

Western Kentucky University – School of Nursing

Course Number	NURS 523
Course Title	Advanced Psychiatric Nurse Practitioner I: Diagnosis and Management of Psychiatric Disorders in Adults and Elderly
Credit Hour Allocation	3 semester hours (3 didactic hours)
Prerequisites	Admission to graduate Psychiatric Mental Health Nurse Practitioner (PMHNP) program, or permission of instructor, NURS 507, Corequisite NURS 524
Class Schedule	This is a hybrid course where students’ participation is asynchronous and synchronous through Blackboard (Bb) and Zoom classrooms. Class meets synchronous via Zoom for three (3) Saturdays during the semester: August 24, September 21, and October 26, 2024, from 9:00 am -12 noon CST.

Course Description

Provides the student with opportunities to integrate and apply psychiatric frameworks, theories, and research findings related to common acute and chronic psychiatric disorders among adults and elderly patients. Emphasis is on the developmental issues of adult and elderly patients, psychotherapeutic modalities, psychopharmacology, psychoeducation, primary prevention, and evaluation of treatment.

Course Objectives

Upon completion of this course, the student will be able to meet the course objectives as evidenced by:

Course Objectives	MSN Program Outcomes
1. Describing and analyzing conceptual frameworks, theories, and research findings related to common acute and chronic psychiatric disorders among adults and elderly patients.	1. Demonstrate proficiency in the utilization of research and quality improvement, including problem identification, awareness of outcomes, evaluation and dissemination of research. 4. Assume and develop practice and professional roles to meet societal needs to promote high quality, safe, patient care. 5. Integrate theory and research from Nursing and related disciplines as a foundation for advanced practice. 6. Demonstrate an understanding and appreciation of human diversity. 7. Integrate theoretical knowledge of health promotion and maintenance and illness/disease prevention to achieve optimal health.
2. Describing and analyzing individual and family theories.	1. Demonstrate proficiency in the utilization of research and quality improvement, including problem identification, awareness of outcomes, evaluation and dissemination of research. 4. Assume and develop practice and professional roles to meet societal needs to promote high quality, safe, patient care.

	<p>5. Integrate theory and research from Nursing and related disciplines as a foundation for advanced practice. 6. Demonstrate an understanding and appreciation of human diversity. 7. Integrate theoretical knowledge of health promotion and maintenance and illness/disease prevention to achieve optimal health.</p>
<p>3. Describing and analyzing developmental issues of adult and elderly patients, psychotherapeutic modalities, psychopharmacology, psychoeducation, primary prevention, and evaluation of treatment.</p>	<p>1. Demonstrate proficiency in the utilization of research and quality improvement, including problem identification, awareness of outcomes, evaluation and dissemination of research. 4. Assume and develop practice and professional roles to meet societal needs to promote high quality, safe, patient care. 5. Integrate theory and research from Nursing and related disciplines as a foundation for advanced practice. 6. Demonstrate an understanding and appreciation of human diversity. 7. Integrate theoretical knowledge of health promotion and maintenance and illness/disease prevention to achieve optimal health.</p>

Additional Course Requirements

- WKU students have free access to **Office 365** at [WKU Software Center](#). Click on the CD labeled WKU Software Center. Log in and follow directions.
- Microsoft Word 2010 or later (NOT Microsoft WORKS, NOT PDF) for submission of papers and assignments and PowerPoint 2010 or later for presentations.
- Bb – students must have a working knowledge. A [Blackboard tutorial](#) is available online.

Faculty

Mrs. Rhonda Quenzer, MSN, PMHNP, NE

Instructor

Room 3334

The Medical Center – WKU Health Sciences Complex

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Office 270-745-3974

Cell: 270-670-9916

Fax: 270-745-4336

Office Hours – By appointment

Email: rhonda.quenzer@wku.edu

The best ways to contact me is by email first then attempt another avenue. I check emails daily during the week and every 48-72 hours on the weekend and recognized holidays. Expected response time is within 24 – 48 hours.

Required Textbook(s)

American Nurses Association. (2014). *Scope and standards of practice: Psychiatric mental health nursing* (2nd ed.). Silver Spring, MD: American Nurses Association.

