## PSY 481-701 History of Psychology (Fall 2024)

Web Section

Instructor: Dr. Qin Zhao (qin.zhao@wku.edu) - Please put "PSY 481 web" in email Subject Line

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Office: Gary Ransdell Hall 3015

Office Hours: MW 9:00am-11:30am; 1:30pm-3:30pm; TR 8:30am - 9:30am; other times by

appointment

# **Required Textbook**

Goodwin, C. J. (2022). *A history of modern psychology (6<sup>th</sup> Edition.*) Hoboken, NJ: Wiley.

A companion website that includes resources such as glossary and practice self-tests: (a) Go to <a href="https://www.wiley.com/college/goodwin">www.wiley.com/college/goodwin</a>; (b) Find the textbook for the course; and then (c) Click on "View Student Companion Site".

American Psychological Association. (2020). *Publication manual of the American Psychological Association (7th Edition*). ISBN: 143383216X (**recommended**)

# **Course Description & Objectives**

Prerequisites: PSY/PSYS 100 and junior standing

Psychology is the study of human behavior and of the human mind. This course is designed to provide an overview of major historical developments in psychology with an emphasis on developments over the past 150 years. Equivalent to PSYS 481.

The specific learning objectives include:

- (1) Describe the precursors to the establishment of modern psychology.
- (2) Identify the key individuals and events in the history of the growth of psychology.
- (3) Understand the broad theoretical frameworks or systems that have shaped psychology.
- (4) Understand the interconnections that exist among the various areas of psychology.
- (5) Understand the current and future issues of psychology in context of its history.

#### **Course Requirements**

### 1. Quizzes (150 points)

Weekly quizzes will be assigned via Blackboard to facilitate active learning of the course content. The quizzes will consist of <u>multiple-choice</u> questions. The quizzes are not timed, and you may use the text and lecture notes while taking the quizzes, but they need to be completed by the due dates indicated in the Course Schedule. Please note that make-up quizzes are given only under extenuating circumstances with appropriate documentation.

## 2. Exams (150 points)

There will be a total of three <u>short-essay</u> exams. The exams are not cumulative and cover only the material presented since the previous exam. Each exam is worth 50 points. The exams are timed and administered via Blackboard. You may use the text and lecture notes while taking the exams. Make-up exams are given only under extenuating circumstances with appropriate documentation. You can view the grade and feedback on the exams and quizzes on Blackboard after the due dates.

# 3. Mini-Lecture + Discussion Board Comments (50+50 =100 points)

You will record and submit a "mini lecture" presentation on a well-known psychologist in PowerPoint. Studies have demonstrated that students learn and retain educational materials much better if they spend time preparing and presenting a lesson on them, compared to simply restudying them (e.g., Cohen et al., 1982; Fiorella & Mayer, 2013; Koh et al., 2018).

A list of psychologists and corresponding lecture dates will be posted on Blackboard. You will be randomly assigned to one of the psychologists from the list. There will only be one lecture per psychologist. Your lecture must be based on material in the text *and* material that you find on your own (e.g., an empirical work of the psychologist). Please submit your presentation to the Discussion Board prior to your lecture date. A detailed **grading rubric** is available on Blackboard.

In addition, you will have the opportunity of selecting and reviewing a minimum of two mini lectures posted by classmates on EACH lecture date (except on the date you yourself present). Your review comments should be developed in detail and focus on what you have learned from the lectures, their strengths, areas of improvement, etc.

## 4. Article Presentation (50 points)

The goal of this project is for you to conduct research on a topic of interest that relates to the history of psychology and to share what you have learned with the class. Specifically, your task will be to (a) use library databases (e.g., APA PsycINFO) to look for a minimum of 2 print sources on your topic such as journal articles and book chapters; and (b) read and summarize these sources in detail and depth, and identify connections among them or themes emerging from them; and (c) share what you have learned with the class by posting your PPT (approximately 12-15 slides) on Discussion Board. The **grading rubric** is available on Blackboard.

APA PsycINFO includes references to and abstracts of virtually everything published in psychology and psychology-related fields since 1887. Use combinations of key words such as "history of psychology" and "eugenics" for literature search. Some search results have linked full texts in addition to abstracts. If full texts are not already linked, check WKU library online catalog and E-Journals holdings to see if the articles are available online. If not, then submit an interlibrary loan request (it is free): <a href="https://www.wku.edu/library/services/access/ill/">https://www.wku.edu/library/services/access/ill/</a>\*If you need further assistance with literature search, please contact me or the psychology librarian, Todd Seguin (todd.seguinl@wku.edu).

