

ABNORMAL PSYCHOLOGY
PSY440-970, On-demand
(Last Undated: 11/27/2023)

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Office Hours: Tue, Thu, & Fri 2-4 pm

You are welcome to come by my office during office hours. If these times do not work, I can meet with you via Zoom. Simply email me several time slots that you are available. Then I will confirm the time and provide a zoom link.

Course Introduction:

This course is designed to introduce students to the clinical features, causal factors, and treatment options for common mental disorders. **This course will run online asynchronously, meaning that students will read the textbook and PowerPoint slides, and complete quizzes and exams, according to the recommended schedule.** This course is flexible so you can complete course requirements at your own pace.

Objectives:

1. Understand the contemporary views on psychopathology
2. Understand the diagnostic criteria, symptoms, course, prevalence, etiology, and treatment of major mental disorders.
3. Understand biological, behavioral, social, learning, and developmental influences on psychopathology.
4. Develop self-awareness and knowledge about mental disorders and apply them into one's own mental health and everyday life.

Required Text:

Jill M. Hooley, Matthew K. Nock, & James N. Butcher (2020). *Abnormal Psychology* (18th ed.). ISBN-10: 0135190908 | ISBN-13: 978-0135190906. (Note: Although the newest version is preferred, you may use the 17th edition).

Instructional Methods and Activities:

Textbook readings, PowerPoint slides, online quizzes, and instructor feedback

Being "Online"- The nature of this class Using Blackboard

This class will be presented through "Blackboard," which is the name of the website you will use to access materials and complete your assignments. To access Blackboard:

- 1) Go to <https://wku.blackboard.com/>
- 2) You will be required to login using your WKU email username (what you use to access your WKU e-mail).
- 3) After logging in, on the right-hand side of the screen, you will see the course name underlined, PSY 440 – Abnormal Psychology. Click on the course name.
- 4) You will see a screen that will have any current announcements in the center. To the left will be a list of menu items or "hot links". Click on these, depending on what you want to do.

- 5) In general, I will communicate with the class through announcements and email. If I need to contact an individual student, I will use e-mail. I count on you to check your e-mail at least daily during the week. You can expect me to reply to your email within 24 hours, but usually it will be sooner.
- 6) Finally, On Demand courses require as much effort and time as you need to put into in-person courses. Since you can complete this course at your own pace, it is important to employ disciplined time management skills.

Working the Course

We are covering a semester's worth of content in 5 weeks; therefore, it is imperative that you complete all of the requirements for the course per the recommended daily schedule. To get the most out of the course, you should first review PowerPoint slides and textbook using active reading strategies and note-taking. Once you have completed your readings and have processed the information, complete the assessment assigned.

Course Requirements:

Quiz (150 points)

After each chapter, you will be asked to complete a quiz. This will allow you to gauge the level of your understanding of the course content and highlight areas where further learning is needed. Quizzes are **open book**, and you can earn up to a total of **150 points (10 points x 15 quizzes)**.

Exam (50 points each)

Students will complete three non-cumulative exams, which will consist of 25 multiple-choice questions. Exams are **NOT open book**.

Lockdown Browser

Exams will be remotely proctored via the Lockdown Browser. You need to **1) install the Lockdown Browser** (see the instructions below) **and 2) complete the practice exam before taking Exam1**. These steps will ensure your testing environment is suitable for online test administration. You need to have a webcam and high-speed Internet, and it appears that Google Chrome OS is not compatible with the Lockdown Browser.

Here are the instructions on how to install the Lockdown Browser.

1. Navigate to **Blackboard**.
2. Click on the **My WKU Bb** tab.
3. Click on the **LockDown Browser link** under the box labeled **Software**.
4. Click the **Install Now** button to begin the download of the Respondus Lockdown Browser.
5. When the file has downloaded, run the file to start the installation.
6. Choose the Setup Language.
7. If you accept the terms of the license agreement, select the circle next to this statement and click **Next**.
8. Once the installation is complete, click **Finish**.
9. The Respondus Lockdown Browser can be located in the **All Programs** listing on Windows computers, or in the **Application** folder on an Apple computer.

Reflection paper (50 points)

Students will write a 2-page, 12-font, double-spaced reflection paper about their current stress level and identifying factors that may link to their stress level. Detailed instructions will be posted on Blackboard.

Two meetings

According to the Department of Education, distance education courses are required to implement substantive interaction between students and faculty. Thus, I strongly recommend setting up a meeting after Exam 1 and Exam 2 to discuss your progress and plan to move forward. During these meetings, we can review exams and quizzes and you can ask questions for clarification.

Grading:

Grades will be displayed on Blackboard: <https://blackboard.wku.edu/>. The instructor will assign final grades based on the **total score**.

Exam 1	50 points
Exam 2	50 points
Exam 3	50 points
Quiz	150 points
Reflection paper	50 points
Total	350 points

%	Total Score	Grade	Grade Point Value
90-100%	315-350	A	4.0
80-89.9%	280-314	B	3.0
70-79.9%	245-279	C	2.0
60-69.9%	210-244	D	1.0
59.9% and below	0-209	F	0

Suggested Course Schedule

Module	Reading	Topics	Exam & Assignments
1	Chapter 1	Overview and research approaches	Quiz 1
1	Chapter 3	Causal factors and viewpoints	Quiz 2
1	Chapter 4	Clinical assessment and diagnosis	Quiz 3
1	Chapter 5	Stress and physical and mental health	Quiz 4
1	Chapter 6	Panic, anxiety, obsessions, and their disorders	Quiz 5
2	Chapter 7	Mood disorders and suicide	Quiz 6 Exam1(Chapter 1, 3, 4, 5, 6)
2	Chapter 8	Somatic symptom and dissociate disorders	Quiz 7
2	Chapter 9	Eating disorders and obesity	Quiz 8
2	Chapter 10	Personality disorders	Quiz 9
2	Chapter 11	Substance-related disorders	Quiz 10
3	Chapter 12	Sexual dysfunctions, gender dysphoria, and paraphilic disorders	Quiz 11 Exam2 (Chapter 7, 8, 9, 10, 11)

3	Chapter 13	Schizophrenia and other psychotic disorders	Quiz 12
3	Chapter 14	Neurocognitive disorders	Quiz 13
3	Chapter 15	Disorders of childhood and adolescence	Quiz 14
3	Chapter 16	Psychological treatment	Quiz 15 Exam3 (Chapter 12, 13, 14, 15, 16)

Statement on Academic Dishonesty: Cheating, plagiarism or otherwise obtaining grades under false pretenses constitute academic dishonesty according to the code of the university. Academic dishonesty will not be tolerated and penalties can include canceling a student's enrollment without a grade, giving an F for the course or for the assignment. For further information, visit the website of Office of Student Conduct (<https://www.wku.edu/studentconduct/process-for-academic-dishonesty.php>)

Statement of Disability Services: In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. SARC can be reached by phone number at 270-745-5004 [270-745-3030 TTY] or via email at sarc.connect@wku.edu. Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

Title IX/Discrimination and Harassment: Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) and Discrimination and Harassment Policy (#0.2040). Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121. Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.