Important: Access to this e-book is free with your American Psychiatric Nurses Association (www.apna.org) membership.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders: DSM-5-TR* (5th ed. Text Revision). Washington, DC: American Psychiatric Publishing.

American Psychological Association. (2020). *Publication manual of the American psychological association* (7th ed.). Washington, DC: Author.

Boland, R., Verduin, M., & Ruiz, P. (2021). *Kaplan & Sadock's synopsis of psychiatry* (12th ed.). Philadelphia: Wolters Kluwer.

Carlat, Daniel J., (2010). *Unhinged: The trouble with psychiatry – A doctor's revelations about a profession in crisis*. New York, New York: Free Press.

Schatzberg, A. F. & DeBattista, C. (2019). *Manual of clinical psychopharmacology* (9th ed.). Washington, DC: American Psychiatric Publishing.

Wheeler, K. (2022). *Psychotherapy for the advanced practice psychiatric nurse: A how-to guide for evidence-based practice* (3rd ed.). New York: Springer Publishing Company.

Recommended (Optional) Textbook(s)

Beck, J. S. (2021). *Cognitive behavior therapy: Basis and beyond* (3rd ed.). New York: The Guilford Press.

Morrison, J. (2014). *DSM-5 made easy: The clinician's guide to diagnosis*. New York: The Guilford Press.

Stahl, S. M. (2021). *Stahl's essential psychopharmacology: Neuroscientific basis and practical applications* (5th ed.). New York: Cambridge University Press.

Stahl, S. M. (2024). *Stahl's essential psychopharmacology: Prescriber's guide* (8th ed.). New York: Cambridge University Press.

Please call ahead to make sure that the [WKU Bookstore](#) has these books in stock, or you can purchase these books via an online bookstore.

Withdrawal from an Individual Class (while a term is in progress)

For various reasons, it is sometimes necessary for a student to withdrawal. Students will receive a failing grade if they cease to attend class without an official withdrawal from the Office of the Registrar. The last day to drop this course with a "W" is listed in the [registration guide](#) on the WKU.edu website under Quick Links. Students may withdraw from a full-semester course and will receive a 'W' as a grade. The student should notify the instructor of the class AND their adviser in writing so that the student's plan of study can be reviewed and revised. Failure to follow this procedure could result in the student's failure to progress through the program in a timely manner.

Communication

Communication includes verbal, non-verbal, Bb, WKU email, and/or Bb Collaborate. All communication will be respectful and professional. Bb and WKU email communication will be written in a formal business format (clear heading, salutation, concise content, and appropriate closing). Reading assignments will be posted in Bb. Email messages will be sent to individuals and groups of students via Bb to only WKU email addresses. Grades will be posted in the Grade Center on the Bb course site. Discussions/concerns about a grade must be put in writing via WKU email to the instructor within one week of when the grade is posted to Bb.

Campus Closure

In the event of WKU campus closure(s), please check with course faculty through Bb for alternate assignments and/or information. Hybrid courses will continue in the online format. Online courses will continue as scheduled.

Course Policies

Academic policies found in the School of Nursing Handbook and the WKU Graduate Catalog will be followed in this course.

- Students are responsible for assuring the Bb assignments are successfully uploaded for grading and keeping a copy of her/his written assignments.
- Each student is to arrive in Bb Collaborate prepared by reading the assigned materials.
- Student participation in Bb Collaborate classes is necessary for experiential learning to take place.
- Attendance at Bb Collaborate classes is mandatory. Make-up assignments for a student’s unforeseen accident or illness are determined at the discretion of the course instructor.

Attendance and Course Requirements

This course incorporates instructor guided asynchronous and synchronous learning through Bb, and/or Bb Collaborate classrooms with students evaluating and discussing PMHNP course topics via classrooms.

Specifically, students are expected to:

- **Read** each module’s assignments,
- Check **WKU Topper email** daily,
- Follow the **Class Schedule** in Bb for assignments and important dates,
- Attend and participate in **Zoom classes** and
- Plan to spend at least **12 hours a week** preparation time in this course. Substantive preparation and participation during the course are important for student’s scholarly work and class learning.