<u>Topic</u>: The best strategy is to go through the book and look for a topic that you'd like to examine in more depth. Another good approach is to examine some topic of interest from another course, but from a historical perspective (e.g., looking at early pioneers in the study of memory and their contributions). <u>See the Course Schedule for the deadline for turning in your topic for approval.</u>

Here are some possibilities: (Note: your sources need to be historical in nature and not, for instance, a recent article on research into memory loss following electro-shock therapy)

- History of electro-shock therapy
- History of cognitive behavioral therapy
- History of ADHD (diagnosis and treatment)
- History of depression
- History of schizophrenia
- History of maze learning research
- History of memory research

- History of eugenics as it relates to psychology
- History of women in psychology
- History of sport (or forensic, clinical, cognitive, social, etc.) psychology

# **Grading Scale**

A = 405 to 450 points

B = 360 to 404 points

C = 315 to 359 points

D = 270 to 314 points

F = 0 to 269 points

**Extra Credit:** You have the opportunity to earn extra credit points by participating in psychological research experiences. Two (2) Study Board credits = 1 extra credit point for this course. You can designate **up to 10** extra credit points for my class, by any of the following means, in any combination:

- 1) You may volunteer to serve as a participant in an approved study being conducted by WKU faculty or students through the WKU Study Board.
- 2) You may take quizzes over psychology research articles through the WKU Study Board.

A list of studies that you can participate in can be found on the Study Board website. Only credits that you register for through Study Board will count for extra credit. Some studies are worth one credit; others are worth more. One (1) Study Board credit is equivalent to 15 minutes of research participation. Students interested in taking quizzes over psychology research articles for extra credit can get details on the Study Board website <a href="http://www.wku.edu/psychology/studyboard">http://www.wku.edu/psychology/studyboard</a>.

### **Tips for Successful Learning:**

There are effective ways to learn, as shown by replicated research:

- Actively read the text and connect new information with what you already know
- Come to class ready to learn and ask questions
- Review and test yourself regularly (retrieval practice)
- Space out your study sessions (Do not cram)

#### **Course Policies**

#### **Professionalism**

- Attend and be on time for class (see WKU student handbook #17 or WKU registration guide FAQ class attendance policy)
- Be respectful to others regardless of differences in opinion, perspective, demographics, etc.
- Refrain from electronic device usage unrelated to class
- Plan ahead to submit your work well before the deadlines (Do not wait until the last minute to submit online assignments, as internet/computer or Blackboard problems may occur from time to time)

\* In case you encounter Internet/ computer or Blackboard problems, contact the IT Service/Help Desk at 270-745-7000. Technical difficulties will not be an acceptable excuse for missing deadlines without a 24-hour notice.

## **Academic Integrity**

All students are expected to read and abide by the academic honesty guidelines stated in the WKU student handbook (www.wku.edu/StuAffairs/StuLife/handbook/toc.htm). Violations of this code of conduct include but are not limited to cheating (collaborating or consulting with another person in an academic activity without authorization) and plagiarism (representing as the student's own work all or any portion of the work of another). Plagiarism and cheating of any sort will not be tolerated. Either behavior will result in a grade of 'F' for the course.

Artificial Intelligence (AI) tools such as ChatGPT are not permitted for generating your responses or written drafts of work that are required in this course, although you may use AI to brainstorm ideas, ask questions, or seek editing advice. If you submit writing generated by AI as your own, your actions will be considered academically dishonest and result in a grade of 'F' for the course. Also note that we must carefully fact check ChatGPT's responses, as they can be incorrect. Please feel free to reach out to me if you have further questions about appropriate and inappropriate use of AI in this course. Student work may be checked using plagiarism detection software.

# The Learning Center (TLC)

Should you require academic assistance with your WKU courses, The Learning Center (located in the Downing Student Union, 2141) provides free supplemental education programs for all currently enrolled WKU students. The Learning Center at Downing Student Union offers certified, one-on-one tutoring in over 200 subjects and eight academic skill areas by appointment or walk in. Online tutoring is offered to distance learners. TLC is also a quiet study area (with side rooms designated for peer-to-peer tutoring) and a computer lab to complete academic coursework. Please call TLC in the Downing Student Union at (270) 745-5065 for more information or to schedule a tutoring appointment. <a href="https://www.wku.edu/tlc">www.wku.edu/tlc</a>

#### **ADA Accommodations**

In compliance with University policy, students with disabilities who require academic and/or auxiliary accommodations for this course must contact the Student Accessibility Resource Center located in Downing Student Union, 1074. The phone number is 270.745.5004 [270.745.3030 TTY] or email at <a href="mailto:sarc@wku.edu">sarc@wku.edu</a>. Please do not request accommodations directly from the professor or instructor without a faculty notification letter (FNL) from The Student Accessibility Resource Center.

