written work as new scholarship (self-plagiarism).
- **Can I follow the format of a model paper you provide to us?** Yes and No. Most model papers are added to Blackboard to give you an example of the *quality* of written work I am expecting from you (e.g., use of PSY 412 content, inclusion of citations). Using the model to check your quality of writing and citations against it is okay. However, do not use the model paper to write your work. Using ideas from the model is an act of academic dishonesty and plagiarism. Likewise, it is best to follow the written assignment instructions for all formatting expectations, rather than setting up your paper like the model unless noted in the instructions.

Assignment Instructions, Grading Keys, and Rubrics: For each assignment, I have included a set of instructions to complete the assignment, a grading rubric (a scoring tool with standard criteria) and the grading key (explicit criteria for point allocation). To do well in this course and on the assignments, it is vital that you read and follow these standardized pieces of information as I will be following them as I evaluate your work. Use them to your advantage! Procrastination is your enemy, so plan ahead, and read them in advance so that you can ask questions and be clear on the assignment expectations before you begin.

Written assignments: Each assignment should be written **for a person who knows nothing about what you are discussing**. Educate your audience with clear explanations and enough detail for them to understand the situation, the concepts, etc. that you are describing. When you are using material from our class, please **cite the page number(s)** from where you are getting your theoretical and/or research ideas using formatting rules outlined by the American Psychological Association (APA). Failure to do so results in an act of plagiarism (*see Academic Dishonesty Policy*).

NOTE: When you are asked to provide a personal reflection - that is the time to discuss personal opinions, feelings, and perspectives. Otherwise, focus on the integration, application, and communication of the course content in your work.

QUALITY: Quality of written work is important and valued in this course. Spelling, grammar, punctuation, capitalization and word usage errors impede the quality of your work and will affect your grades. Proofread everything prior to submitting! I strongly encourage you to use the Writing Center with each assignment.

EMAIL EXPECTATIONS: I certainly encourage you to communicate with me throughout the semester. My door is open to you and I always check my emails. When sending emails, however, please follow the following rules:

- **SUBJECT LINE: “PSY 412”**
- **GREETING: “Dr. Duffin” or “Dr. D.”**
- **Message clearly articulated and well-written**
- **MANNERS = “Please” and “Thank you”**

NOTE: If the answer can be found in the materials I have provided you, I will direct you to the materials. Look first!

EVALUATION INFORMATION

<u>Assessment Measures</u>	<u>Points</u>	<u>My Grade</u>
Critical Thinking Papers (2 x 50 points)	100	_____
Chapter Quizzes (3 x 60 points)	180	_____
Motivation Intervention Project	150	_____
	430	

***Keep a running total of your points earned throughout the term in the space provided.*

Grading Scale & Evaluation Rubric

	A	B	C	D	F
%	90-100	80-89	70-79	60-69	0-59

PSY 412 Winter 2023 Schedule

Date	Day	Reading	Topic	Assignment (due by 11:59 p.m. CST)
12/11	1	Syllabus	WELCOME	Student Disclosure Due.
12/12	2	Chapter 1	Overview	Critical Thinking Paper 1
12/13	3	Chapter 3	The Motivated and Emotional Brain	
12/14	4	Chapter 12	Emotions	
12/15	5	Chapter 4	Physiological Needs	Quiz #1 (Chapters 3, 12, & 4)
12/16	6	Chapter 5	Intrinsic & Extrinsic Motivation	Learning Check Point Reflection Activity (Extra Credit)
12/17	7	Chapter 6	Psychological Needs	Critical Thinking Paper 2
12/18	8	Chapter 7	Implicit Motives	
12/19	9	Chapter 8	Goal Setting and Goal Striving	
12/20	10	Chapter 9	Mindsets	Quiz #2 (Chapters 7, 8, & 9)
12/21	11	Chapter 10	Personal Control Beliefs	
12/22	12	Chapter 11	The Self and Its Strivings	
12/23	13	Chapter 15	Growth Motivation and Positive Psychology	Quiz #3 (Chapters 10, 11, & 15)
12/24	14		Christmas Eve	
12/25	15		Christmas Day	
12/26	16	Chapter 17	Interventions	
12/27	17		Intervention Workday	
12/28	18		Intervention Workday	
12/29	19		Intervention Workday	Motivation Intervention Due
HAPPY NEW YEAR!				

***Tentative Schedule**