Evaluation Methods

Regular and active student attendance and participation in Bb, Zoom virtual classroom, and/or asynchronous group modules are essential and important aspects of this course. While the flipped-classroom format allows for a great deal of flexibility, this does not detract from the importance of student participation. **As a graduate level course, you should expect more reading and application than a traditional face-to-face course.**

All coursework must be completed to pass NUR 523.

Attendance and participation in Bb Collaborate # 1	25 Points
Attendance and participation in Bb Collaborate # 2	25 Points
Attendance and participation in Bb Collaborate # 3	25 Points
Group Module 1	25 Points
Module 1 Individual Assignment	25 Points
Group Module 2	25 Points
Module 2 Individual Assignment	25 Points
Group Module 3	25 Points
Module 3 Individual Assignment	25 Points
Group Module 4	25 Points
Module 4 Individual Assignment	25 Points
Group Module 5	25 Points
Module 5 Individual Assignment	25 Points
Group Module 6	25 Points
Module 6 Individual Assignment	25 Points
Module 7 Individual Assignment	25 points

Module 7 Individual Assignment: Discussion Board (Unhinged)	100 Points
Total Course Points = 500	
Policy on missed or late assignments: A 2-point deduction will be earned for <i>every day</i> that the assignment is late. Assignments greater than 3 days late will not be accepted unless previous arrangements have been made with the instructor.	

Grading Scale	
WKU	NURS 523
A = 90 – 100	448– 500 Points
B = 80 – 89	398– 447Points
Not Passing = <– 79	< 397 Points

The final grade in the class must be a “B” to progress in the program. Students failing to obtain a minimum of a “B” should refer to the graduate nursing handbook for conditions of progression, classes that need repeating, and minimum GPA requirements.

Incompletes

X—Incomplete. A grade of “X” is given only when a relatively small amount of work is not completed because of illness or other reason satisfactory to the instructor. A grade of “X” will automatically become an “F” unless removed within twelve (12) weeks of the next full term (summer term excluded.) An incomplete must be removed within this twelve-week period regardless of whether the student is registered for additional work in the next term. A student should work with the instructor who assigned the incomplete on an independent basis in order to complete the necessary assignments. A grade of incomplete is not used under any circumstances as a substitute for “F” or “W.”

Regular and Substantive Interaction (RSI)

The U.S. Department of Education requires that distance education courses must include regular and substantive interaction between students and faculty. For more information about Regular and Substantive Interaction at WKU, please visit the [Regular and Substantive Interaction in Online and Distance Learning webpage](#).

In this course, regular and substantive interaction will take place in the following ways:

- Synchronous sessions with faculty and students three (3) Saturdays during the semester,
- Faculty participation in discussion boards, and
- Timely and detailed feedback on assignments provided within one week of submission.

Technical Support

It is the student’s responsibility to become familiar with technology and its nuances and observe WKU technology recommendations that can be found on the [Information Technology Department](#) website. You may also access training video in Blackboard. At the top of your Blackboard page on the far right is the tab **ITS Training**, this will take you to numerous tutorials. The phone number for IT is 270-745-7000. Since this course is web-based, there may be an occasion(s) in which students cannot avoid technical difficulties. **If you are having technical difficulties that interfere with the submission of a timely assignment, you must notify the course instructor via email prior to the deadline and you must include your IT case number in your email or a copy of your email from IT that contains your IT case number.** Reported technical difficulties will be validated with WKU’s IT department.

Required equipment.

Microsoft Office 2010: Computer program software, Microsoft Office 2010 or later, is required for viewing the materials in this class. These documents will end in .docx. **You must only use MS Word documents ending in .doc or .docx when submitting required course materials.**

Bb: Access to the **WKU Bb** can be found through the WKU homepage by using the Quick Links drop down box and clicking on My WKU. You are responsible for checking for course updates and changes and you MUST have a WKU e-mail account/address for rapid communication with the instructor. WKU assigns all students an email account. **It is all students' responsibility to check their WKU email account once every 24 hours for emails and notifications, as well as making sure that their email inbox is not full. All email communication is to be through your WKU email account.**

Campus Resources

Students in this course have access to the [WKU Library](#) and to the [WKU Writing Center](#) either online or in person. Students are expected to utilize the WKU Library for research studies to support their scholarly work. If you need research studies that are not available at the WKU Library, please contact carol.watwood@wku.edu and ask her to obtain the research studies for you.