## **Title IX/Discrimination & Harassment**

WKU is committed to supporting faculty, staff and students by upholding WKU's Title IX Sexual Misconduct/Assault Policy (#0.2070) and Discrimination and Harassment Policy (#0.2040). Under these policies, discrimination, harassment and/or sexual misconduct based on sex/gender are prohibited. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are encouraged to report it to the Title IX Coordinator, Andrea Anderson, 270-745-5398 or Title IX Investigators, Michael Crowe, 270-745-5429 or Joshua Hayes, 270-745-5121. Please note that while you may report an incident of sex/gender based

discrimination, harassment and/or sexual misconduct to a faculty member, WKU faculty are "Responsible Employees" of the University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator. If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center at 270-745-3159.

#### **Inclusion Statement**

Western Kentucky University (WKU) is committed to ensuring all members of our campus community have access to equitable and inclusive learning, working, and living environments. At the heart of our mission, we seek to provide holistic education and employment experiences that prepare students, faculty, and staff to become effective scholars, contributors, and leaders in our diverse and evolving communities. Consistent with our campus purpose statement and creed, this classroom will be a respectful space, welcoming all sexes, races, ages, national origins, ethnicities, gender identities, intellectual and physical abilities, sexual orientations, faith/non-faith perspectives, socio-economic statuses, political ideologies, and primary languages. If at any time during this course you have questions or concerns about inclusion, please feel free to contact me.

**Tentative Course Schedule**Note: Any changes to the course schedule will be announced on Blackboard.

Date	Topic	Quiz
Week 1		
8/20	Introductions; syllabus Q & A	CH1 quiz due 8/25
8/22	CH1 Introducing Psychology's History	
Week 2		
8/27 & 8/29	CH2 The Philosophical Context	CH2 quiz due 9/1
Week 3		
9/3 & 9/5	CH3 The Scientific Context	CH3 quiz due 9/8
Week 4		
9/10 & 9/12	CH4 Wundt and German Psychology	CH4 quiz due 9/15
Week 5		
9/17 & 9/19	CH5 Darwin's Century: Evolutionary Thinking	CH5 quiz due 9/22
Week 6		
9/24	Essay Exam I (Chapters 1~5)	CH6 quiz due 9/29
9/26	CH6 American Pioneers (student Mini-	
	Lectures)	
Week 7		CH7 quiz due 10/6
10/1 & 10/3	CH7 Structuralism & Functionalism (student	Article
	Mini-Lectures)	presentation topic
		due 10/6 on DB
Week 8		
10/8	~ Fall Break; No Class~	
10/10	CH8 Applying the New Psychology	CH 8 quiz due 10/13

Week 9		
10/15	CH9 Gestalt Psychology (student Mini-	
	Lectures)	CHs 9 & 10 quizzes
10/17	CH10 The Origin of Behaviorism	due 10/20
*** 1.40		
Week 10		
10/22	Essay Exam II (Chapters 6~10)	
10/24	CH11 From Neo behaviorism to Cognitive	CH11 quiz due 10/27
	Psychology (student Mini-Lectures)	
Week 11		
10/29 & 10/31	CH12 Mental Illness and Its Treatment	CH12 quiz due 11/3
Week 12		
11/5	~ Election Day; No Class~	
11/7	CH13 Psychology's Practitioners (student Mini-Lectures)	CH13 quiz due 11/10
Week 13	Mini deceures)	
11/12 & 11/14	CH14 Psychology's Academic Subdisciplines (student Mini-Lectures)	CH14 quiz due 11/17
Week 14		
11/19 & 11/21	CH15 Psychology in the 21st Century	CH15 quiz due 11/24
Week 15		
11/26	<b>Article Presentation due</b>	
11/28	~ Thanksgiving Holiday; No Class~	
Finals Week		
12/2 (1:00-3:00pm)	Essay Exam III (Chapters 11~15)	