Do NOT pay for research studies, as this is a service that is provided by the WKU Library.

If students have difficulty with syntax, writing, APA citations, and/or APA references, they are expected to seek assistance at the WKU Writing Center. However, each student is responsible for the syntax and content of her/his paper(s).

Writing Center Assistance: The Writing Center on the Bowling Green campus is offering **only** remote assistance to writers during the covid-19 pandemic. WKU students may request feedback on their writing via email or arrange a real-time Zoom conference to discuss a paper. See instructions and how-to videos on the website (www.wku.edu/writingcenter) for making online synchronous (Zoom or asynchronous (email) appointments. Students may also get short writing questions answered via email; just put "Quick question" in the subject line to (writingcenter@wku.edu).

Student Accessibility Resource Center**Synchronous [Title IX/ Discrimination & Harassment](#)**

Western Kentucky University (WKU) is committed to supporting faculty, staff and students by upholding WKU's [Sex and Gender-Based Discrimination, Harassment, and Retaliation](#) (#0.070) and [Discrimination and Harassment Policy](#) (#0.2040). Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Executive Director, Office of Institutional Equity/Title IX Coordinator, Ena Demir, 270-745-6867 or Title IX Investigators or Michael Crowe, 270-745-5429. Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's [Counseling and Testing Center](#) at 270-745-3159.

[Pregnant and Parenting Students](#)

Western Kentucky University does not discriminate against any student or exclude any student from its educational programs or activities, including classes or extracurricular activities, on the basis of pregnancy and/or pregnancy-related conditions such as, but not limited to, childbirth, false pregnancy, termination of pregnancy, or recovery therefrom. Students who seek pregnancy or pregnancy-related accommodations should make their requests as soon as possible via WKU's Title IX Website at www.wku.edu/titleix/ under the heading, "Pregnancy or Pregnancy-Related Conditions." Students can also contact the Title IX Coordinator, Ena Demir, via email at ena.demir@wku.edu or by phone at (270) 745-6867 to request accommodations or seek assistance. We encourage students and faculty to work together to establish a plan that allows the student to complete the class and coursework without jeopardizing academic integrity and course standards. The Title IX Coordinator can help facilitate conversations between students and faculty regarding appropriate and reasonable accommodations.

If you are a WKU student and believe that you have experienced an incident(s) of discrimination or harassment based on pregnancy (or pregnancy related conditions or issues), please report it to the Title IX Coordinator via email at ena.demir@wku.edu or by phone at (270) 745-6867.

Additional resources for pregnant and parenting students can be found on WKU's Title IX Website at www.wku.edu/titleix/.

AI Tool Usage:

Artificial Intelligence (AI) tools are allowed to be used in this course only if permitted by the faculty and if they are utilized as directed by the faculty. If you choose to use these tools on assignments and class activities where faculty have prohibited them, your actions will be considered academically dishonest and a violation of the WKU Student Code of Conduct.

All work submitted in this course must be your own. Contributions from anyone or anything else- including AI sources, must be properly quoted and cited every time they are used. Examples of how to cite AI tools are available at <https://libguides.wku.edu/stylewrite/ai>. Failure to cite AI sources correctly will be considered an academic integrity violation and will be addressed following WKU's policy on academic honesty and plagiarism.

Academic Honesty

"Western Kentucky University nursing students are expected to demonstrate a high standard of academic honesty in all aspects of their academic work and college life. Without intellectual integrity there cannot be genuine learning. Academic dishonesty represents a direct attack on this integrity. In taking tests and examinations, completing homework, laboratory, and clinical work, writing papers, and using information technology, students are expected to demonstrate honesty. Cheating, plagiarism, or other forms of academic dishonesty will lead to a failing grade on the assignment and/or a failing grade in the course. Repeat occurrences of this type of behavior can result in dismissal from the program" (Western Kentucky University, School of Nursing Student Handbook, 2014, p. 16).

"Academic Dishonesty-Students who commit any act of academic dishonesty may receive from the instructor a failing grade in that portion of the coursework in which the act is detected or a failing grade in the course without the possibility of withdrawal. The faculty member may also present the case to the Office of the Dean of Student Life for disciplinary sanctions." "A student who believes a faculty member has dealt unfairly with him/her in a course involving academic dishonesty may seek relief through the Student Complaint Procedure" (Western Kentucky University Graduate Handbook, 2014-2015, p. 41). The Western Kentucky University Statement of Student Rights and Responsibilities can be found in the Western Kentucky University Undergraduate Catalog.

Plagiarism

Students' work is expected to be the result of their own thought, research, or self-expression. Plagiarism is the act of presenting the information, ideas, organization, or phrase of another source without appropriate acknowledgment or credit given, either intentionally or because of gross negligence. Any act of plagiarism by a nursing student is not acceptable. Abstracted from Western Kentucky University Undergraduate Catalog.

"Plagiarism-Represent written work taken from another source as one's own is plagiarism. Plagiarism is a serious offense. The academic work of a student must be his/her own. One must give any author credit for source material borrowed from him/her. To lift content directly from a source without giving credit is a flagrant act. To present a borrowed passage without reference to the source after having changed a few words is also plagiarism" (Western Kentucky University Graduate Handbook, 2014-2015, p. 41).

Student work may be checked using plagiarism detection software. A score of zero will be applied to any assignment in which academic dishonesty has occurred. If it is considered cheating in the classroom, then it is considered cheating online. The WKU School of Nursing Student Handbook (current issue) governs all policies and guidelines not specifically addressed in this syllabus.

Inclusion Statement

Western Kentucky University (WKU) is committed to ensuring all members of our campus community have access to equitable and inclusive learning, working, and living environments. At the heart of our mission, we seek to provide holistic education and employment experiences that prepare students, faculty, and staff to become effective scholars, contributors, and leaders in our diverse and evolving communities. Consistent with our campus purpose statement and creed, this classroom will be a respectful space, welcoming all sexes, races, ages, national origins, ethnicities, gender identities/labels/expressions, intellectual and physical abilities, sexual orientations, faith/non-faith perspectives, income levels and socio-economic classes, political ideologies, educational backgrounds, primary languages, family statuses, military experiences, cognitive styles, and communication styles. If at any time during this course you are excluded or feel a sense of alienation from the course content, please feel free to contact me privately without fear of reprisal.

Land Acknowledgement Statement

The history of our community and land gives us the opportunity to recognize, respect, and appreciate our place within that history. Western Kentucky University (WKU) honors and acknowledges the Indigenous peoples' land on which this University was built. All land in the state of Kentucky was once Indigenous territory, which is why it is our duty to acknowledge that WKU exists on Native land. This particular region of Kentucky was home to both the Shawnee (Shawandasse Tula) and Cherokee East (ᑭᓄᓂᓄᓂᓄᓂ Tsalaguwetiyi) tribes.

We also honor and acknowledge the former residents of Jonesville. According to the [Jonesville History Project](#), "Jonesville was a predominantly African American community in Bowling Green, Kentucky, that was demolished in the 1960s to make way for the expansion of the WKU campus. This incident echoed a pattern across the country where the power of eminent domain was utilized to seize property from minority communities for large public works projects under the guise of urban revitalization."

Course Changes:

The faculty member reserves the right to make changes in the syllabus including adding or subtracting assignments or changing due dates if, in the opinion of the instructor, such changes will improve the course and/or enhance student learning. An updated syllabus will be given to students in writing by posting on the class blackboard site in such an event.

Please give me any feedback on the operation of this course as we progress – your feedback is critical to making it the best learning experience for you, your classmates, and future classes. I look forward to having you in class and to a great semester!

Warmest regards.

Ms. Rhonda Quenzer, MSN-ED, APRN, PMHNP-BC